

Him Ritic' Rear.

Sin' ni'inda. sanam ghur.i

Uhu guhu oyo picha.ur.i

Ekal ba.nuk' cando seton'

Gidra. har.am urgum eton'.

Arho~ judi hisit' him hoe

Uta.r sec' khon halae halae

Manwa jion ekal ka.bu

Him rea.rte ja.bu tha.bu.

Sanam hor.ge koyok' horre

Tinre n'elok' seton' cot.re

Um paera bar pe ma~ha~

Ban'te hor.mo menak' aha.

Sirjon ma.lik noa dosa

Asok' kanle amak' bhorsa

Cando seton' emaleme

Tahen male am or.he~me.

Ũt. Umul

Mit'din mit' hor. ha~ha~kar nirjon disome calaoena. Ha~ha~kar disomte calak' la.git' Ũt.e bhar.a kedeā. Menkhan seton' reak' lolo ar a~c n'elte hor re thor.ae jira.uenā. Ona ha~ha~kar nirjon jaegare seton' a~c komok' aste dur.up'ena.

Menkhan ona seton' reak' lolo ar a~c nuna.k' kajak tahe~kana je uni hor. do dur.up' bae tahe~ dar.eada. Onate uni hor. do Ũt. ak' umulre dur.up'ena. Menkhan Ũt. ma.lik do bae dur.up' ocoadea. Uni doe menkeda, in'ren Ũt.. In' dur.up'a uniak' umulre. Uni hor. doe ror. rua.r.keda, nit nui Ũt. in' bhar.an' hatao akadea, onate in'ge nui umulren' dur.up'a. Noa kathate Ũt. ma.lik ar uni hor. talare jhogr.a ehop'ena. Ona oktere Ũt. do jhogr.a n'elte ond.e khone da.r.keda.

Sikhna.t: Bar hor. talare jhogr.a hoelen khan tesar hor. do jaoge lab hoyok'taea.

Manwa Ontor

Einstein do_ manwa ontor babot' cet'e menkeda; Manwa ontor do tinak' hõ ađi jađti cet'et' kanrehõ, bařti kãmi do_ bae bujhau dařreak'a. Abo do_ mit'ten kařtic' gidra leka, mit'ten ađi maraň library re bolok' kana okařak' paćir do_ juda juda pařsi reak' puthite sajao akan mit't.en sir.hi lekana. Oka sir.hi do amak' jionre a.d.i jařuřok' kana ar noage cetan sec'e a.yur idimea. Gidra doe bađaegea, noa ko puthi do okoe hõe ol akada. Ona do bae bađaea okoe ar cet' leka.

Manwa ontor do_ ađi jařuraň sir muscle organ kana oka do_ ho_řmo_ reak

sanam jaega kore mayan pamp kate ona do_ oksigen ar jo_m nam reak jinis ko_ e_mo_k kana. Ona do_ bohok reak darkore, bar paura talare menaka, ar ona do_ 4 goṭen darkore haṭin akana: bar atria ar bar ventricle. Noa ari-ṇali do_ systole (kaṭic') ar diastol (paṭiaṇ) hote_te_ ḍahar-paṭiaṇ kana, oka do_ monḍahar-paṭiaṇ nutumte baḍaeok' kana.

Ontor ar ona reak' kami do_ cet' kana?

Dil do_ manwa ar etak janwarko reak mit'ten adi jaruran ari-ṇali kana. Noa ari do_ mayan ḍahar hote_te_ mayan pamp e_mo_k kana. Mit' saote mon ar mayan ḍahar do_ adi jarura. Pamp akan mayan oksigen ar jo_m jinis tis re_ idiet' kana, menkhan metabolic bebhar, jelekak ar bḍaiok, pohor re_ idiet' kana.

Manwa do_ sirjon reak adi bhage jinis kanae. Aboak' jotowak' do Isorak' tire menak'a. Uni do aboe ayur bona ar uniak kami ko do babon aṅoṇeda. Isor do in ar ape jotokoge ac'ak' kami lagit'e kol akat'bona. Uni do abo leka kaṭic' hudis ren Isor doe bankana. Abo do_ babon baḍaea aboak' bho_g do_ cet' hoyoka? Menkhan uni doe baḍaegea aboak' daraekan okte re cet' hoyoka. Ar aboak' ran do_ tinak' haṇic' calao idiṇa. Abo do babon baḍae daṇeaka je thora ghariṇic' tayom do jiwet'' bon tahe~na se baṇ. Tinak' din se_ jion reak' jarur. Enhõ abo do_ adi maran kami bon benaoeda. Noa hudis se cinta do_ tayo_mte_ adi jarurok'a se_ baṇ ona do_ babon baḍae daṇeak'a. Enhõ abo do_ astebon tahe~n kana. Abo do_ as kate din bon lekhaeda.

Jodi abo joto ko thor_a ar eken thor_a din la_git' bon hudis lekhan. Tobe abobon goc'len khan id ar am reak' cet' hoyoka? Okareṇ calaka? Cet' leka jaega re calao hoyok'a? hae, manwa ontor do tinak' muskilgea. Abo do_ noa dhartire aboren dulariako begor mit' ghariṇic' hõ babon jion daṇeaka. Mit' saote jom, nu, calao, durup, kami, hudis reak cet' lakti menak'a? Menkhan mit'ten do etak hore bagioṭaka, metak'me gujuka, unre in ar amak' do cet' hoyoka. Ado thor_a thor_ate bon hirina. Jion ar dharti do_ baṇ thir tahe~na, calao idiṇ kana, calao idiṇ kana ar mit'din do_ thirgea menkhan dharti do_ calao idiṇ kana.

Onate as menak'a je etak'ko ho~ in lagit' ko koejon kana, menkhan

nitok' do apnar lagit' koejon reak' okte do hec' akana. Ado_ apnar
be_g re_ge_ pe_re_c' ho_yo_k'a. Ente inak' bhage kami, bhage solha,
etak' ko goroko, etak' koak' hanti ban, sariak ar sariakte kami. Nit
do inak' kami lagit' ban hudis lekhan etak' ho_r do_ in lagit' bako
bhabnak'a.

Amak' ontor do_ amak ho_rmo_re adi jarura, ar amak ho_rmo_ do_ amak
ontor re adi jarura, banma am bujhau khon ho barti. Apeak' ontor ar
hormo talare noa enec' do_ apeak' ho_rmo_ adi bhage hoe dareak'a, se_
ona do_ barić hoe dareak'a. Apeak' mo_d ar apeak' hudis ari do_ apeak'
ho_rmo_ reak' at re_ adi jarura. Noa lekate amak ontor re dare
menak'a.

Bujhau, hudis, bhabna ar kami jeleka ghotna ko lagit' mon do sar kana.
Mon-hormo reak muskil do_ hoyok kana jinis ar mon reak sambond bujhau
lagit' jarur. Porom pora lekate_, mon ar jinis aema dhao juda juda
jinis lekate_ hudiset' kan tahēkana jahā do mit' etak' khon sadhinte_
tahēn dareak'a.

Mit'ten adi mo_nj theory menak' ho_r do_ etak' ho_rak' patiau, mon
suba, hudis-bicar ar bhabna ko bujhau dareak'a, onate uni do_ akoak'
kami ar udgauko adi bhageteye badae dareak'a se bujhau dareak'a.
Samajik kami, jogajog, etak horoko saote sambond lagit' mon reak theory
do adi jarurgea.

Onate delabon nitok'ge some ar okte kana apan apin aboak' apnar kami
ar hudisre ba_r.ti bon gand_onok' ma. Ar dha_rti muca_t dinre jaejug
t.ha~.ite set.erok' la.git' bhageak' bon ka.mi ma.

Santalko Talare Kombol Ar

Kicric'e Emkeda NAGR

National Agency for Green Revolution do Chapainawabganj ar Rajshahi jila. reak santali dher atokore pe sae (300) horoko lagit' adi jaruran lolo kombol ar kicric'ko emkeda.



Kombol ar kicric' em ha.t.in're set.ere tahe~kana National Agency for Green Revolution ren ayurić Mn.Stephen Soren. Ona saote set.ere tahe~kana kaudi amla Minoti Murmu, Prosasonia amla Promila Hasdak ar Amnura Lutheran Mission Haspatal ren Manager Markus Murmu.

Toa Dare

Am do go toa dare

Sona sonage gom hohoa.n'kan,

Amren sona sona do gon'

Ban' kana toa dare,

Santal somajren sona ka.na.n'.

Mit't.en Hud.in' Ce~r.e~ Ar Sika.ri

Mit'din sika.ri mit't.en hud.in' ce~r.e~ sap'kede. Uni ce~r.e~ do a.d.i budane tahe~kana. Khange uni ce~r.e~ do sika.ri a.d.i a~t.e sarhaokede, are metade, am do a.d.i maran' sika.ri kanam! Nonkan aema ta.rup', aema bana ar jib janwarem goc' ket'koa, nonka aemam ka.mi akada. In' ma ka.t.ic' ce~r.e~, in'ak' ojon 100 gram ho~ ban', in' jom kate cet'em cekaea? In' jom kate lac' reak' mit' kona ho~ bam bik'a. Ona bodolte ar.ak'ka.n'me.

Pea damanak' kathan' la.iama oka do amak' jionre a.d.i ja.rur.ge.

Uni do nonkan kathae ror.et' tahe~kana je sika.ri doe bula.uen. Cedak'je joto hor.ge sunum hataoko kusiak'a. Et.ak' hor. bula.ue reak' alga upa.i kana sunum. Uni doe hudiskeda, "noa do t.hikgea. Nuna.k' ka.t.ic' ce~r.e~ jom kate cet' ho~ ban' hoyok'a. Thor.an' an'jomkak'ge nui ce~r.e~ cet'e meneda. Pasec' arho~ bhage hoyok'.

Sika.ri doe an'goc'keda, ce~r.e~ doe menkeda, in' do amak' tire dur.up' kate pa.hil kathan' ror.a, dosar katha do dare d.a.r re dur.up' katen' ror.a ar tesar katha do dare laphan' d.a.r re dur.up' katen' ror.a. Ado sika.ri doe menkeda, t.hikgea.

Ce~r.e~ doe menkeda, 'tis ho~ be-sa.riak' do alom pa.tia.uk'a. Sika.ri doe menkeda, sa.ri katha kana. Sa.rige be-sa.riak' do ban' pa.tia.uk'ge bogea. Ce~r.e~ doe menkeda, ma nit do darere dec' ocoa.n'me. Dosar kathan' ror.a. Khange sika.ri doe ar.ak' kede. Dare re dec'kate ce~r.e~ doe menkeda, 'okat.ak'em at' akat' ona la.git' do alom mon dukok'a. Sika.ri menkeda, noa katha ho~ sarigea. Ente oka jinis ba.nuk'tin' ona la.git' mon dukok' do ba.r.ic'gea.

Nia. dhao ce~r.e~ do dare laphan're ud.a.u dec'ena. Sika.ri menkeda, ma nia. dhao tesar katha ror.me. Tesar katha ror. lahare ce~r.e~ doe menkeda, ona laharen' bid.a.ulege laha barea katha tina.k'em cet' akada.

Ce~r.e~ doe menkeda, in'ak' lac're 200 gram ojon reak' hira. menak'a. Ona katha an'jomkate sika.ri do a.d.ige mon dukena. Haere! Cet'in' cekakeda! Kisa.~r.ok' reak' hor nonkan' at'keda. Nonka menkate ce~r.e~ sabea mente dodone dhura.uenā. Menkhan unre ce~r.e~ do dare laphan'ie dec'ena. Adoe landawate menkeda, laharegen' menleda, be-sa.riak' katha do alom pa.tia.uk'a. In'ak' ojon do 100 gram. In'ak' hor.more cekate 200 gram ojon reak' hira. tahe~na? Oka at' sem ba.giak' ona la.git' alom mon dukok'a. Menkhan am do onkagem ka.mikeda. Ja~ha~ lekan solha kathage am la.git' a.ur.iak'gea. Ente am ho~ et.ak' hor. lekage luturte solha katham an'jomkeda. Ona khon ja~ha~n cecet'ak' bam hamet. dar.eada.

Am lekan nonkan lelha ar lalocia. hor.ge calaki ar t.hokia. hor. khonko er.e ocok' kana.

Disom reak' urgum 7-8 D.igri hoe dar.eak'a

Tehen' Sombar 5 January setak' khonge Disom reak' Rajshahi, Rangpur,Dhaka, Mymenshing ar Khulna Bibhag reak' aema jila. kore hisit.' him rear. hoe ehop' akana, setak' 6 baja oktere Rajshahi re joto khonak' latar metak'me kom urgum (tapmatra) do tahe~kana 7 d.igri.

Noa kur.ha. hoe hola Robibar Sin'ga.r. oktere Disom reak' uta.r pa.chim nakha khonak' kur.ha. dhund hoe leka bolo hec' akana,Disomren hoe dak'(Abohaowa) Ga.khur.ia. ko onmaneda je, disom reak' noa obosta do hoe dar.eak'a ar ho~ 4-5 ma~ha~ tahe~ dar.eak'a, ado disomre nonkan dosare sanam hor.ko apnar nij nij t.ha.~i kore urgum kicric' ko horok' band ear onkan urgum jaega kore taken ko pormas akana ar bahre dar.an se ka.mi okte kore sontorte taken ho~ko men sodor akada.

Mit' t'en toyo ar sim reak' katha.

Ol ton'geak'.

Khange ona atoren hor do onkako an'jomket'! khan do mit' mit'teko da.r.ket'a. Ado uni toyo do senkate ona atoren sim do cur mare laga sap'et'koa are jomet'koa. Adoe jom biyen khane calaoena. Khange onko hor ho~ arho~ko rua.r. hec'ena. Khange uni toyo do arho~ dosar hilok' do ona atotege sim jome calak' kana ; ado ene pa.hile seren'let' leakageye seren' idiyet'a. Khange ona atoren hor do arho~ko da.r.ket'a. Ado mit.'t.en bud.hi do bae da.r. dar.eat'a; adoe menket'a, in' do ohon' da.r.lea; in' doko goc' atarin'ge. Ado onka menkate uni bud.hi do bae da.r.let'a, mit'.t.en sukri ba~r.a~reye bolo okoyena. Ado uni toyo do ona atore senkate onko sim do lagae lagayet'koa se, cure mare lagayet'koa; hapr.ak'koge bachao bachaoteye laga yet'koa. Ado mit.'t.en sa.nd.i do lagae lagakedea se, ekkalte uni bud.hiye oko akan t.hengeye laga idi got'kedeaa. Ado uni sim doe parom got'ena. Ado uni toyo do uni bud.hiye n'el n'am got'kedeaa. Ado uni toyo do bud.hiye metae kana, Ma bud.hi, sim sap'a.n'me; Ban'khan do na~ha~k' dat.amelan' kot.ec' n'urtama. Ado uni bud.hi doe menet'a, Ma, amte bar.e sap' jonime; in' do ohon' sap' dar.elekoa. Khange ado bae rebenlen khan, ac'tegeye laga sap'ket'koteye jom biyena. Ado uni bud.hi t.hene calaoena, ac'ge metae kana, E bud.hi, sim bam sap' akawa.din'a; nitok' dolan' n'am akat'mea. E bud.hi, mase menme – Toyo! Ado uni bud.hi ho~e menket'a, Toyo! Khange gurgute joto dat.ae kotec' n'urket'taea. Ado arho~e metae kana, E bud.hi, mase menme, – Toyo! Ado uni bud.hi Toyo menae menlet'a, ado dat.ae n'urket'taete toyo do bae pust.a.ulet'a ; adoe men got'ket'a, Hoyo! Ado onka bae pust.a.ulet' khan, uni toyo do a.diye ra.ska.yena. Arho~e

metae kana, Mase bud.hi, toyo menme. Ac'ge menket'a, Hoyo! Ado uni toyo do landa landatege oka sen coe

calaoen. Ado a.yup'en khange onko da.r.let' hor. doko rua.r.hec'ena. Ado unre onko hor. uni bud.hiye la.iako kana, Jojom Tur.uk na.hiko cha.i kana, hoyo kor.a kanae! Sanam sime jomet'ko do bani? In' ho~ sim sasap'e metadin'a; ado ba.n'sap'adete no~ko~e n'elpe, joto d.at.ae kotec' n'ur akat'tin'a. Khange ado sanam hor.ko menket'a, Gapa do babon da.r.a, or.ak'regebo sin' pot.om hatar.kok'a, adobo dal gojea. Ado mit' hor.e menket'a, Ban'a, onkate do ohobon goc' dar.elea. In'in' metabon kana, nui bud.hi leakage mit.'t.en sitet'ren hor.bo benaoea. Ado hana kulhi muca.t'rebo idikaea, ar end.e durup'kate ti dobo lap lapakataea; ado na~ha~k' uni bud.hiye ruhiedea, ado unregebo sontor godok'a. Ado sanam hor.ko menket'a, Ban'a, t.hikgem menket'tabona ; mabon onkaegea. Ado sa.ri sanam hor. t.henak' sita.t'ko jaoraket'a, ado ona n'inda. bhita.rtegeko benao got'kedeaa. Ado setak' khange kulhi muca.t.'teko idikadea, ar ako do ka.piko, ak' sarko, t.en'goc'ko, t.hen'gako, onka apan a.pinko ha.t.hia.u akawana; ado onka sontorge menak'koa.

– Santal Folk Tales reak'' Vol-1 khon tuma.lakana. Ol ton'gek'a.

Na~wa~ Serma-2026

Tehen' do 2026 serma, Calaoena 2025 onare abo sanamko mit' sermaaema lekan ka.mi ka jar a.ujha.r. ko talate jion bon khemao akada, adom kodo a.d.i ra.ska. adom kodo duk talate enreho~ sisirja.uic' BABA do aboko sanamak' koteye kula.u ant.ao let' bona, Onate aboren Sisirja.uic' BABA aema aema manot sarhao ar johar bon emaea, Ar nia. serma la.git' ar ho~

neho~r aroj saman'aea jemon do nes ho~ got,a serma suluk nira,ite abo sanam koe dohobon ar jotowak'te kula,u ant,aoe dohobonar sanam lekan duk muhim muskil ko khon ad, are rukhiabon. Santalstimes ren sanam ra,sia, pat,hua,ko la,git'tahen kana 2026 NA~WA~ SERMA reak' JOHAR.

Rajshahire serma reak sanam khon kom hoe lolo 8.4 Degree

Rajshahi reak Hisit hoe a,pis sosolhaic Rajib khan tehen setak_6 baja re noa hoe lolo obosta reak son' hoe akana, Mon'gol hilok ayup khonge him raban' do a,di a~t ba,rti idikate hoe lolo do ekal latar akana. Hist hoe(Abohaowa) a,pise meneda uta,r reak noa rear hoe do nit khon arho~ thora din tahena.

Calaoen pe din khon Rajshahi ar noa tothare sin cando reak napam do ekalte ban' hoyok kana, ren'gec ore car nacar kodo noa tharthraok kan rearre a,di harinre menakkoa, busup ar emanteak ja,bra ko jeret jol kate ja~ha~lekate akoak hormoko urgumet takoa.

Raban' reak noa dba,rtik sa~o sa~ote rear reak aema lekanak ajar/ rua, ko ho~ nelok kana, bises kore ka,tic gidra, ar murubbi se haram budhi horko jemon Niumonia,Sahe~t reak muskil(Asthma) eman rua, ko a,di ba,rti hoyok kana, Nia, oktere Rajshahi Medical College Haspatalre rugi reak cap etak din ko khon a,di ba,rti bhir akana.

-Daily Ittefak 31.12.2025