

Ivory Coast re So_ntonri (Military) Uda_uk' Gadi (Helicopter) Bina_ste Mo~re~ (5) hor_ko Gurena

Ivory Coast reak' ut_ar nakha t_othare mit't_en so_ntonri
(Military) ud_a_uk' ga_d_i (Helicopter) do_bina_sena. Ar
noa kha_tir Mo~re~ hor_ko gurena. Burkina Faso ar_e t_hen
noa Helicopter do_bina_s akana. Ar e_kkalte noare tina_k'
hor_ko tahe~kan sanam hor_ko gurena.

Ivory Coast reak' Protirokha Montronaloy mit' biboronte
bad_ae ocokeda, Uda_uk' ga_d_i do_ona t_othare pahra
la_git' Mission rey selet'lena. Cedak' noa a~or_e ga~or_e~
hoyena nit' ha_bic' ona do_ban' sapha akana. Mit'
biboronte bad_ae oco akana, a~or_e ga~or_e~ reak' karontet'
ko sendaet' kana. Ivory coast sa~o Burkina Faso o_t' sima_na
tahe~ kha_tirte ond_e do_uchur koak' dhawa do_a_d_i a~t.
d_her akana.

Calaoen serma Burkina Faso re be_s bar-pe dhao gujuk' lekan
dhawa ko calao akada Al Kayedar sa~o jopor_ao jon'igiko. Ona
tayom kho_nge disa_m do_berukhia_ reak' khand re pura_u
akana.

Source: Korotoa

17 Cando Tayom Jhicyena Iskul

Ko_ro_na ma~ha~ma_ri kha_tir calaoen serma reak' 17 March

khonak' disa_m reak' jo_to_ Skul college do_bond tahe~kana. Me_nkhan 17 cando tayom tehen' kho_n Skul- College reak' dua_r jhic' akana. Skul- College calak' la_git' sanam pa.t.hua.gidra.ko ta.n'igi se_koyok' horreko tahe~kana. Una_k' din kho_n uiha_r ar ta.n'igire tahe~kanak' do_tehen' suma_r akana.

Tehen' kho_n Disa_m reak' Primary, Secondary ar High Skul a~t_re menak' sikhna.t ga~ota kore jo_to_ lekanak' hor.mo ha.t.in' reak' a_nko manao salak' kelas do_eho_p' akana. Onate a.d.i ra.ska. ko a.ika.uet' kana pa.t.hua.gaidra.ko. E_nte tehen' do_mimit' gate ko sa~o n'apam n'epel do_hoyok' kantakoa.

Me_nkhan jo_to_ pa.t.ha.u gidra.ko mask ho_ro_k' kate ar Mahasoe koak' batlao lekate kelasteko bo_lo_yena.

Source: Bangladesh-protidin

Migrain (Bo_ho_k' haso) Hoelen Khan Cet' Cet' Ko Cekae Hoyok'a

Migrain bo_ho_k' haso babotre sontor tahe~n reak' hapta 2021 n'utumte SKF bo_no_do_bo_s akan bises akhr.a 'Bo_ho_k' la_git' Bo_ho_k' Haso' reak' mo~r.e~ak' porbo rean' bisoi tahe~kana Migraine reak' cikit'sa ar ona kho_n ban'cao n'am. Un hilok' per.a hisabte set_ere tahe~kana National Institute Of Neuroscience And Hospital reak' Neurology bibhag ren sa~oten professor Dr. Abu Nayim. Noa akhr.a do_e a.yurleda Sushmita Shruti Chowdhury.

Aema lekan Bo_ho_k' Haso:

Dr. Abu Nayim do_e bad_ae ocokeda, Me~t' cetan khon da_bic' noa bhag do_ bo_ho_k' kana. Ar bo_ho_k' tahe~len khon bo_ho_k' haso do_ tahe~ngea. Me_nkhan ja~ha~tin ja~ha~tinre nia bo_ho_k' haso kho_nge me~t', lutur ar sinus reak' muskil hoe dar_eak'a. Pa_hil porjai reak' bo_ho_k' haso re ja~ha~n karontet'ge ban' sendra n'amok'a. Ar 95 percent bo_ho_k' hasoge nonkanak' bo_ho_k' haso kana. Ar 2-5 percent re n'e_lok' kana, Bo_ho_k' haso sa~o me~t', lutur ar mu~ do_ jopor_ae menak'a. Noa ko bo_ho_k' haso reak' 70 percent arho~ a_d_i cinta kho_n ho~ hoyogo_k'a. Noa do_ko metak' kana Tension Headache. Ar 30 percent do_ hoyok' kana Maigrain bo_ho_k' haso.

Cekatebo_n bujha_ukea je okt_ak' bo_ho_k' haso kana:

A_d_i at_cinta_te bo_ho_k' haso (Tension Headache) do_mit' talaoge hasoa. E_t_ak' sec' Migraine bo_ho_k' haso do_ ja~ha~tinre hasoa. Haptare bar din, pe din; mas re bar din, pe din. Metak' me bo_cho_rre mit' dhao ho~ hoe dar_eak'a. Ar cinta_te bo_ho_k' haso (Tension Headache) do_cando ha_surlen khang haso ho~ d_her idik'a. Migraine reak' haso do_nonka a_ika_uk'a, menkeam bo_ho_k' bhitrire okoe con' cet'teko ha_net' kana. Pulse sa~ote noa haso ho~ tal mila_u kate rakap' dar_eak'a. Ar Tension Headache do_a_d_i kajak'gea. Bo_ho_k' a_cur dar_eak'a, dudr_umge a_ika_uk'a. Bec' bec' at_karok'a. Seton' reak' ra~t ban' sahaok'a, Katha_ror_re ho~ muskil hoe dar_eak'a.

O_koe do_ Migraine bo_ho_k' haso n'am dar_eakoa:

Ja~ha~e hor_koak'ge Migraine hoe dar_eak'a. Emanteak' bo_ho_k' haso leka maejiu ko ba_r_t_i Migraine n'ametak'koa. 16 bo_cho_r kho_n e_hop' kate 45 bo_cho_r dha_bic' noa bo_ho_k' haso do_ tahe~ dar_eak'a. Nia laha- tayomre ho~ hoe dar_eak'a. Ba_r_t_ikaete n'e_logo_k' kana, gogo-babawak' tahe~kana. Ond_e kho_n ho~ hoe dar_eak'a.

Migraine karonak'te cet' ja~ha~n muskilak' hoe dar_ekea:

Ban', Cinta_ reak' ja~ha~n karonge ba_nuk'a. Secondary bo_ho_k' haso hoelen khan thor_a cinta_ reak' kangea. Me_nkhan pa_hilak' re cinta_ reak' karonge ba_nuk'a. Cedak' je_, Bo_ho_k' kho_n ehobok' kan bo_ho_k' haso do_ bo_ho_k' reak' cet' ho~ bae loksana. Me~t', mu~ ar lutur kho_n ehobok' bo_ho_k' haso thor_a sensitive. Lahate ko dharonat' kan tahe~na Migraine sa~o Stroke reak' ga_hir sompok menak'a. Me_nkhan, khond-rond (Gobesona) kate ja~ha~n pormange ban' n'am akana. Migraine reak' cikit'sa lekhan mon'jok'a. Me_nkhan aema o_kte ban' mon'j utarok'a. Aema din ran jo_jo_m joyok'a. Migraine re me~t' tayom nakha hasoa. Aema hor_ do_ me~t' ren dactor t_henko senok'a. Cosma ko ho_ro_ga. E_nre ho~ thor_a do_ mon'jok', nirdae do_ ban' mon'j utarok'a.

Migraine reak' cikit'sa:

Diagnosis ocoe hoyok'a. Ina_ chad_a ho~ gharon'j reak' nagam tahe~n khan, jo_to_ cinha_ ko mila_u katec' ale do_ thor_a ranle e_mogo_k'a. Mone re do_ho_e hoyok'a, Cando re judi bar-pe dhao nonka a_d_i kajak' bo_ho_k' haso hoyok', e_nd_ekhan e_t.ak' ran do_le emakoa. Haso e_hop' torage ran jo_m lekhan una_k' do_ ban' hasoa.

Maejiu kodo_ cet' lekate Migraine ko sambr_aoa:

Bha_rti hor_mo tahe~n o_kte Migraine do_ sabhabik ghot_na kana. Arho~ ale Migraine reak' oka lekan ranle emako, ona do_ bha_rti hor_mo tahe~n o_kte emok' ban' ganok'a. Nond_e mit't_en ha_si reak' ghot_na menak'a. O_koe koak' do_ laha kho_nak'ge Genuine Migraine tahe~n, bha_rti hor_mo tahe~n o_kte ona do_ 50 percent belare do_ mon'jok'a. Ar o_koe koak' Migraine reak' nagam banuk', Onkoak' 16 percent belare do_ bha_rti hor_mo okte Migraine hoyok'a. Arho~ gidra_ janam tayom mon'jok'a.

O_koeak' ghane ghane Migraine hoyok', uniak' judi Tension

Headache hoyok', unre?

Mit' hor.ak' nonkan bar lekan bo_ho_k' haso hoe dar.eak'a. Unre okako ran do_bar lekan hasorey ka_mia, onkan rangele emakoa. Migraine bo_ho_k' haso me_nak'tae rogi do_sabhabik leka bako ka_mi dar.eak'a. Je_mon Skul, College se_Office calak', olok' par.haok'- noako ban'ko dar.eak'a.

Hor.mo khat.aok' sa~o sa~ote Migraine reak' sompok:

A.d.i cinta tahe~len khan, ja.pit' ko_m hoylen khan, mit' san'j ban' jo_m lekhan, ackage ba.r.ti hor.mo khat.ao lekhan Migraine hoe dar.eak'a. Migraine kh_on sa.n'gin're tahe~n la.git' hor.mo ar mo_n niropo do_hoe ja.rur.a. Jaoge hor.mo khat.ao, tar.am, bhan'jao (beyam) ja.rur.a. Migraine do_bo_ho_k' hatan' reak' rua.kana. Hatan' reak' cet' ho~ bae loksana. Cikit'sa lekhan aema okte mon'j ho~ mon'j ho_do_k'a. Me_nkhan mon'j ho~ ban' mon'j dar.eak'a. Ban' mon'j lenkhan sambr.aote do_hoe hoyok'a. O_kte na.pitre ja.pit' hoyok'a. O_kte na.pit're jo_m hoyok'a. Dak' n'ui lagaok'a. Ar ona sa~ote thor.a hor.mo bhan'jao kate apnarte napae tahe~n ja.rura. Migraine se_bo_ho_k' haso do_ja~ha~n maran' muskilak' cet' ho~ ban' kana.

Source: Prothom alo

Messi Do_ 'Sona ren Jel' Lekanae

Lionel Messi lekan suka_r (superstar) do_seton' din re_be_go_r uca.r.te do_l reko n'am akadea PSG. Argentina

superstar la git' Champion League re kukmu~ reko matao akana phorasi club. PSG Messi ko n'amkedete aema po_rho_ ko n'amet'kana mat_h bahreko reho~. Barcelona ren sa_bik a_k'yuric'e selet'en tayom khonge league 1 ren brand value rean' aema lahanti hoy akana.

Metak'me, Messi ko n'amkedete ko monejon' kana ban'ma 'Sona ren Jel' ko n'am akadea. PSG ar Messiwak' kago_j-ko_lo_mte chukti oktege Argentina Superstar ak' n'utum ol menak' Ja_rsi mit' ghur_itege a_khrin' cabayena.

Nia_ ko din talatege PSG sec' kho_n enec' la git' Messi ko o_jo_k' kedeo. Jel, Cricketer leka namdak jo_to_ ga~ota sa~o chukti hoy akantaea PSG wak'. Cricketer ko sa~o pe serma reak' oka chukti, ona kho_n PSG dharonat' kana 25-30 Milion Euro do_e ka_mai jon'a

Source: Bangladesh protidin

Chin Kho_n 54 Lakh Sinopharm Ko_ro_na T_ika_ Do_ Hec'ena

Chin kho_n kirin akan Sinopharm reak' arho~ 54 lakh ko_ro_na t_ika_ disa_mre hec'ena. HOLA Sokolbar tala n'inda_ 12:45 baja okte mit't_en ud_a_uk' ga_d_ite noa t_ika_ do_ Dkaka reak' Hazrat Shahjalal Antorjatic Bimanbo_ndo_rre hec'ena. MNC&H ren Line Director Dr. Md. Shamsul Hoqe noa t_ika_ hatao se_atan' la git' bimanbo_ndo_r rey tahe~kana. Nia_ dhao do_ 54 lakh 1 hajar 350 doge t_ika_ do_ hec'ena.

Source: Banglar Jonopod

TINAĶEM HO_ŊGO_RA?

E_ am Lo_ŋgra,

Tinaĳem ho_ŋgo_ra?

Ato tamma Mo_ŋgra,

Bikaŋk kanem ɗaŋgra.

E_ am Lo_ŋgra,

Tinaĳem ho_ŋgo_ra?

Baĳiyme ɗaura,

Baĳiyme paura.

E_ am Lo_ŋgra,

Tinaĳem ho_ŋgo_ra?

Metamkanko baura,

Bikaŋk kanem baɗura.

E_ am Lo_ŋgra,

Tinaĳem ho_ŋgo_ra?

Era uru dinko e_ge_ra,

Jhograle_nrem ge_ge_ra.

E_ am Lo_ŋgra,

Tina kem ho ngo ra?

Ujaro kkan gai go ra,

Anjo mmese tho ra.

Mit' t en' Pa tia r Seta

Mit' hor ren a d i dula r ia setae tahe kana. A d i a t e bolaolena. Uni hor ja ha sec'geye calak', seta ho uni sa oteye calak'a. Uni hor do dokandare tahe kana. Mit' din uni hor sadomre dec'kate mit' jaegateye senena. Uni seta ho ac' ren kisa r sa ote tayom tayomteye da r idiket'a. Uni hor rua r jokhec', mit' tha ila k' t a kae a gu darayet' tahe kana. Tarasin' okte tahe kana, ar a d i seton' ena.

Ado hor ar e reak' mit' t en dare but a re sadom khone a r goyena, are jira uena. Unre uni do ona t a kae tha ila k' otreye dohoket'a. Jira uen khane arho sadomreya dec' ena, ar sadome kamsaokede, Menkhan ona t a kae tha ila k' doe hirin' ket'a. Seta doe bujha uket'a, in' ren kisa r do noa tha ila k' doe hirin' ket'a. Khange seta do ona tha ila k' gerkate ik' diye t est aket'a.

Menkhan bae dar eat'a. Ina k' tege d her san' gin' ac' ren kisa r doe calaoena. Seta do ac' ren kisa r tioge la git' a d i a t e da r ket'a, ar a d i a t e bhok' idiket'a mit' gha r i khangeye n' ir tiok' kede, ar a d i a t e unre ho e bhok' ket'a. Menkhan uni hor do setawak' bhok' bae hetaoat'a. Seta doe n' elket'a, nitok' in' ren kisa r do bae rua r a, ona ia te sadomge a cur rua r e la git' sadomak' jan' gae ha mbur uric' ket'a. Uni hor doe bujha uket'a, seton' ia te ja nic' nui seta do ackae bhalok' ena. Jivet' in' dohole khan d her hor e loksankoa.

Ona ia te uni hor uni setae t hukede. Ba puric' seta a d i a t e rak' ket'a, ar ona dare but a t hengeye n' ir rua r ena. Menkhan uni

hor. doe sen idiyegea. Thor. a sa.n'gin'e senen khan, t.aka tha.ila.k' doe disa.ket'a. Ado ekalte sadome a.curkedeaa, ar ons dare but.a. t.hene set.er got'ena. Unre uni dula.r.ia. seta do ona tha.ila.k'e burum lot.om akat' tahe~kana, ar ac'ren kisa~r.ak' jinis rukhia.ket'taea.

Uni seta do ac'ren kisa~r.e n'elkede khan, cand.bole t.hepe t.hepeket'a. Uni hor. do sadom khon usa.rae a~r.goyena, ar ac'ren dula.r.ia. setae ha.r.up'kedeaa, ar me~t' dak' joroyentaea.

T-20 Bissocup La.git' Ban'gladisa.m ren Do_lko La.i So_do_rket'ko

Darakan 17 September kho_n hoyok' la.gido_k'kan T-Twenty Bissocup la.git' Ban'gladisa.m ren do_l ko la.i so_do_r akat'koa. Ge_l mo~r.e~ (15) member ren a.k'yuric' ko do_ho akadea Mahmudullah Riyadh. Tehen' Lukhibar tikin 12 baja tayom Mirpur Shere ban'gla Criket Studiom re Press Conference kut.hri re bo_ndo_bo_s akat' sombad sonmelonre Bissocup do_le la.i so_do_rket'koa maran' khelwar. bachaoic' Minhazul Abedin Nannu. Ar uni salak' arho~ et.ak' bar. hor. khelwar. bachaokin Habibul Basher Sumon ar Abdur Razzak. Calaoen bar pe cando kho_n okoe do_ jatiyo do_l reak' T-Twenty series ko e_nec' akan, Onko mo_d kho_n 15 got.en khelwar. ko bachao n'am akana. Ond.e do_ Mahmudullah Riyadh cha.da ho~ ga.khur khelwar. hisa.bte Mushfiqur Rahim, Sakib Al Hasan tako ho~ me_nak'koa se_te_lak' kha.tirte.

Mit' Non'jorte Ban'gladisa.m ren Bissocup Squad-

Mahmudullah Riyadh (A.k'yuric'), Sakib Al Hasan, Mushfiqur

Rahim, Sowmo Sarkar, Liton kumar Das, Nayim Sekh, Afif Hosen, Kazi Nurul Islam Sowhan, Shamim Hosen Patwari, Mostafizur Rahman, Taskin Ahmed, Md. Saifudddin, Soriful Islam, Sekh Mehedi Hosen ar Nasum Ahmed.

Source: Sonali Songbad

Internet Be_go_r Google Drive Beohar

Markin Search Giant Google akoak' Storage seba google drive do_internet begor beohar reak' phaeda do_ko a.gukeda. Cedak' je_, phone se_internet ban' tahe~lenre ho~ Offline re Google Drive re do_ho akan nothi se_chubi jhic'kate n'e_l reak' a.t menak'a. Ne_so_do_r akan mit't.en Blog post re Tech Giant gaota do_noa katha ko bad.ae ocokeda. Aso_kaete PAN card, Voter card se_Driving Lisence lekan nijak' kago_j (file) , Office reak' PDF file chad.a ho~ ja_rur.ak' ko Google Drive re do_hok'a. Je_mon ja_rur. okte ona t.un' ghur.ite n'e_lgo_k'.

Me_nkhan digital nothi se_kago_j okte maran' muskil do_noage, Internet bego_r beohar reak' ja~ha~n upa_ige ba_nuk'a. Aema okte sa_n'gin' t.ot.hako re Network t.ont.ate muskilre par_aok' hoyok' kana. Noa muskil cabae la.git'ge na~wa~ Projukti (Technology) do_e a.gukeda. Noa ia.te Google do_e bad.ae ocokeda, nit kho_n Offline reho~ Google Drive re PDF file, Office reak' ja_rur.ak' kago_j ko n'e_l n'amok'a. Arho~ bad.ae n'am akana, Drive re digital file kha.li save lekhangе noa phaeda do_ban' n'amok'a. Internet bond tahe~n okte Google Drive re digital nothi se_file n'e_l jo_khe_n jo_po_r.ao menak' nothire ' Right Click' kate

'Available Offline' option re Click hoyok'a.

2019 serma kho_n na~wa~ projukti reak' mo_ho_r_a ko calaokeda Google. Aema hatao Milan hor_ko selet'lena ona mo_ho_r_a re. Onare po_rho_ n'am tayom nia. dhao sanamko la_git' a.guyena se_so_do_rena noa projukti.

Source: Korotoa

Ho_r_ Ar Kula_i Reak' Katha

Sedae jugre do_, kathae, ho_r_ ho~ kula_i t.henko jo_m ocok' kan tahe~kana. Ado_ onka taha~n tahe~nte, kathae, mit' din do_ mit't.en ho_r_ do_ T.ha.kur t.hen aro_jok'e calaoena. Ado_e metae kan, E_ Tha.kur baba, am t.henge mit't.en aro_jok' la_git' in' he_c' akana. Ado_e metadea, Cet' a.rij kantama? La_ime. Ado_e me_nket'a, Noko kula_i ja_tge a.d.i ba_r.ic'ko noksanet'lea. Hud.in' janwarko hoeyena, sakam latarre ho~ko okokok' kana, ado_ bale n'e_l n'am ho_tet'koa. Acka ma_rko jo_m go_t'et'lea. La_t.u janwar khan do_, n'e_l daram go_t'kotele n'ir sajonia. Noko kat.ic' janwar do_ bale n'e_l daram ho_t' dar.eako kana, onate am t.hen aro_jok' in' he_c' akana. Ma dayakate an'jo_mkatin'me.

Ado_ T.ha.kure me_nket'a, Acha bogege. E_nd.e_khan phalna din hilok' setak're he_c' go_dok'me, ar kula_iren so_rdar ho~ e_n hilok' do_n' man'gaoea. Am ho~ ina. din hilok' do_ a_ikha. hijuk'me. Ado_e me_nket'a, Acha bogege. Khange ona din tiok'en khan sa_ri setak'reye calaoena, ar kula_i ho~ tinre co_e se_n akan. Khange ado_ bana ho_r_kin se_n n'apamena. Ado_ T.ha.kure kuliyet'kina, Henda ya kula_i, an'jo_met' kanan', ban'ma, a.d.i ba_r.ic' am do_m jo_met'koa; sa_ri se_nase? Ado_ kula_iye me_nket'a, Okor

ba? In' do_ban' jo_met'koa; akoge aleko jo_met'lea. To_be_bam jo_met'koa. Ado_e me_nket'a, Ban'a. Ado_uni ho_re kulikedea, Henda ya manwa, sa_ri, kathae, ape do_kula_ipe jo_met'koa? Ado_e me_nket'a, Okor ba? Ale do_bale jo_met'koa. Akoge bogete ale manwa ja_tko jo_met'lea. Ado_T.ha_kure me_nket'a, Kula_i ar manwa, bana ho_r. in' kuliyet'bena. Bana ho_r.geben hund.a. bar.ek' kana. O_ko_e ho~ baben ka_bulet'a. Mit't.en bica_r hoyok'tabena; a.ikha.ona ka_miben, onarege abenak' do_phand.aok'tabena. Ado_bana ho_r.kin me_nket'a, Acha, ma hukuma.lin'me.

Ado_kula_iye metadea, E_ya kula_i, am do_kita ho_rho_in' metam kana. Judi noa bochor dinte kita_sakamem ho_rho_n'u~rket'a me_nkhan, amgeko jo_mmea. Onkae metadea. Ar uni ho_r. ho~e metae kana, E_ya manwa, am in' metam kana. Ado_e me_nket'a, Ma ro_r.me. Am do_korkot sakam ho_rho_eme. Judi onam ho_rho_n'u~rket'a me_nkhan, kula_iyem jo_m dar.eakoa; ar bam ho_rho_n'u~rle khan, e_nd.e_khan ape manwa do_kula_i t.henpe jo_m ocok'a. Nia.bo_cho_r mo_to_rege bana ho_r. ho_rho_n'u~rben. Kalo_m nia_cando nia_din hilok' ona reak' sakam a.gua.n'ben, ar ona sakam in' n'e_ltabena; sa_rigeben ho_rho_n'u~r akat'a se_ban', onan' n'e_ltabena. Ma am do_ina_dare, ar nui do_hane hana dare, ma tikin khonge ho_rho_eben. Ona sakam n'u~r tora bar.e_a.gu go_dben. Ja~ha~ hilok'ge n'u~rok', unrege a.gu go_dben. Ar bica_r do_noa cando noa din hilok' in' bica_rtabena. Ina.ge katha do_; ma calak'ben. Ado_kin calao bar.ayena, apan a.pin ho_rho_kin dhura.uenaa.

Khange ado_ho_rho_ho_rho_te d.e_ke_sanam ce_d.e_yentakina, e_nre ho~ ban'ge n'u~rok'. E_nre ho~ kathae, ba_gi do_bakin ba_giak' kana. Kula_i ho~ ja~ha~e ho_r.e n'amle khan do_e metakoa. Dose_ya, uni manwa n'e_l a.gulepe, bhalae ho_rho_n'u~rket'a se_ban'. Khanko n'e_l a.gukedege, ado_ko he_c' rua_r.enge, ado_e kulikoa, Cele ya, ho_rho_n'u~rket'ae? Ado_ko metaea, Ban'a ya, bae le_t.e_c' dar.eak' kana. Ado_e metakoa, O_ko_e bad.ae, na~ha~k'e

ho_rho_ n'ũrket'á me_nkhan, abo do_ko jo_mbongea. Ar judi in' na~ha~k' in' ho_rho_ n'ũrket'á me_nkhan, onkobo jo_mkoa. Ado_ ako ja_t onkae galmaraoakoa. Ar uni ho_r. ho~ ja~ha~eko ac' t_henko se_nlen khan do_e metakoa, Dose_ ya, uni kula_i n'e_l a.guyepe , bhalae ho_rho_ n'ũrket'ae se_ban'? Ado_ko metaea, Bae le_t_e_c' dar_eak' kana. Ado_e metakoa, O_ko_e bad_ae, judi uniye ho_rho_ n'ũrket'á me_nkhan do_ abo manwa do_ko jo_mbongea; ai in' bar_e_n' ho_rho_ n'ũrle khan, e_nd_e_khan onkobo jo_mkoa. Ado_ sa_ri onka jida_jid ho_rho_tegekin tahe~yena. Ado_ sa_ri bo_cho_r din tiogok' dela dili khange korkot_sakam do_ n'ũr go_t'ena. Khange ado_ uni ho_r.e ra_ska go_t'ena; ado_halan'kate ona sakam do_ T.ha_kur t_hene idi go_t'ket'á. Ado_ uni kula_i ho~e ho_rho_ bhagaoen khan, mocateye ge_r topak'ket'á are idiket'á . Ado_ T.ha_kurkin metae kana, No~k'o~e baba, lin' ho_rho_ n'ũr a.guket'á; n'e_ltalín'me. Khange ado_ bana ho_r.ak' sakame n'e_lket'ta_kina. Ado_kula_iye metae kana, Am do_ bam ho_rho_ n'ũrlet'á; amak' do_ban' sa_budok' kana. Ado_kula_iye me_nket'á, Ban'á, baba, ho_rho_ n'ũr akat'gean'.

Ado_ Tha_kure me_nket'á, Ban'á, bam ho_rho_ n'ũr akat'á. Am do_bhit.ua.k' t_hen mundhi do_ okor n'e_lok' kana? Ar nuiak' sakam bhit.ua.k', n'e_lme cet' leka n'e_lok' kana. Amak' do_ okor onka do_ n'e_lok' kana? Am do_m ge_r topak' akat'á; t_hik se_ban'? Ado_ uni kula_i do_cet' ho~ bae me_n dar_eat'á, tirup' hapeyena. Ado_paha tula_mte jan'gae malaoket'taea are bho_radea, are metadea, Am do_n' bho_ram kana; tehen' khon do_o_ho_ko tiok' dar_elema. Ar am do_m haraonte manwa t_henem jo_m ocok'á, ja~ha~regeko n'umme se_ape ja_tko, laga lagateko go_c'pea, ar go_c'kate apeak' do_moela ho~ moelako jo_mtapea, e_nte am do_onkan' sarapam kana.

Ona ia.te ale ho_r. ho_po_n do_kula_i reak' do_nit dha_bic' moela ho~ moelale jo_met'takoa; onkoak' do_bale gid_iyet'á, jo_to_le sur_e jo_met'takoa.

Source: Santal Folk Tales