Ti Saphawak´ (Hand Sanitizer)

Am do˽ ce˽t´e˽m bad˙aea te˽he˽n´ khon 54 se˽rma laha khonge Hand Sanitizer (Ti Saphak´ ak´) be˽bo˽har he˽c´ hijuk´ kana! Tahle˽ bujha˙ue˽t´abon 54 se˽rma lahare˽ be˽nao˽ hoele˽na Ti Saphak´ ak´ do˽. Pa˙hil o˽ko˽e˽t˙ak´ no˽aye˽ be˽nao˽le˽t´ uni do˽ Amerika diso˽m re˽´ak´ California bekarsflied nagraha ren Lupe Harnandaj. O˽kte˽ do˽ tahe˜kana 1966. Harnandaj do˽ Nurse class ren par˙hao˽k´ kur˙iye˽ tahe˜kana. Rua˙k´ rugiko t˙he˽n calak´ lahare˽ doctor ar nurse kodo˽ jao˽ge sa˙bun te˽ ti a˙rubo˽k´ hoyok´ kan tahe˜kana. O˽nate uniye hudiske˽da, ce˽t´ le˽kate˽ se˽ ce˽t´ be˽nao˽le˽re˽ dak´ ar sa˙bun re˽ak´ ja˙rur˙ do˽ ban˙ hoyok´a. O˽kte˽ na˙pitre dak´ ar sa˙bun ban˙ n´am le˽nre je˽mo˽n o˽nako be˽bo˽har dar˙eak´.

Lupe Harnandajak bo˽ho˽k´re no˽a hudis do˽ a˙d˙ige a˙cur bar˙ae kan tahe˜kana. A˙d˙iye˽ kurumut˙uke˽da be˽nao˽ la˙git´, dak´ ar sa˙bun ban˙ kate˽ ho˜ jiba˙nu-tejoko je˽mo˽n ko gujuk´. A˙d˙i din ar aema dhao˽ bid˙a˙u bid˙a˙u mit´t˙e˽n ge˽˽˽l e be˽nao˽ ke˽da, o˽ne o˽ka do˽ alcohol salak´ge. Be˽nao˽ tayo˽m o˽na gel do˽ ac´ge pa˙hile˽ be˽bo˽har ke˽t´a ac´ak´ tire e˽nte˽ tejokoko gujuk´ kana se˽ ban˙!

Unre˽ye˽ be˽nao˽le˽t´ tire lagao˽ la˙git´ no˽a do˽ nito˽k´ dha˙rtire˽n manwa ko t˙hen a˙d˙ige damanak´ hoe akana. Ti sapha ak´ be˽bo˽har kate˽ sa˙rige jiba˙nuko gujuk´ kana ar dak´ re˽ak´ ho˜ ja˙rur˙ do˽ ban˙ lagao˽k´ kana. De˽labon bo˽eha ar mise˽rako Ko˽ro˽na virus khon ban´cao˽k´ la˙git´ abokoak´ tire jao˽ o˽kte˽re˽ ti sapha ak´bon (Hand sanitizer) be˽bo˽har.

Source:

1. Internet

2. Roddur, 16-29 February, 2020

Mit´ Dinre KO̱RO̱NA Te̱ko Go̱c´ena 31 Ho̱r̤ Arko Ja̤bune̱na 1476 Ho̱r̤

Ban̈gladiso̱m re̱ 24 gho̱nt̤are KO̱RO̱NA ajar te̱ko ja̤bune̱na 1476 ho̱r̤, ar mit´ din re̱ ko go̱c´e̱na 31 ho̱r̤. IECDR reak´ hisa̤bte ajar re̱ko par̤ao̱e̱n ho̱r̤ak´ le̱kha do̱ hoena 3 lakh 37 hajar 520 ho̱r̤ arko go̱c´e̱na 4 hajar 733 hor̤.

24 gho̱nt̤a re̱ko bogeye̱na 2 hajar 372 ho̱r̤. O̱nko se̱le̱t´ mot̤ ko̱ro̱na ajar khon boge akanko doko hoyena 2 lakh 40 hajar 643 ho̱r̤. Te̱he̱n´ diso̱m so̱mbat bulet̤in re̱ no̱̱a katha ko so̱do̱r keda Sastho Odhidoptor.

Ban̈gladiso̱m re 8 March pa̤hil KO̱RO̱NA ajarte par̤awakan ho̱r̤ ko n̈am ledeya.O̱na 10 din taeno̱m 18 March pa̤hil KO̱RO̱NA ajarte ho̱r̤e goc´lena.

Johns Hopkins university ak´ mente KO̱RO̱NA ajarte̱ ja̤bunen hor̤ koak´ le̱khate ban̈gladiso̱m reak´ Nombor do̱(obosthan) hoyok´ kana 15 (gel mo̱r̤e) ar ja̤bunen ho̱r̤koak´ gujuk´ re̱do̱ 29 no̱mbo̱r.

Te_he_n´ khon ud.a.uk´ jahaj re_ak´ jo_to_ dur.up´ak´ (site) re ho_r.ko dur.up´ dar.e_ak´a

Te_he_n´ Robibar kho_c´ ud.a.uk´ jahajre jo_to_ dur.up´ak´re ho_r. dur.up´ kate_ ud.a.uk´ ga.d.i ko calao_ dar.eak´a ud.a.uk´ jahaj ga˜o_ta ko. Me_nkhan saman˙re ar taeno_mre bare_a kate_ mot. 4 dur.up´ak´ do_ phaka do_ho_e lagao_k´a.

Jahan ho_r. ho_r.mo_ mo_n´j bae a.ika.u le_khan se_ rua.-hasoe at.kar le_khan je_mo_ne dur.up´ dar.eak´ no_nka ko hudis akada Besamorik Biman Colacol Kortripokkha(Be.Bi.Co.Ko).

Sunicar hilo_k´ ud.a.uk´ jahaj ga˜o_ta ko no_a hukum ko e_mat´ koa besamoric biman colacol kortripokkho.

Holano_k´ US Bangla ud.a.uk´ jahaj ga˜o_ta re moha bebosthapok Md. Kamrul Islame me_ne_da,gapa khon jo_to_ dur.up´ak´ re ho_r. dur.up´ kate ud.a.uk´ jahaj calao_ la.git´ hukumle n´amke_da.me_nkhan saman˙re ar taeno_mre 4 go_t.e_n dur.up´ak´ do_ phaka do_ho_ kak´ lagao_ale_a.

Biman Bangladesh Airlines ren maran˙ mit´ ka.mia. Dhaka Times kho_bo_r sakam re no_a kho_bo_r re_ak´ sa.riak´ te_t´e_ la.i sad.e ke_da.KO_RO_NA ajar ia.te 21 march khon dis_m re_ak´ jo_to_ le_kan ud.a.uk´ jahaj bond ge tahe˜kana.Me_nkhan niro_po_n ho_r.mo_ a.n manao_ kate_ diso_m bhitrire_ ud.a.uk´ jahaj calao_ la.git´ char.(permission) ko n´am le_da ud.a.uk´ jahaj calao_ ga˜o_ta ko.ar June go_t.a dha.rti re ud.a.uk´ jahaj calak´-hijuk´ la.git´ char.e_ (permission) e_mle_na so_rkar.

Kajak dak´te hasa da̱sur̤e̱nte̱ sona kha˜dre 50 ho̱r̤ko go̱c´ena.

Kon̤go reak´ mit´t̤e̱n sona kha˜dre hasa da̤sur̤e̱nte̱ 50 go̱t̤e̱n ho̱r̤ko go̱c´e̱na me̱nte̱ ko hudise̱da o̱na diso̱m ren calao̱ banao̱ko.a̤d̤i kajak se̱rma dak´ ia̤te kivu Pradesh reak´ Kami tuga nagrahare̱ mit´t̤e̱n so̱na kha˜dre hasa da̤sao̱e̱na.O̱nate̱ 50 go̱t̤e̱n ho̱r̤ be̱nd̤ao̱en re̱ak´ kho̱bo̱r do̱ko la̤ieda o̱na diso̱mren A̤k´yurko.Go̱c´e̱n ho̱r̤ko modre d̤he̱rge jua̤n ho̱r̤ko tahe˜kana.

Bad̤ae̱na,bar-pe̱ din khon o̱na t̤o̱t̤hare a̤d̤i kajake̱ dak´e̱t´ tahe˜kana.O̱na ia̤te̱ no̱a gho̱t̤na do̱ gho̱t̤ao̱ena me̱nte̱ ko hudiseda a̤kilan ko.

Kamituga ren mayor alexandr eBundyai me̱ne̱da,so̱ko̱l hilo̱k´ 3 baja o̱kte̱ kha˜d reak´ bhit ra̤put´ kate̱ dak´ bo̱lo̱k´ e̱ho̱p´lena bhitri se̱c´.O̱nd̤e̱ 50 go̱t̤e̱n ho̱r̤ko ka̤mie̱t´ tahe˜kana.Ale̱ren **Rurukhia̱** ka̤mia̤ko se̱nkate̱ akoak´ ka̤mi ko e̱ho̱p´ akada.

O̱nd̤enko **A̤k´yuric´ak´** me̱nlekate 50 go̱t̤e̱n ho̱r̤ko go̱c´e̱na.Ma̤r̤i rakap´ la̤git´ ko kurumut̤ueda **Rurukhia̱** Ka̤mia̤ko.

Source -aljazeera

Ind̤ia re mit´ din re KO̱RO̱NA ajar te̱ko ja̤bunena 97 hajar ho̱r̤

Mit´ dinre Ind̤ia re amdaj mit´ lakh ho̱r̤ ko ja̤bunena KO̱RO̱NA ajarte Por por 3 dinte 95 hajar cetan ho̱r̤ko ja̤bunena Ind̤iare. Ind̤ia reak´ kendrio sastho montronaloe bad̤ae ocoena ,24 gho̱nt̤are o̱na diso̱m re 97 hajar cetan ho̱r̤ ko ja̤bune̱na KO̱RO̱NA ajarte.

KO̱̱RO̱̱NA ajar (ho̱r̤ko lekha) babot dha̤rt ijakat gã̤ota (World Meter) ak´ la̤i lekate,Ind̤iare nit ha̤bic´ ja̤bun akan ho̱r̤ koak´ mot̤ lekha do̱ hoyok´ kana 47 lakh 51 hajar 788 ho̱r̤. Me̱nkhan diso̱m re̱ak´ kendrio sastho montronaloe me̱ne̱da, ja̤bun akan 77.77% ho̱r̤ge̱ko bo̱geakana.

source-*Hindustantimes.*

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7 Goal reak´ jo̱mkao khila̤d̤ reko dar̤eyena Liverpool

16 Serma tayom Premier league haparao̱ re rua̤r̤ kate anfild re liverpoll sã̤o̱te a̤d̤i jo̱mkao̱ ar kajak khila̤d̤ ko uduk´ keda leeds united.

Hola n´inda̤ 4-3 goal te jita̤u kate haparao̱ ko e̱ho̱p´keda Liverpool. 5 go̱t̤e̱n goal ge pa̤hil adha re hoele̱na. Mo̱hammad salah ak´ 3 goal re barea do̱ penalty khon ar mit´t̤en do̱e goal le̱da Virjil Van Dijk.

Khila.d. reak´ e_to_ho_p´ khonge a.d.i jhuka.r. te khila.d. ko e_ho_p´ le_da calae_n se_rma ren champion Liverpool.Me_nkhan Leeds united ho˜ so_man te_ko la.r.ha.ie_na khila.d.re.

Sikna.t babot hao_lat e_mok´ la.git´e hudise_da So_rkar

Dr. Dipu Monie meneda o_lo_k´ par.hak´ gidra.ko la.git´ sikna.t babo_t hao_lat e_mo_k´ le hudise_da.Sa.nicar hilo_k´ (12 septembor) d.haka chambers of commerce and industry ak´ sapr.ao_te “KORONA O_kte int.ernet. kho_n arjao_” babo_t o_nline gapalmarao_ ar no_a kathae ro_r. sad.e_ ke_da sikna.t montri.

Dr. Dipu Monie meneda,o_lo_k´ par.haok´ gidra. ko je_mo_n algate akoak´ o_lo_k´ par.haok´ calao_ idi dar.eak´ o_na la.git´ hao_lat e_mo_k´ la.git´ Jatio_ San˙sad ren´ ro_r. rakap´ le_da.Maran˙ montri no_a babo_te he˜k´ada.O_nate nito_k´ do_ sikna.t hao_lat babo_t le hudise_da.Sikna.t gidra. ko je_mo_n ja.rur.ok´ak´ gor.ole emako ar akoak´ tina.k´ ja.rur. o_nale me_t.ao_ dar.eak´.No_ako la.git´ ka.mile e_to_ho_p´ akada.No_a o_nline akhr.are aema maran˙ ar a.kilan koko tahe˜kana.

Ban̈gladiso̱m reak´ ar̤ak´ sakamko

Ban̈gladiso̱m do̱ hoyok´ kana dare na̤r̤ite sajao̱ akan a̤d̤i ha̤ria̤r̤ diso̱m. A̤d̤i ja̤sti ge ar̤ak´ sakam se jo̱ak´ko cas-bas la̤git´ mo̱n´j diso̱m kana. Ban̈gladisom redo̱ o̱ko̱eko ar̤ak´ sakamko cas-baseda; onko do̱ a̤d̤itet´ a̤d̤i tho̱r̤a sahar(guric´) ko lar̤car̤eda. Casako do̱ ho̱r̤mo reak´ jahan muskilanak´ alo hoyok´ la̤git´ a̤d̤itet´ a̤d̤i tho̱r̤a guric´, to̱ro̱c´ko lar̤car̤eda. Nebetarak´ jug redo̱ jo̱to̱ o̱ktege ar̤ak´ sakam ar jo̱ jinis ho˜ n´amo̱k´ kana. Noa o̱kte re ar̤ak´ sakam ar jo̱ jinis ko cas-bas do̱ a̤d̤i bogea. O̱nkate cacas koak´ a̤d̤i bha̤la̤i hoyok´ te diso̱m reak´ ka̤ud̤initi se sa˜ota(somaj) reak´ a̤d̤i maran̈ upka̤r̤ hoe kok´a. Dela bon bad̤ae lege nia̤ko di˜nre cet´ ko cas-bas ho̱e dar̤ekok´a;

1. Nimu se Lebu; Ban̈gladiso̱m re saitric acid do a̤d̤i ja̤rur̤ak´ kangea. No̱a Nimu se lebu jo̱ do̱ go̱t̤a se̱rma ge aema lekan la̤t̤u, ka̤t̤ic´ jo̱ ar a̤d̤i a˜t̤ge n´amo̱k´a. Ban̈gladiso̱m redo̱ pe lekan nimu se lebu menak´a. Jo̱ reak´ n´utum do̱ nonka leka mit´ n´utum Ko̱lo̱mbo̱, do̱sar n´utum Kagji ar te̱sar do̱ Batabi. No̱ako modre jo̱to̱ do̱ mo̱n´j sapha so ar n´elo̱k´ teho˜ a̤d̤i so̱ro̱s. Nimu se Lebu do̱ n´elo̱k´te a̤d̤i hud̤in´ uta̤r̤, menkhan no̱a reak´ gun do̱ a̤d̤itet´ a̤d̤ige so̱ro̱sa.

O̱nate delabon no̱a korona bhaeras o̱kte re a̤d̤i ba̤r̤ti Nimu se Lebu reak´ rasa lo̱lo̱ dak´ so̱n̈ge mesao̱ katet´ bon n´ua. Entet´ no̱a teho˜ a̤d̤i aema ho̱r̤mo̱ la̤git´ upka̤r̤ bon n´ama. Nimu se Lebu do̱ go̱t̤a sermage jok´te jo̱to̱ o̱kte bon ro̱ho̱e dar̤eak´a. Delabon aboak´ o̱r̤ak´ ad̤e pase re menak´ jaega/t̤ha̤i re ro̱ho̱e tabon pe ar gharon´j reak´ ja̤rur̤ok´ak´ bon met̤ao̱ tabon ma.

2. Bele ar Berel Kaera; Diso̱m re aema lekan jo̱ modre Kaera

ho˜ maran˙ ja.rur.a jo˛to˛ gharo˛n´j la.git´ge. Go˛t.a serma ge no˛a kaera do˛ n´amo˛k´a bele ar berel. No˛a kaera do˛ n´elo˛k´te berel redo˛ ha.ria.r.ge, ar mit´ lekanak´ kaera do˛ ha.ria.r.ge n´elo˛k´ reho˜ belegea. Leher t.a.nd.ite lekan rua. n´am lemkhan do˛ ha.ria.r. kaera utu kate jo˛m lekhan leher t.a.nd.ite do˛ ket.ejo˛k´te ho˛r.mo˛ la.git´ a.d.i boge hoyok´a.

3. Karla; No˛a karla do˛ utu jo˛m la.git´ a.d.i boge. A.d.i ba.r.ti sebel se ho˛r.mo˛ la.git´ mo˛n´j gea seton˙ din re. Aema ho˛r. do˛ ha.r.hat´ gete bako jo˛ma, menkhan ho˛r.mo la.git´ do˛ a.d.i bha.la.i anak´ kan gea.

No˛a karla jo˛ ho˜ go˛t.a serma ge hoyok´ kana. O˛ante delabon apnarak´ o˛r.ak´ ad.epase re menak´ phaka jaega re ro˛ho˛e tabonpe, ar gharon´j re ja.rur. lekate kho˛jo˛k´ak´ bon met.ao˛ dar.eak´a a.d.i algate ge.

4. Ma.ric; Ha.ria.r. ma.ric, goal ma.ric, uduk´ ma.ric, caole ma.ric lekan aema ja.t reak´ ge menak´a. No˛ako ma.ric ho˜ do˛ go˛t.a sermage jo˛k´ kana. Apnarak´ gharon´j re ja.rur. leka no˛a ha.ria.r. ma.ric do˛ o˛r.ak´ ad.epase regebon cas-bas dar.eak´a a.d.i algatege.

Ma.ric do˛ gharon´j la.git´ dina.m din a.d.i ja.rur.a utue la.git´. O˛nate hat.ia. se bajar khon kirin´ ban˙ kate a.d.i algatege o˛r.ak´ ad.epasere rohoe tahelen khan bon jo˛m dar.eak´a.

5. **Pa.piya(Pa.pita);** Ar.ak´ sakam ko modre pa.piya. do˛ a.d.i maran˙ak´ kana; Mano˛tan gon˙ke koko men akada, pa.piya. utu, berel se bele kate jo˛m reak´ do˛ a.d.i aema mon´j gun menak´a. Pa.piya. cas-bas la.git´ ho˜ a.d.i aema jaega do˛ ban˙ ja.rur.a. O˛r.ak´ reak´ a.d.epase rege a.d.itet´ a.d.i algatedo˛ pa.piya. reak´ jo˛ bon n´am dar.eak´a. No˛a redo˛ a.d.i a˜t. vitamin ar pusti do˛ menak´a. Go˛t.a sermage pa.piya. do˛ jo˛ belek´´a. O˛nate delabon o˛r.ak´ ad.epasere phaka jaega ko menak´ khan kha.li

ban̓ do̱ho̱ kate mit´ bar dare bon rohoe jon̓ma, ar go̱t̤a serma bon jo̱m dar̤eak´a.

6. Malhan; Mit´ bar ho̱r̤ do̱ a̤d̤iko kusiak´a ar̤ak´ sakam utu jo̱m. Malhan re menak´a phaibar ar vitamin. Na˜wa˜ ha̤ria̤r̤ malhan redo̱ kelori a̤d̤i tho̱r̤a tahena. Berelak´ malhan redo̱ 100 gm re 31 kiloke̱lori ar no̱a re do̱ jahan shacureted fat do̱ ban̓ tahena; Et̤ak´ ar̤ak´ sakam lekage no̱a malhan ho˜ a̤d̤i algate o̱r̤ak´ ad̤epase rebon rohoe dar̤eak´a. No̱a do̱ a̤d̤i mo̱n´j hoyok´a September cando khon January ha̤bic´.

7. Kumd̤ha̤ Ja̤li: No̱a ja̤il do̱ a̤d̤i a˜t̤ jo̱k´a ato o̱r̤ak´ kore do̱. Santal koak´ o̱r̤ak´ do̱ ba̤r̤ti kaete busup´ cal. Ar o̱nate santal koak´ ato kore jo̱to̱ o̱r̤ak´ cal rege bon n´el n´ama. Aema ho̱r̤ do̱ ja̤li regeko utu jo̱ma ar adom do̱ko do̱ho̱ kak´a a̤d̤i jo̱to̱n kate tayo̱m daram so̱mo̱e re jo̱m la̤git´. Ha̤ria̤r̤ kumd̤ha̤ ja̤li do̱ ba̤r̤ti kaete april khon October cando re ba̤r̤tige n´amo̱k´a. O̱nate delabon apnarak´ o̱rak´ cal se kud̤a̤m kore ro̱ho̱ete mo̱n´j ja̤li bon n´am ar bur̤i ho˜bon benao̱ dar̤eak´a.

8. Sa̤pa̤ri(sa̤pr̤i); Nahak´ jug re a̤d̤itet´ a̤d̤i a˜t̤ hor̤ko kusianak´ jo̱ ho̱e akana no̱a sa̤pa̤ri jo̱. Entet´ aema khe̱t bar̤gere no̱a sa̤pa̤ri jo̱ la̤git´ ko cas-baseda. Jo̱m la̤git´ ho˜ a̤d̤itet´ a̤d̤i sebel jo kana no̱a do̱.

Sa̤pa̤ri jo̱ jo̱m reak´ do̱ aema bhage gunko menak´a. A̤d̤i ba̤r̤ti se mo̱n´j gun do̱ hoyok´ kana no̱a jo̱m lekhan vitamin ma menak´ ge, o̱na chad̤a ho˜ cancer lekan maran̓ botoranak´ ro̱g khon ho˜ sahar̤akae bon tahe dar̤eak´a. Sa̤pa̤ri do̱ July cando khon eho̱p´ kate O̱ctober cando ha̤bic´ te a̤d̤i a˜t̤ n´amo̱k´ kana hat̤ia̤ bajar kore.

9. Bele Mandargom; No̱a jo̱ do̱ ka̤t̤ic´ gidra̤ o̱ktere a̤d̤i aema do̱bon jo̱m akada. Ato o̱r̤ak´ren ho̱r̤ do̱ bego̱r kirin´ tegeko jo̱m akada, entet´ a̤d̤i aema daredo̱

tahe˜kana o˽r˙ak´ kud˙a˙m sate kore se bar˙ge reho˜. So˽ho˽r bajar re tahen kan ho˽r˙ko do˽ ko kirin´ kateno˽a jo˽ do˽ jo˽m hoe akan takoa. Mandargo˽m do˽ a˙d˙i her˙em ar a˙d˙itet´ a˙d˙i mo˽n´j so˽ do˽ menak´a. Bele Mandargo˽m do˽ n´amo˽k´a September khon October ha˙bic´.

10. Gajor: Dina˙m din setak´ tikin se a˙yup´ reak´ jo˽m o˽kte re gajor do˽ jo˽mo˽k´a bin muskil. Ho˽rmo˽ la˙git´ do˽ a˙d˙i upka˙r gea mente do˽cto˽r do˽ko ror˙ sad˙e akada. Et˙ak´ jo˽ jinis se sa˙bji ko lekage no˽a gajor ho˜bo cas-bas dar˙eak´a o˽r˙ak´ ad˙epase kore.

100 gm Gajor khon 41 kelori ho˽r˙mo reak´ dar˙e anak´ jomak´ n´amo˽k´a. Ar a˙d˙i ba˙r˙ti menak´a anti-oksident, vitamin selet´ dayetari phaibar. Gajor do˽ n´amo˽k´a September khon January ha˙bic´

11. Jhin˙ga˙; Hako so˽n˙ge jhin˙ga˙ utu do˽ a˙d˙i tet´ a˙d˙i sebela. Jhin˙ga˙ reak´ ron˙ do˽ ha˙ria˙r˙gea ar 20-30 sent˙imit˙ar jelen´. A˙d˙i tho˽r˙a kelori sa˙bji kana. Menkhan no˽a sa˙bji re menak´a vitamin selet´ phaibar. Jhin˙ga˙ do˽ n´amo˽k´a March cando khon O˽ctober cando ha˙bic´.

12. Rampot˙ol: Daka jo˽m la˙git´ a˙d˙i alga gea utu la˙git´ do˽. Entet´ rampot˙ol do˽ nuna˙k´ len´jera je, daka so˽n˙ge sipi mesal kate mo˽ca re bo˽lo˽ lekhange ac´te bhitri sec´ calak´a.

Rampot˙ol do˽ aema lekate jo˽mo˽k´a; utu katet´, bha˙ji katet´ ar ho˜ sipi katet´. Rampot˙ol reak´ ron˙ ho˜ ha˙ria˙r˙ gea ar no˽a do˽ 10-15 sent˙imitar jelen´a. Rampot˙ol do˽ hat˙ia˙ bajar kore n´amo˽k´a June cando khon January cando ha˙bic´. Rampot˙ol cas-bas la˙git´ ho˜ bon lar˙car˙ dar˙eak´a aboak´ o˽r˙ak´ kud˙a˙m bar˙ge kore.

13. Ben˙gar˙: Jo˽to˽ ho˽r˙ bon bad˙aea je; ben˙gar˙ do˽ jo˽to˽ re mesal jutuk´ mit´t˙en ututeak´ kana. Ben˙gar ˙do˽ bar lekan ron˙ menak´a; mit´ do˽ ha˙ria˙r˙ ar do˽sar do˽

beguni. Ben˙gar. ho˜ 10-15 sent.imit.ar jelen´ ar 3 diameter o˜sar.

Ben˙gar. jo˜ ho˜ et.ak´ sa.bji lekage go˜t.a serma do˜ n´amo˜k´ kana.

14. **Ho˜to˜t´**; Rear. din do˜ a.d.i tet´ a.d.i a˜t.ge ho˜to˜t´ do˜ jo˜k´a. No˜a re do˜ itil a.d.i tho˜r.a menak´a, menkhan vitamin do˜ a.d.i aema. No˜a reak´ ron˙ ho˜ ha.ria.r. gea ar jo˜ do˜ 800-1500 gm. 25 -35 sent.imit.ar jelen´ ar 20-30 sent.imit.ar osara.

Hotot´ ho˜ aema lekate utuk´a ar aema lekan uture mesalok´a. Hotot´ reak´ na.r.i sakam ho˜ a.d.i sebela. Et.ak´ sa.bji lekage hotot´ ho˜ hat.ia. bajarre n´amo˜k´a April cando khon January cando ha.bic´.

´15. **Kond.ha**: A.d.i sorosak´ sa.bji kan gea kond.ha ho˜. Ro˜r. landa re santal ho˜r.ko ko mena je; kond.ha utu jo˜m kate in´ mond.ha go˜do˜k´a. No˜a kond.ha redo˜ a.d.i a˜t. anti-oxdent ar vitamin te perec´ menak´a. Kond.ha ho˜ aema lekate utuk´a. Kond.ha reak´ na.r.i ar sakam do˜ utu jo˜m la.git´ a.d.itet´ a.d.i sebil ututeak´ kana.

Et.ak´ sa.bji lekage kond.ha ho˜ hat.ia. bajar re n´amo˜k´a go˜t.a sermage. Ato o˜r.ak´ redo˜ bele kond.ha ko do˜ho˜ete ba.rs.a din kore a.d.i sebelanak´´ utu teak´ge hoyok´ kana.

Tehen´ Ban˙gladiso˜˜m re˜ KO˜RO˜NA Ajar Te˜ko Go˜c´ena

34 Ho˽r˽ Arko Ja˽bunena 1282 Ho˽r˽

Ban˙gladiso˽m re˽ 24 gho˽nt˽are KO˽RO˽NA ajar te˽ko ja˽bunena 1282 hor˽, ar mit´ din re˽ ko go˽c´ena 34 ho˽r˽. IECDR reak´ hisa˽bte ajar reko par˽ao˽e˽n ho˽r˽ak´´ le˽˽kha do˽ hoena 3 lakh 36 hajar 44 ho˽r˽ arko go˽c´en koak´ lekha do˽ 4 hajar 702 ho˽r˽.

24 gho˽nt˽are ko bogeyena 2 hajar 247 ho˽r˽.

O˽nko se˽le˽t´ mot˽ ko˽ro˽na ajar khon bogeakan kodo˽ ko hoyena 2 lakh 38 hajar 271 ho˽r˽.

Tehen´ diso˽m so˽mbat bulet˽in re˽ no˽a katha ko so˽do˽rkeda Sastho˽ O˽dhido˽pto˽r.

Hana purienae Game of thrones ren obhinetri Diana Rigg

“Game Of Thrones” re **olena tyrell** n´utumteye obhinoile˽t´ ar a˽d˽i namd˽ak obhine˽tri Daina rigg 82 se˽rma ume˽r rey hana puriye˽na.

10 se˽pt˽embo˽r se˽tak´ be˽la cancer ajarte˽ ac´ak´ o˽r˽ak´ rege khan´ca khon jiwi miru do˽e pharkao˽enataya. England ren nui o˽bhine˽tri do˽ d˽her namd˽ak do˽ hoelen taya 1960 se˽rma sec´re “the Avengers” tv nat˽o˽k re o˽bhinoe kate.o˽na chad˽a “Bond Girl” hisa˽bteho˜ o˽pro˽m do˽ menak´ taya. E˽nte“James bond” cinema re˽ o˽bhino˽e kate ho˜ a˽d˽i n´utume hame˽t˽ le˽da.

March candore cancer ajar n´am khon ac´ren o̱r̤ak´ ho̱r̤ sa˜o̱te geye tahe˜kana.

-source Dhaka tribune