

# Mit't\_en Hud\_in' Ce~r\_e~ Ak' Golpo

Mit't.ec' hud.in' Ce~r.e~ ud.a.u ud.a.ute thor.a cetan sec'e ud.a.u rakap'enre rear.te bo\_ro\_pena ar phaka mat.hre n'urha.yena. Ond.ege mit't.ec' D.an'gra do gha~se a.tin'kan tahe~kana. Uni D.an'gra do ac'kage Ce~r.e~ cetanre ic' got'keda. Ona guric'te Ce~r.e~ doe pot.omen reho~ lolote ac'ak' hor.mo reak' bo\_ro\_p do golao cabayentaea.

Thor.a gha.r.ic' tayom Ce~r.e~ doe pharnaente guric' bhitrire dur.up'katege cero beroe ehop'ena. Un okte onkate Pusi parom calak'kan tahe~kana. Uni do Ce~re~ ak' cero bero an'jomte guric' khon Ce~r.e~ or od.ok'keda. Ado od.ok' torage lakop' lakop'ejomkeda.

**Sikha\_una-1:** *Ja~ha~e ak' ba.r.ic' ka.mi je jao oktege am birudre ka.mia nonka do ban' ho~ hoe dar.eak'a. Menkhan onako modre adom do amak' bha.la.iye a.guia.*

**Sikha\_una-2:** *Muskil dosa khon ja~ha~eye rukhia.lem reho~ amren gate do bae hoe dar.eak'a. Unige pasec' amren maran' ba.iri hoyok'.*

**Sikha\_una-3:** *Tinre maran' muskilrem par.aok', unre moca do bond dohoege bogea.*

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## Santali Seren' Po\_ro\_b

Sokol hilok' (9 February-2024) do Bochagonj, Dinajpur reak' Mohespur A.diba.si Iskul mat.hre Santali Seren Po\_ro\_b (Santal Music Festival) akhr.a do\_bo\_ndo\_bo\_s akana. Noa akhr.a do\_e bo\_ndo\_bo\_s akada Santal Musicians Association Of Bangladesh (SMAB). Ar Media Partner lekate jopor.aoe tahe~nkana ***The Santals Times.***

Nia dhao noa Santali Seren' Po\_ro\_b akhr are Ban'gladiso\_m reak' ado\_m ado\_m t.ot.ha khon namd.ak seren' shilpi se gaenaha ko ar seren' do\_lko ko seledo\_k' kana. Seledo\_k' ko mo\_dre **Shilpi Nirmol Murmu (Mon katha multimedia)**, seren' do\_l- **Rila\_mala, Taras, At\_kar, Sarjom Baha, Kukmu, Atma, BirBaha, Ar\_an', Sa~he~t', Hul, Ebhen, Jua\_n Jharna, ar Sen'gel dol.**

Santali Seren' Po\_ro\_b hotete nawa nawa seren' shilpi-gaenaha, ma.nda.r.ia., banam raja, ta.ria. guru, git.arist. ar onakoren lar.car.ic'ko rakap' ha.juk ma saman' so\_do\_rre. Santali Seren' dura.n' ra.r. raha jo\_bahak'ma. Dha.rti t.un.d.a.n're Santali ja.t pa.rsi, a.rica.li, ra.ska. reak' jaegako do maran' t.ha~ore manote hamet. ma. Noa Santali Seren' Po\_ro\_b napaete jemon hoe pura.uk' noa as ar ket.ec' pa.tia.u tahe~yena Santali Seren' Po\_ro\_b (Santali Music Festival) la.git'.

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# Ban'gladisa\_mre Santali E\_ne\_c' Seren' Gut\_ko

## Onorom

Ban'gladisa\_mre so\_rkari na.thi lekate 1.29 lakh ho\_r. menak'koa. Me\_nkhan ho\_r.koak' onman lekate 4 lakh kho\_n ho\_~ san'ge santal ho\_po\_nko me\_nak'koa. 1940 sermare Ban'gladisa\_m nakhare santal ho\_po\_n 8 lakh ho\_r.ko gira.ba.sik'kan tahe\_na. Ba.i ba.ite santalko thor.a idik'kana. Sedae leka nit santali pa.rsi ra.r. raha seren' e\_nec'ko sap' do\_ho\_akada santal ho\_po\_nko. Santali seren'-dura.n' ar hula.s-ra.ska.jo\_n' re\_ et.ak' et.ak' nakhako re\_n santal ho\_po\_nko kho\_n Ban'gladisa\_m re\_n santal ho\_po\_nko do\_e\_kalte\_bako ko\_mjora. Jha.r.kha.n.d., Pa.chim ban'gla, Asam, Bihar, Ur.issa re\_n santal ho\_po\_nko le\_ka Ban'gladisa\_mre\_n santal ho\_po\_nko ho\_~ e\_ne\_c' seren're a.d.i a~t.ko jhuka.lgea. Bapla bhand.an, po\_ro\_b puja.kore\_

mit' dhao akhr\_ako eho\_p' le\_khan, n'inda\_- n'uhumo\_k' ar setak' marsalo\_k', e\_n khathae akhr\_a ge ban' muca\_do\_k' takoa. Ban'gladisa\_mre\_n santal ho\_po\_nko do\_d\_umka\_dhara reak' ra\_r\_ ge ko sap' do\_ho\_akada. Rajgha\_ria\_ koak' kho\_mo\_ta lalo\_c' ar re\_c' re\_pe\_c' jo\_n' karo\_nte\_ disa\_m bapagenre ho\_~ Ban'gladisa\_mre\_n santalkoak' pa\_rsi , a\_rica\_li ban' bapak' - begarle\_na. Disa\_m juda\_en reho\_~ seren' dura\_n' reak' ra\_r\_ rahako do\_ban' juda\_lena. Ona sedae reak' ra\_r\_ raha sap' do\_ho\_ katet'ge akoak' dina\_m din reak' jionre seren' dura\_n'ko lar\_car\_ a\_gueda. Ho\_r\_ko santali seren'te\_ kusi ra\_ska\_ ocoko la\_git' mit' bar seren' gut\_ (do\_l) ko benao bar\_ak'kana . Pa\_kistan bida\_l kho\_n santali seren' la\_git' seren' gut\_ ko be\_nao bar\_ale\_n reho\_~ , onako do\_ ja\_sti din ban' t\_ika\_ule\_na. Santali Music Association of Bangladesh (SAMAB) hotete seren' do\_lkoak' mit' banadhao benaoakana. SAMAB hotete santali seren' lahanti renak'ko kurumut\_ueda. Ban'gladisa\_mre\_aema e\_ne\_c' seren' gut\_ me\_nak'koa . Jo\_to\_ gut\_ reak' kathako ba\_n' o\_l pura\_u dar\_eak' reho\_~ mit' bar gut\_ reak' katha kon' o\_l so\_do\_rape kana .

### (1) AR\_AN'

D\_hakare\_ tahe\_nkan santal jhuka\_l ko\_r\_a koak' kurumut\_ute AR\_AN' n'utuman rusika gut\_ do\_ bandhao akana. Ban'gladisa\_m re\_n santal nayo\_k Nishir soren noa gut\_ sa~ote jo\_po\_r\_ao menaea. Noa sa~ote arho\_~ jo\_po\_r\_ao me\_naea, Tarsisius Hasda, Dines Murmu, Enrico Murmu, arho\_~ eman ko . D\_haka Mo\_gbajar , Rajshahi Tanor ar Dina\_jpur re\_ AR\_AN' gut\_ akoak' ra\_ska\_ akhr\_ako so\_do\_rle\_da.

### (2) E\_BHE\_N

Santali seren' re\_ Rock seren' hotete ko so\_do\_rle\_na E\_BHE\_N Bend\_ gut\_ . Ruhul Amin kiskuak' a\_k'yurte\_ , E\_BHE\_N be\_nd\_ Ban'gladisa\_mre\_santali seren' dura\_n're\_ nawa sad ko aderke\_da. "E\_bhe\_n me\_gatere\_" .... n'utuman shirn'utum te\_ E\_bhe\_n be\_nd\_ do\_ santal ja\_ti ho\_po\_nko talare jagwar reak' man'gaoe ho\_ho\_leda.

### (3) HUL

Simon Mard\_i , Agost\_in Murmu Ar Rimon kisku , noko pene\_ ho\_r\_ do\_ ko son'gr\_a kana. Son'gr\_a sa\_ga\_i kho\_n ge Seren' ho\_~ ko lar\_car\_.

bar.aet'kan tahe\_~kana. Son'gr.a sa.ga.i ge tayo\_mte\_ seren' gut.  
reak' rup ko e\_mke\_da. Arho\_~ rusika ho\_r\_ akoak' be\_nd.re se\_let'  
oco katet' n'utumko do\_ho\_keda HUL . Santal Students Union sasu  
Bangladeshak' Rupa. jubili re\_ Hul do\_ akoak' seren' ko uduk'keda.  
Dina.jpur, Rajshahi ar D.haka re\_ la.i le\_kan ko akhr.a ocoakada.

Ban'gladisa\_m re\_ santal ho\_po\_n ko ko\_clo\_n ocok'kan birudh re\_ Hul  
do\_ seren' hoteteye protibadeda.

(i) cir.a.kut.ha. re\_ se\_n'ge\_l jolen,

(ii) E bit.i ma.i bit.i ma.i,

(iii) Arak' sa\_r.i bande katec' e kur.i

non'kan mo\_n rumun'ok' seren' hotete Ban'gladisa\_m re\_ santal ho\_po\_n  
ko talare ra\_ska. reak' a.d ko e\_mo\_k'kana . Ona sa~ote jagwaro\_k'  
reak' ardas santal ho\_po\_nko talareko bad.ae ocok'kana .

#### **(4) JION JHARNA**

Ban'gladisa\_m Dina.jpur jila. reak' Dhanjur.i ato kho\_n o\_mo\_nakan  
e\_ne\_c' seren' gut. JION JHARNA . D.ebhid. Baske , Albinus soren ,  
Baja ba.bu, Nores hasda takoak' kurumut.ute\_ benaoakana . Jion Jharna  
gut. ja~ha~rege akoak' akhr\_ako uduk'akat' , on.d.ege ho\_r\_ko ra\_ska.  
ocoakat'koa. Nawa nawa seren' renak' jhalakko uduk'akada.

(i) in'ak' me\_t' dak' te\_ lo\_ho\_t'e\_na dha.rti ,

(ii) In' ma casa ho\_po\_n kar.ba ota

Non'kan jud.a.si seren' reak' jo\_s do\_ noa jion jharna gut. hotete  
an'jo\_m bar.alena .

Dina.jpur dosmail re\_ Sida. Ka.nhu~ ak' murti uncomocon hila.k' Jion  
Jharna do\_ akoak' akhr.a ko uduk'leda . SASU -BD reak' rupa. jubili re  
akoak' parphorm uduk' katec' ra\_ska. ko ro\_mo\_n'leda .

#### **(5) SARJO\_M BAHA**

Dina.jpur re\_ Ne\_lso\_n Mard.i , Rita Hembrom , Srimon Hasda, Albart.

T.ud.u takoak' kurumut.u te\_ eho\_ple\_na SARJO\_M BAHA . Tayo\_mte\_ noa gut\_ do\_ barea re\_ bapagena . Nelson Mard\_i , Srimon Hasda tako mit' gut\_ , note Rita Hembrom tako armit' gut\_ . Banar gut\_ ge SARJO\_M BAHA n'utumte akoak' parphorm ko uduk' bar\_aeda . Cit\_a.gan'g, D.haka , Ro\_n'gpurar Dina.jpur sa~o aema jaega re\_ akoak' akhr\_a ko uduk' bar\_aokada .

## **(6) SE\_N'GE\_L**

Ban'gladisa\_m re\_ jo\_to\_ kho\_n ja.sti jo\_no\_priyo ar co\_mo\_k bend. reak' n'utum do\_ se\_n'ge\_l bend\_ . John Hembromak' a.k'yurte\_ calao hijuk'kan Se\_n'ge\_l bend\_ do\_ bhid\_iyo seren' ko se\_c' teye laha gea .

(i) Go\_yt.ha halan' kur\_i

(ii) Ban'gladisa\_m santal kur\_i

(iii) Tis ho\_~ ban'in'

(iv) Busup' reak' nawa sa\_r.i,

(v) Sa\_jni

non'kan taogar taogar seren'ko tege santal rusika purire mo\_n o\_nton\_ ro\_mo\_n'j reak' a.de sirja\_uakada. Santalko talare ra\_ska\_ reak' srijonsilota ko benaoakada se\_n'ge\_l be\_nd\_ .

## **(7) AN'CAR**

Suco\_na Hembromak' a.kyurte Rajshahi kho\_n mit' e\_ne\_c' gut\_ bandhaoakana. Rajshahi nagraha re\_ santal ho\_po\_n ko talare ra\_ska\_ reak' akhr\_ako uduk' a\_gueda . Youtube re\_ COVER e\_ne\_c' te ho\_~ akoak' parphorm ko so\_do\_reda. An'car d\_enes grupren cacalaoic' lekate menaea Suco\_na Hembro\_m .

## **(8) PHUT\_A\_K' BAHA**

Dina.jpur ghor\_ghat\_ kho\_n Phut\_a.k' Baha gut\_ do\_ seren' dura\_n' re\_ ka\_mika\_sniko do\_ho\_ a\_gueda. Rumila Hembromak' a.k'yurte noa Phut\_a.k' Baha gut\_ do\_ calao hijuk'kana. Ghor\_ghat\_ , Gobindo\_go\_n'j nakhare akoak' akhr\_ako uduk' bara\_oakada.

## **(9) D .AHAR DHUR .I**

D.haka bibhag reak' gajipur nagraha re\_ me\_nak'ko santal boeha mesra ko hotete noa enec' seren' gut\_ do\_ bandhao hoyakana. D.haka nagraha te\_ se\_nakan santal ho\_po\_nko talare\_ ra\_ska\_ ro\_mo\_n' la\_git' noa D.ahar Dhur.i gut\_ ac'ak' akhr.akoe uduk' a.gueda. Noa re cacalaoic' lekate menaea Joseph T.ud.u.

## **10) BIRBAHA**

D.iyuk Murmu, Logen Kisku, Elosis Hasda, Kuin Murmu tako le\_kan mit' jha~k juwa\_nko do\_ Birbaha bend\_ ko bandhaole\_da . Ban'gladisa\_mre pa\_hil dhao lekate Birbaha be\_nd\_ geko upellena. Mit' o\_kte\_ Birbaha bend\_ reak' seren' ko Ban'gladisa\_m re\_n santal ho\_po\_n koak' thuti ko re\_ seren' rawak' kan tahe\_~kana .

(i) Marar\_ Baha Am N'e\_lte\_

(ii) Birbaha

(iii) Nase Nase ge Gate Malan' Tahe\_~kan

(iv) Ona Ta\_ria\_ Sad\_ekan

(v) Ban'gladisa\_m Mo\_n'j Disa\_m

Birbaha bend\_ kho\_n benaoakan noako seren' n'etar ho\_~ ho\_r\_ ko talare o\_kte\_ na\_pitre\_ seren' on\_d.on'ok'kana. Noa birbaha gut\_ reak' a.d.i bhage somhabona tahe\_~kan re\_ ho\_~ , cekate co\_n' ba\_i ba\_ite noa gut\_ do\_ nisun cabayena. N'etar do\_ Birbaha be\_nd\_ reak' ja~han ka\_ituk ge ban' n'e\_lo\_k'kana.

## **(11) Jhiri Hiri A\_rica\_li Gust\_hi**

Rajshahi kho\_n mit' o\_kte\_ 2005 -6 serma se\_c're\_ santali seren' dura\_n' reak' kurumut\_uko calao bano bar\_aet'kan tahe\_~kan Jhiri Hiri A\_rica\_li Gust\_hi. Ban'glate n'utum tahe\_~kan takoa, Jhiri Hiri San'skritik Gost\_hi. . Bes bhage bhage seren' reak' bhid\_iyoko benao bar\_aleda .

(i) Tokare\_n' N'am Nayo Ha\_ria\_r\_ Disa\_m Do\_

(ii) Ban'gladisa\_m Tabon Jo\_no\_m Disa\_m

non'kan disa\_m sarhao seren' hotete jiwi nalare\_ disa\_m dula\_r. reak' go\_ro\_jko sit\_in' rakap' ocoleda Jhiri Hiri A\_rica\_li gut. . Me\_nkhan noko ho\_~ ce\_kate\_ co\_n' ba\_i ba\_ite\_ ko nisun cabayena. Noa Jhir Hiri sa~ote jo\_po\_r.aoe tahe\_~kana, ga\_khur. seren'ia. Manuel Soren.

### **(12) Kukmu Seren' be\_nd.**

Seren'ia. Mathias Sorenak' a\_k'yurte Kukmu *music* be\_nd. gut. do\_ bandhaoakana. 2022 sermare noa KUKMU do\_ eho\_p'lana. Nougá jila. nakhare akoak' akhr\_ako uduk' bar\_aoakada.

### **(13) SAHE\_~T'**

Kur\_i kur\_iko jut\_a\_u katet' SAHE\_~T' be\_nd. do\_ benaoakana. Noa be\_nd. gut.re do\_ e\_ke\_n ge kur\_i menak'koa. E\_ke\_n kur\_i mo\_to\_te benaoakan, santali be\_nd. gut. do\_ Ban'gladisa\_mre mit't.en ge menak'a. Noa do\_ a\_d.i ra\_ska. ar go\_ro\_b reak' kathakan gea , ona sa~ote hahar\_a reak' katha ho\_~ .

### **(14) RILA\_MALA**

Dhanjur\_i ato kho\_n Jion Jharna tayo\_m arho\_~ mit't.en nawa e\_ne\_c' seren' gut. benaoakana. Ona do\_ Rila\_mala grup n'utumte so\_do\_rakana. Noa Rila\_mala sa~ote jo\_po\_r.ao menak'koa Bhadu Pahan, Alphred. Ma\_rd.i, Albinus Soren sa~ote eman ho\_r.ko .

### **(15) ATMA**

Joseph T.ud\_u , Zimi Hasda , Elia Mard\_i takoak' kurumut\_ute ATMA n'utuman seren' be\_nd. benaoakana. Noa be\_nd. kho\_n pa\_hil bhid.iyo seren' so\_do\_rlana "Sa\_rdi Seton' Ber\_are" n'utumte .

### **(16) TARAS**

2019 sermare Taras be\_nd. do\_ eto\_ho\_p'lana. Santali ar Ban'gla pa\_rsi reak' seren' la\_git'ge noa do\_ benaoakana. Jekson Soren , Orobhi Carls Marand\_i , Pik Murmu ar eman ho\_r.ko noa gut. sa~ote jo\_po\_r.ao menak'koa.

### **(17) AT\_KAR**

Santali rusika purire nawa mit't.en be\_nd. gut. AT\_KAR. Noa AT\_KAR sa~ote jo\_po\_r.ao menak'koa, Mibsam Joy Hasdak', Mathias Jast.in Hasda, Santo Soren, Amrito\_ Mimmo Hasda, Bitto Emanson, Ricard. Nikson Hasda ar emanko.

### **(18) Nawa Marsal**

Nawa Marsal Jua.n gut. do\_ Dina.jpur jila. reak' Par.gao atoren jua.n ko\_r.a kur.iko hotete ta.rhaoakana. Santali rusika purire noko ho\_~ a.d.i jhuka.l do\_l kanako .

### **(19) AN`GRA**

Ban'gladisa.mre tina.k' gan rusika gut. menak'ko, onko modhre An`gra be\_nd. renak' n'utum ban' n'um lekhan phan'ka phayar.ge katha do\_ tahe\_na . Seren' bhid.iyo benaore , mo\_n'co\_ pin.d.a. sohanre, sanam se\_c'teko lahagea. An`gra be\_nd. do\_ seren' dura.n' benao bego\_r mit't.en dharabahik nat.ok (web series) ho\_~ ko benaoakada. \*Ot.an' Sakam\* n'utumte benaoakan, dharabahik nat.ok do\_ Ban'gladisa.mre pa.hil ar mit't.en ge tearakana. Noa AN`GRA be\_n.d. sa~ote jo\_po\_r.ao menak'koa cacalaoic' lekate Prof. Samson Hasdak', seren'ia. Manuel Soren, Ma.nda.r.ia. Sakam Subroto Marand.i, seren'ia. Ro\_njit Ricard. Kisku, arho\_~ eman ho\_r.ko .

### **(20) Rahla Rimil E\_ne\_c' Gut.**

2017 serma reak' May cando 26 maha hila.k' Rahla Rimil e\_ne\_c' gut. do\_ tearlena. Noa ren cacalaoic' lekate menaea Sabitri Hembrom. Santali, Ura.u, Pa.hr.ia. koak' e\_ne\_c' seren'ko akhr.a bar.aeda. Rajshahi, D.haka, Cit.agan'g, Dina.jpur re akoak' akhr.ako so\_do\_r bar.aoakada.

### **(21) TRISHUL**

2019 sermare Santal ar Ura.ukoak' e\_ne\_c' seren'ko uthna.u ocoe la.git'te Trsishul do\_ benaolena. Noaren cacalaoic' do\_ Jo\_mak' montri (khaddo\_ montri) Sadho\_n Co\_ndro\_ Mojumdar MP ren ho\_po\_nerat Trina Mojumdar. Trina Mojumdarak' mo\_ca kho\_n \*Gad.a Hanasare kadam dare\*

n'utuman santali do\_n' seren' mid\_iare a.d.i kat.ham pasnaolena. Ban'gladisa\_m reak' TV, Cenelko re Trishul reak' e\_ne\_c' seren'ko so\_do\_rlena. Daraekan dinkore Trishul gut. do\_ bhage bhage mo\_n'co\_re akoak' akhr\_ako idi dar\_eak'a mente ho\_r\_ko a~sjo\_n'kana.

## **Muca\_t' katha**

Seren' do\_ manwakoak' mo\_n-o\_nton' reak' kusi ra\_ska., rak' ho\_mo\_r reak' katha kana. Seren' ar raha hotete manwa do\_ akoak' mo\_n o\_nton' oko danan' akan kathako on.d.on' baher ocoea. E\_ne\_c' hotete akoak' ra\_ska\_ko so\_do\_r ocoea. Okako katha la\_ite ban' so\_do\_ro\_k', okako katha o\_lte ban' so\_do\_ro\_k', onako katha, onako ar\_an' , seren' ar rahateko so\_do\_r ocoea. E\_ne\_c' renak' tal mila\_u katet'ko uduk' ocoea.

Abo do\_ Santal ho\_po\_n . Aboak' jion khan.d.ao, a\_rica.li , pa\_rsi do\_ et.ak' ja\_tiko kho\_n juda.gea . Onate aboak' e\_ne\_c' seren' ra\_r. rahako ho\_~ et.ak' ja\_tiko kho\_n juda.gea. Aboak' ja\_ti reak' kusi ra\_ska. , rak' ho\_mo\_r Santal ho\_po\_nak' re\_~he\_~t' renak' e\_ne\_c' seren' ra\_r. raha hotete ge so\_do\_r ocoere jud.a.si a\_ika.uk'a. Santali e\_ne\_c' seren'ko napaetebon lar.car. idilekhan, mit' hila\_k' aboak' e\_ne\_c' seren'ko do\_ dha\_rti t.un.d.a.n're maran' t.ha~oe hamet. dar\_eak'a. E\_ne\_c' seren' gut\_ko napaeteko kurumut\_u idilekhan, e\_ne\_c' seren'ko reak' uthna\_u hoyok'a. Ban'gladisa\_mre menak'ko sanam e\_ne\_c' seren' gut\_ko a.d.i napaeko jo\_ bahak'a. Santal a\_rica.li dha\_rti reak' maran' maran' mo\_n'co\_re tul rakabo\_k'a.

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# **Meskoc´**

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Ale or.ak' phed.ren maran'go jele utu akada. Ado ona jel utu reak' so~ got.a ad.epase do pasnao cabayena. In'ho~ ona so~te onko t.hen turui dhain' sen hec'ena, arho~ bar-pe dhain' calak'a, End.ekhan em

khac'ko emadin'a, ban'khan in'ak' ho~ jel utu jom reak' una.k' sana se lob do ba.nuk'tin'a.

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## Toyo Ar Ta.rup'

Mit't.en bir re har.am Ta.rup'e tahe~kana. Mit' okte Ta.rup' do rua.te ka.hilente gujuk' lekan dosare par.aena, ar mit't.en dare latar re gitic' katet' ad.raoate rarak' kana. Unre ona horte Toyo parom calak' kan tahe~kana. Ta.rup' do Toyo n'elte neho~rate hohoe kana jemon thor.a kathae an'jomtae. Toyo doe mengot'keda E mamo, ma ror.me sa.n'gin' khongin' an'joma. Am t.hen calak' do eskargen' bujha.ueda.

Ta.rup' doe menkeda, alom eskarok'a ba.n' cekamea, ma hijuk'me. Toyo doe ror. rua.r.adea, Ban' mamo ba.n' bhorsa dar.eam kana. Arho~ Ta.rup' do neho~rate metaekana in'don' har.amena. Rua. jalaten' ka.hil cabayena nonkan dar.e do ar ba.nuk'tina, onate gujuk' dosare dur.up' katet' una.k' din reak' in'ak' jingi bita.u re okan' n'elakat', an'jom akat' sanamak' in' la.i ot.owama. Ente am dom a.kilan janwar kana. In'ak' jion reak' joto katha do et.ak' janwar ko t.henem sodora. End.ekhan onko ho~ ona kathate bha.la.i hoyok'takoa.

Gujuk' lahare in' gogo-baba n'utumte kiria. katet'in' meneda, ba.n' cekamea, onkan sa.kti se hor.more dar.ege thor ba.nuk'tin'a. Onako katha an'jomte mit' okte Toyo do Ta.rup' t.hene sen sorena, are metadea cedak' nuna.k'em rak'eda? Ta.rup' doe mengot'keda dukten' rak'eda, ente una.k' una.k' din khon rua.ten' ja.bun akana okoege bako torasedin' kana. In'ak' dolren joto Ta.rup' ko da.r. pharak' keda. Et.ak' janwarin' hohoeat' kore okoege bako hetawat'tin'a. Noa har.am umerre et.ak' hor.ko sa~o galmaraore mon'jgen' at.kara. Tina.k' jib-janwarkon' neho~rat'koa, okoege bako bhorsawadin'a. Onate amge thor.a kathan' bakher. ot.owam kana, khemota katet' botor uduk' katet' ba.r.ti din bam t.ika.u tahe~ dar.eak'a. Khemota do jahan sompot do

ban' kana, asol sompot do kana a.kil ar bidia. A.kil bidia hor.ge ba.r.tiko dula.r.koa. Am dom a.kilangea. Onate d.her hor.ge amko dula.r. arko manotet'mea. Menkhan in'do in'ak' khemot ar dos guna.k'tege nonkan dosaren' par.ao akana.

**Sikha una:** *Khemota ar jor-joborte okoe ho~ ba.r.ti din bako t.ika.u tahe~dar.eak'a*

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# **Nawa Gidra . Atan' Daram Ar Janam Ma~ha~ Manot Hoyena Tabitha Kindergarten School Re**

Budhbar (31 January) setak' 10:00 baja okte Tabitha Kindergarten School re nawa gidra . atan' daram ar gidra.koak' janam ma~ha~ manot akhr.a hoe pura.uen. Nes noa nawa sernare nawa bhorti akan gidra.ko sa~o sa~ote School ren joto gidra . mot . mit' sae gel pe (113) got.en gidra.ko atan' daramket'koa. Atan' daram okte manotan per.a lekate set.ere tahe~kana NAGR (National Agecny for Green Revolution) ren a.yuric'/Director Manotan Stephen Soren, Amnura Mission Primary School ren maran' mahasoe Sontosh Tudu, 2no. ward ren member ar Panel Chairman-01 Md.Masud Parvez, Tabitha Kindergarten School ren bharapon maran' mahasoe ar NAGR ren Program Officer Prodip Hembrom selet' Mahasoe ko School ren gidra . ar akoren gogo-babako. Ina . chad.a ho~ set.ere tahe~kana NAGR ren Office secretary Promila Hasdak selet' arho~ et.ak' ko.

Pa.hilte NAGR ren Director ar Tabitha Kindergarten School ren bharapon Maran' Mahasoe do Ban'gladisom reak' ja.tiya.ri seren' talate manot selet' disom reak' jha.nd.i kin tul rakap'ket' talate akhr.a do

ehop'ena.



Atan' daram akhr are gidra ko udga u selet' kathae ror keda Tabitha Kinder Garten School ren Maran' mahasoe Prodip Hembrom. Uni doe menkeda, jemon gidra ko din hilok' School ko hijuk' ar dha rtire okat ak' sikhna t ja rur menak' jemon gidra ko napaeteko hamet dar eak'. Akoren gogo-babako ho~ uskur selet' te udga uket' koa jemon do akoren gidra ko olok' par hao sec' ko laha idi dar eako. Ona selet' 2no. ward ren member ar Panel Chairman-01 Md.Masud Parvez ho~ ac' ak' kathate ror sodorkeda jao serma leka nes ho~ noa School re nawa gidra atan' daram akhr are hec' kate a d i ra ska don' at kareda. Ente Noa Tabitha Kindergarten School do a d i mon' j poribes re menak' a, gidra koak' olok' par hao sa'o sa'ote enec' khila d metak' me jotoak' reak' do mon' j poribes re menak' a. Gidra ko mon' j sikhna t ko hamet dar eak' kana. Ase dohokeda jemon nonkage olok' par hao calao idik' te mit' din arho~ hara buruk' te noa ad epase re School reak' n' utum d amd ahek'. Ina chad a ho~ atan' daram ar gidra ko gogo-babako udga u selet' kathae ror keda, Tabitha Kindergarten School ren Mahasoe Nilufa Prvin selet' Amnura Mission Primary School ren maran' Mahasoe Sontosh Tudu.

Ina chad a ho~ atan' daram akhr are johar selet' kathae ror keda, NAGR ren Director Manotan Stephen Soren. Uni ho~ pa hilde set er akan gidra ko akoren gogo-babako ar akhr are selet' akan sanamko dula r johare emat' koa. Ina kate atan' daram n' utumte gidra ko selet' akoren gogo-babako arho~ ba r ti johare bad ae ocoket' koa. Uni ho~ onkage ror sodorkeda, Gidra ko jemon mon' j sikhna t ko hamet dar eak' noa

School re, ba.r.ti do akoren gogo-baba ko ho~e neho~rak' koa akoren apan a.pin gidra.ko ta.n'khiko la.git'. School re olok' par.hao sa~o sa~ote or.ak're ho~ jemon ba.r.ti ko non'jorakote olok' par.haok'te mon'jko hara buruk'. Ase dohokeda darakan dinkore jemon do Noa School arho~ olok' par.hao sec'te mon'j poribes sec'te noa ad.epase ko re mon'j n'utum se namd.ak do hoyok' ona la.git' ba.r.ti kurumut.u se ka.mihora do calak' kana mente la.i sodorkeda.



Muca.t're gel (10) got.en gidra.koak' janam ma~ha~ manot hoyena. Ente Noa Tabitha Kindergarten School re do jao mahna ge gidra.koak' janam ma~ha~ manot hoyok'a. Onka leka nia mahna do gel (10) got.en gidra.koak' janam ma~ha~ do tahe~kana. Onko joto gidra. mit'te cake ko get'ket' talate janam ma~ha~ manotena. Onko gidra.koak' janam ma~ha~ n'utumte onkoak' tire prize se siropa do emena. Gidra. selet' akoren gogo-baba ko ho~ a.d.i a~t.ko ra.kayena gidra.koak' janam ma~ha~ manot n'utumte. Atan' daram ar janam ma~ha~ manot n'utumte enec' seren' akhr.a ho~ hoe pura.uenena. Nonkate ehop' khon muca.t' dha.bic' nawa gidra. atan' daram ar janam ma~ha~ manot akhr.a do hoe pura.uenena.

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# Sunum Ar Dumur Rasa A\_khrin'ic'

Mit' atore barea hor\_kin tahe~kana. Mit' hor\_ do dumur rasa a\_khrin'ic', ar et\_agic' do sunum a\_khrin'ic'. Dumur rasa a\_khrin'ic' do a\_d\_i baeman ar laloc'ge tahe~kana. Uni do dumur rasa sa~o cini mesal katec' ato-t.olare a\_khrin' bar\_aet' tahe~kana. Nonkage din hilok' ato-t.olaren hor\_ko t\_hen mesal dumur rasa a\_khrin' katec' a\_d\_i uta\_r ka\_ud\_i arjaoet' kan tahe~kana. Ar note sunum a\_khrin'ic' do a\_d\_i bebuj-sojha ar soromi hor\_ metak'me cet' lob ge ban' tahe~kantaea. Jaoge din hilok' ato-t.olaren hor\_ko t\_hen kha\_t\_i na\_r\_kor\_ sunume a\_khrin'et' tahe~kana.

Bana hor\_ge a\_kinak' jinis din hilok' a\_d\_i ba\_r\_tikin a\_khrin'et' tahe~kan reho~ sunum a\_khrin' hor\_ do dumur rasa a\_khrin'ic' hor\_ soman do bae rojgar se arjao dar\_eak'kan tahe~kana. Enreho~ sunum a\_khrin'ic' hor\_ do tina\_k'e arjaoet' tahe~kana ina\_tege kusire tahe~kan tahe~kana ar sisirja\_uic'e sarhaoede tahe~kana. Nonkage bana hor\_ a\_khrin' muca\_tkate a\_yup' sec' tinre mit'te dur\_up' pantekate ka\_ud\_ikin hisa\_bet' tahe~kan unre n'elok'kan tahe~kana dumur rasa a\_khrin' kan hor\_ak'ge ba\_r\_ti ka\_ud\_i hoeakana. Ar sunum a\_khrin'ic' ak' ka\_ud\_i do a\_d\_i thor\_a.

Nonkate dumur rasa a\_khrin'ic' do mesal dumur rasa a\_khrin'te a\_d\_i aema ka\_ud\_i ren ma\_like hoyena ar ona ka\_ud\_ite dalan or\_ak'e benaokeda ar sukte jingi khemaoe ehop'ena. Ar note sunum a\_khrin' hor\_ kom ka\_ud\_i arjao karonte ja~ha~ lekate jom katec' kumba\_ or\_ak're jingi khemaoa. Dumur rasa a\_khrin'ic' nuna\_k' mon'j dalan or\_ak're tahe~nkan n'elte sunum a\_khrin' hor\_ do nase ho~ bae hin\_salena. Menkhan dumur rasa a\_khrin'ic' do sunum a\_khrin' hor\_ kumba\_ or\_ak're tahe~nkan n'elte landawae kan tahe~kana ar a\_d\_i gorob uni t\_hene udugok' kan tahe~kana. Menkhan haere bha\_g, mit'din n'inda\_ ackage dha\_rti lar\_aena, ona lar\_aote dumur rasa a\_khrin'ic' ak' or\_ak' do ra\_put' chircha\_turena. Menkhan sunum a\_khrin'ic' ak' or\_ak' do nase ho~ ban' khotilena. Ba\_r\_ic' horte ka\_ud\_i arjao lekhan ona do aema din ban' t\_ika\_u tahe~na, ar mon'j horte ka\_ud\_i arjao lekhan jug jug

t.ika.u akae tahe~na.

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# Adivasiak' Ar .an' Nichitena: Robindronath Soren ar Kornelius Murmu

Calaoen 13 January setak' ber Manotan Robindronath Soren do sanam lekan ma~ya~ko gedi kateye bon'iga talayena. Onka leka 18 January 2024 setak' pahapoho okte re Kornelius Murmu ho~ dha.rti reak' sanam lekan ma~ya~ko ba.gi ot.o katet' Probhu ak' hobor reye set.er akana.

A.d.i hahar.a nokin banar Adivasi a.yurkin do setak' cando rakabok' laha regikin calaoena hana purite. Delabon bad.aelegi unkinak' khat.o Ithihas; Jatiyo Adivasi porisod ren sadharon sompadok ar sabha mukhia. Robindronath Soren 1957 serma reak' 13 December Darkal Soren ar Sumi Tudu ak' gharon'jre janamlena. Boeha ko modre uni do hud.in' uta.ric'e tahe~kana. Ac'ak' olok' par.hao jion do pa.hilte Barkona Besarkari Prathomik Bidaloy khon Prathomik, Habra Uccho Bidaloy, Parbotipur, Dinajpur khon Madhomik ar Dinajpur Songit College khon Uccho madhomik pass katet' Rajshahi reak' Shah Makdum College khon Degree hamet. keda. Amdaj 66 serma jingi bita.ure 31 sermage adivasi koak' a.ida.ri hamet.re lagao akane tahe~kana. Utarbongo reak' mimit' ato khon jila sohor, Bibhag ar Rajdhani reak' d.ahar ko ho~e daldalao akada;Kendrio Sohid Minar, Sirdap, Daily Star se YWCA hall room do tahe~kana uniak' ba.uha.ri (bicorn). Adivasi koak' are (9) dopha da.bi ko gok' katet'e a.cur bar.ao akana, ba.r.tikaete mul se asol da.bi do tahe~kana adivasi hor.ko jemon akoak' hok a.ida.ri ko hamet. dar.eak'. 2011 sermare Ban'gladisom reak' songbidhan re adivasi ko t.ha~i ko n'amleda sa.rige menkhan ona do et.ak' n'utum se et.ak' lekate. Songbidhan re adivasi katha do ba.gi katet' onare jopor.aena Upojati, Khudro jatisotta se Nri-gosthi hisa.bte. Ado ina.kate hudis gand.on

n'el jutkate got ayena je, 1993 serma khon barombar da bi rakap'en kha tirte ar somomona songothon ak' kurumut ute disom reak' a.n-a.ri (sasontontre) re adivasi koak' bisoe ko dekbhal akana.

2023 serma reak' 13 October Jatiyo Adivasi Porisod reak' 5 ak' Jatiyo sonmelon se jarwak' re arho~ sabha mukhia lekate da yike gok'keda Robindronath Soren. Gujuk' 3 (pe) cando lahare sonmelon se jarwak're mon ontor reak' kathakoge ba.r.ti sodor akana. Uni doe menkeda, Adivasi ko cetanre koclon ar julum do ban' bond akana. Adivasi ko cetantre 'Dikur' gujuk', koclon, konac, jumi se hasa ko rec' ocok'kan lekan behok ka.miko reak' bica.rge ba.nuk'anan'. September reak' 3 ta.rik do 'Jatiyo Adivasi Porisod- reak' pegel (30) serma jubli re melco se jhaporate menkeda, 'Adivasi koak' jion do ekrar ar calaki se chol jion kana. Sarkar ko hijuk' kana calak' kana menkhan adivasi koak' julum do ohoge met.aok' kana. Nit dha.bic'te adivasi koak' jion re riha.i ma ban' hec' akan bickom bhor.ok se botorge ba.r.ti ca.r.hao akana. Mit' interview re ror.leda, 'a.d.i alga katha do ban' kana. Ale do gidra. umer khonge aema lekan haron talate a.d.i lekan metak'me jotowak' dole at' akada. Tinre adivasi ko koclon ocok' kana, unre 93 serma sec' ale do apnartele benao se sapr.aoena ente ona okte do koclon jalate Bharot disom calak' hoelena. Sa.ri katha do noage, tehen' ha.bic'te Utarbongo ren adivasi koak' jaega do ohoge odol bodol akana. Adivasi ko do aema lekan haron ar calak-chol ba.r.ic' hor.koak' phan~d re par.aokate akoak' or.ak' bhit.a.ko ba.gi kate gidra. ar or.ak' hor.ko ante et.ak' disomte asrae hataoko paromena. Menkhan noa bon mendar.ek'a, Robindronath Soren se 'Jatiyo Adivasi Porisod' do adivasi koak' duk-kost.o, obhab-ont.on, t.ont.a, khojogok' ak' kathako Sthanio prosason khon Jatiyo songsod ha.bic'e set.er dar.eak' tahe~kana. Noa la.git' tis ho~ cetan huda.re dur.up' akan a.n ta.ri ren hor.koak' jaha lekan kurud se edre dosare bako par.ao akana.

Adivasi koak' a.ida.ri andolon re Rajniti dol 'Bangladesh Walkers Party'do got.a Utarbongo ka.mi katet'e da~r.a~ akada. 2000 serma re Naogaon reak' Bhimpur Alfred Soren gujuk', Phulbari Koela khoni birodhi andolon khon Haler Bagda Farm, Gobindagonj, Gaibandha dokhol lekan muskil reho~e ten'go t.arhaolena. Adivasi koak' rak' ar.an' an'jom lekan mon jagwar la.git'ge Sanbadik sonmelon, seminar-

symposium, kami t.ha~onare uni do a.d.i ceton ar jagware tahe~kana. Sonmilito samajik Andolon Robindronath Soren ak' gujuk'te a.d.i ko duk akana. Mit' d.ha.rwa.k' talate disa. rua.r. akana adivasi hud.in' ja.ti ren hor.ko selet' got.a disomren hor.ko akoak' aida.ri se hika. hok n'am ruar. re Robindronath Soren do jion bhore la.r.ha.i akana. Nui hor.ak' nonkan jiwa alae do jaejug jia.r. tahe~na. Uniak' gujuk'te adivasi hor.ko la.r.ha.ire pha~k do hec'ena. Uniak' ona pha~k jaega adivasi koak' la.r.ha.ire t.ika.u tahe~na. Calaoenae Robindronath Soren, doho ot.okadae ac'ak' gun, nia.m a.ri ko. Dos gun talatege manwa do, delabon Robindronath Soren ak' adivasi koak' a.ida.ri da.bi ko n'am rua.r. reak' ar.an'ko bon sap' dohoea. **(Tumal hoe akana; Manotan Mithusilak Murmu, Adivasi writer & research ak article khon)**



Delabon badaelegi Manotan Kornelius Murmu ak' khat.o Ithihas. Kornelius doe janamlena 15 November 1949 serma re Chapainawabgonj zila reak' gomostapur upozila Mirakathal ato re. Uni ren Gogo n'utum late. Sorola Hasda ar Baba Late. Durga Coron Murmu. Onko do 5 boeha ge kor.ako tahe~kana. Noko 5 kor.a boeha modre 2 boeha do 1971 sal reak' muktifoz la.r.ha.r re birbant.a kin tahe~kana. Manotan Kornelius Murmu do calaoen 18 January 2024 serma reak' a.d.i pahapoho okte re disom reak' sanam lekan ma~ya~ jalko bagi katet' Probhuak' hobor reye calaoena. Kornelius Murmu do 1990 serma re BNELC Development Foundation ren board member doe tahe~kana. Ar BNELC reak' Barin Circle ren Chairman hisa.b te pahil dhao 1994-1996, Dosar dhao do 1996-1997 February ha.bic' ar muca.t dhao do 2012 khon 2015, ina. tayom 2015-2017 do muca.t. Ona selet' Tabitha Foundation ren Board member 2008 khon 2013 ar Board Chairman 2013 – 2024 ha.bic'. 2017 khon 2024 do NAGR board ren vice-chairman hisa.b te gor.o emok' tuluc' ge Probhu

reya jira uena.

Uniak' muca t bida re set er in' tahe~kana; a.d.i a~t. do gor.oye em akada Tabitha Foundation, National Agency for Green Revolution ar BNELC ministry ka mikore. Uniak' kathan' disa i taea mit' monan hor ja rur a, tahole lahanti do a.d.i usa ra ge hoyok'a abo santal, kolhe, mahali, urao se jahan jat ia riko la git' ge.

Atoren Ma jhi har am ar girja mahasoe ak' disa rua r. katha do tahe~kana; a.d.i jhu~k ar ran'gaok' hor e tahe~kana; Police ren OC ko ho~e dhamkaoet' ko tahena. Kornelius hotete aema lekan bhage ka miko A diva si hor ko la git' hoe akana.

Dighori Ba isi ren Pargana Stephen Tudu ho~ ac'ak' bhabna katha sodor katet' Kornelius ak' ar an' ar bhage ka miko la git' a.d.i aema manot' johar doe emkeda. Ar tehen' kornelius ak' jaega puron la .git' babon bad aea onkan hor bon benao se n'amkoa.

Orao ren Raja ho~ ac'ak' bhabna kathai la i ha t in' keda. Ar sanamko t hen neho~re doho keda bhulak' ko do bon ika hir in'a ar bhageak' dobon tul rakaba sanamko t hen.

Uttorbongo Adivasi Porisod ren Chairman, BNELC Trust Board ren Secretary, TF/NAGR ren Joint secretary ar Tresurer Mr. Hingu Murmu do a.d.i kha ndri katha koe disa rua r. ocoket'lea. Sa rige Kornelius do a.d.i a~t. Adivasi hor ko la git' doe ka mi akada, eken Adivasi do ban' bickom dhorom ka mi reho~ a.d.i ga khur doe tahe~kana. Uniak' tehen' noa calak' re Probhu ac'ak' hobor reye dohoyema ar jaejug jione emae ma, nia ge in'ak' ar abo sanamak' koejon' bar e tahe~nma.

**Mucat re John Maxwell ak katha ten' uskuret' bon kana; A yuric' doe la t uk'a, Ac'ak' dar ete do ban', Bickom et ak'ko ac'ak' dar e emok' sec'teye la t uk'a.**

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# Cedak' Ban'gladisom re nuna\_k' Raban' Do?

2015 serma Norway disomte calak' reak' a,t hoelentin'a. Ona cando do tahe~kana November 28 ta,rik khon December 12 ta,rik reak' hiri. Norway disom reak' Oslo nagrahare do -6 degree raban' don' at,karleda. One oka do deep frize leakage. Tehen'ak' din re Ban'gladisom re raban' do a,d,i kajak calak' kana. Aema hor,ak phone call don' n'amet' kana, raban' kic'ric', kombol ko do bape emok' kana? Nonkan neho~rko n'am katet' gate per,ako t,hen ardas saman' katet' thor,a gor,oko ar disom ren per,ako t,hen reak' gor,ote 350 kombol don' jogar, akada. Adi monsuva, menak'a jemon har,am bud,hiko n'am. Noa kombol do emogok'a Bilboltha School saman're 150 got,en, Amnura re 100 got,en ar Borgachi school mat,hre 100 got,en. Nes serma do eken bud,hi har,am hor,ko la,git' noa gor,o kana. Entet' Gidra,ko 6-9 ar 9-12 umer ren do 46 got,en item reak' sleeping kits box ko n'ama Badhair 336 gidra,ko, Adompure 334 ar Paria re 334 gidra,ko. Noa sleeping kits re mit' gidra, la,git' a,d,i daman jinisko do menak'a; amdaj 5 serma ha,bic' la,git' mit' gidra,wak horok' bande ar oyo teak' doe n'ama.

Delebon bad,ae lege cedak' Ban'gladisom re nuna,k' rear, raban' do hoyok' kana. Nesak' raban' do hor,mo reak' jel parom katet' jan' ha,bic' doe tiok' akada. Nonkan raban' do lahate ba,n' at,kar akada menteye bad,ae oco kedin'a; Rajshahi zila reak Godagari upozila, ***Dogachi aturen 100 serma cetan umer ren har,amba hor, Luthru Majhi (Soren). Uniren kur,i Miru Soren ho~ ac' babawak' katha sap' tun'gi katet' doe menet' kana je, am ma baba har,am hor,, in' amren gidra, hoe katet' ho~ a,d,i at, raban'edin kana. Cet' ho~ ba,n' ka,mi dar,eak' kana raban' jalare.***

Onka leka aema hor, t,hen khonge an'jomok' kana nes serma reak' raban' do ta,pisgea. Menkhan disom reak' hoedak' ko n'en'el kan office khon ko menet' kana dosrage. Onko ak' record te n'elok' kana 2018 serma reak' raban' do ba,r,ti ta,pis tahe~kana. Ona serma reak 8 January Poncogor reak' tetulia re raban' tahe~kana 2.6 degree celcius, one oka do Ban'gladisom reak' ithihas re ol rakap' akana. Nes leakage ona serma

ho~ aema dhao te nonkan rear, raban' ar hoe selet' sisir dak' leka got,a din ja,r,i leda.

Ona serma leka nes do nit ha,bic' te una,k' ba,r,ic' do babon at,kar akada mente disom reak' hoe bhard,o raban' ko n'elet' kan office-e menet' kana. **Menkhan tahole cedak' disom ren hor, do noa raban' ge a,d,i ta,pis ko menet' kana?** Nonkan kathako an'jom katet' hoe bhard,o rear, raban' n'en'el kan office doko menet' kana je khata kolom te ol car,hao akan raban' reak' man do a,d,i latar ban' phed, akan reho~, aema lekan karonko te raban' do ba,r,ti muskil bon at,karet' kana. Got,a cando ge nonkan rear, raban' tahe~na mente office khon doko la,i sodor akada.

Aema din khone kur,ha, akada ar sin' cando ho~ bae n'elok' kana, onate ba,r,ti hoe- rear, se raban' do bujha,uk' kana. Et,ak' serma khon nes do a,d,i ba,r,it kur,ha do menak'a. Din re 18 khon 20 ghont,a ha,bic' ge kur,ha, do tahe~n kana. BBC Bangla khon bad,aeok' kana nes serma reak' kur,ha, do ba,r,ti ge n'elogok' kana.

Noa rear, raban' re santal ja,tia,riko sanam sec'te a,d,i aodhan ge tahe~n tabon pe. Delebon bad,ae lege cet' lekan rogko ba,r,ti doe n'amet' koa. Amnura Lutheran Mission Hospital ren Dr. Arpona Dipa Murmu doe bad,ae ocokedin'a je, rear, redo khok' manda, Ejma, rua, hasu, raban' alargiko hoyok'a. Ona chad,a ho~ gidra,ko nimunia, tonsil, dhur,i ar hoe kote sahe~t' reak' horre muskil hoyok'a. Ar onkate gidra, ko do ba,r,ti ge sontorte doho ko ja,rur,a.

Onate delabon noa rear, okte ba,r,ti lolo dak' bon n'u jon'ma. Ar vit,amin C reak' jomak' bon jom ma. Tahole rear, okte reak' rua, khon sahar, bon n'ama. Ar raban' re a,d,i ja,rur, hor,mo lolo dohoe, ka,mi ar beyam ho~ ja,rur,a.

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# Er\_e

Mit' atore barea kor\_akin tahe~kana. Unkin kor\_a do jel kirin'a mente mit'din dokankin calaoena. Ado tinre ka\_sa\_i (jel a\_khrin'ic') do unkin deaket'kina, unre unkin kor\_a modre mit' kor\_a do thor\_a jel hataokate et\_ak' kor\_awk' poket\_re bolokeda.

Khange ka\_sa\_i do a\_curen torage doho akat' jel bae n'el n'amlet'te unkin kor\_ae metat'kina-abenge pasec' in'ak' jel doben kombr\_o akat'tin'a?- Ona katha menket' torage jel-e hataoakat' kor\_a kiria\_katec'e menkeda, in' t\_hen do cet' jelge ba\_nuk'anan'. Ar okoe ak' poket\_re tahe~kan uni ho~ kiria\_katec'e menkeda, in' ho~ amak' jel do ba\_n' kombr\_o akada. Unkinak' onkan katha an'jomte ka\_sa\_i doe bujha\_u n'amkeda, adoe metat'kina nonkan er\_e kathate ar kiria\_kate in'ben er\_e dar\_ea\_n'a, menkhan sisirja\_uic' do ohogeben er\_e dar\_ekea.

**Sikha\_una: *Kiria\_katec' er\_e ak' do tisho~ bam sa\_riak' dar\_eak'a.***