

Jisu Jaeroren Hoponerae Jivet´kedeá

Mit´t.an´ sek´wa or.ak´ren mukhia. do Jisu t.hen hec´kate uniak´ ti jan´gare gid.iyenteye metadea, In´ren kur.i gidra. gujuk´ da.khil menaea, ja~ha~ lekate senkate tikinem capoae, jemone ban´caok´ ar jivet´e taken. Jisu uni tuluc´e calaoena.

Horre uni sek´wa or.ak´ mukhia. reak´ or.ak´ khon hec´kateko metadea, amren hoponerae goc´ena. Jisu do apate metadea, Alom botorok´a, eken pa.tia.uk´me. Jisu or.ak´reye boloyen khan, jotoge rarak´ kane n´elket´koa. Metat´koae, Cak´pe rak´et´ kana? Khange uniren en´gat apat ar Peter, ar Jakob ar Johan son´gekate kur.iye gitic´ akan t.hene boloyena, ar gidra. reak´ ti sap´kateye metadea, Ma.~i metam ka.na.n´, beret´me! Khange uni do beret´ got´enteye da~r.a~ bar.aket´a. (*Mark 5, 22-42.*)

Tehen´ Kho_n Ehop´ena Ja.tia.ri Vitamin A plus Ran Jo_m

Tehen´ do Sa.nicar (15.03.25). Tehen´ khonge got.a disomre gidra. koak´ ja.tia.ri Vitamin A Plus ran jom ka.mihora do_ ehop´ena. Noa Vitamin A Plus ran do_ 6-11 cando umer ren gidra.ko ar 12-59 cando

umer ren gidra ko jo_m n'ama.



Onka leka 6-11 cando umer ren ko do_lil ran ar 12-59 cando umer ren do_arak' ran ko n'ama. Gidra.re a.ndhua.k' ro_g ar gidra. umerre gujuk' son'kha ko_mao la.git'ge noa Vitamin A Plus ran jo_m reak' kamihora do_calao idik' kana. Vitamin A Plus ran jo_m karonak'te bochor re bar dhao 98% Vitamin A ran jo_m ia.te Vitamin 'A' reak t.ont.ate oka a.nd.hua. ro_g ona do_1% khon hõ latar re ko_m akana ar gidra_koak' gujuk' son'kha ho~ aema ko_m akana.

Tuma_l: Bangladesh Pratidin

21 lakh gidra_ko Vitamin A plus capsule ko n'ama

Rajari Vitamin A Plus' Capsule em kamihora do_gapa (15.03.2025) din khon go_ṭa diso_m re e_ho_ṭ akana; Ona reak latar re 22.6 lakh gidra_ko 'Vitamin A Plus' capsule ko em ocok'a. Noa capsule do_6 khon 59 cando umer ren gidra_ko em ocok'a, jemon gidra_koak' aḍi ja_rurok' kami khon bañcao ar gidra_koak' acka gujuk' kom hoyok'. Mõ_rẽ_ge_l bar 120 hajar gaḍi a_khriñ kendra kore noa gaḍi a_khriñ reak bebosta hoe akana. Sastho Se_rvice General reak mit'ṭen kho_bo_r sakam re_menaka je, Jila, Upazila ar union level re_6-11 cando umar ren gidra_ko lil ar 12-59 cando umar ren gidra_ko arak' capsule

ko emakoa.

Bibhag ren ko meneda, Vitamin A Plus capsule em kamihora hotete 98% gidraiko bochor re bar dhao Vitamin A ko em ocok'a, ona iate Vitamin A reak komjon iate adi jasti ko nel nam reak dhertet' do 1 parsikhon ho latar re kom akana ar gidraikoak goc reak dhertet' ho kom akana. "Noa jita dohoe lagit' 6-59 cando umer ren sanam gidraiko Vitamin 'A' capsule em lagit' Rajari Vitamin 'A' Plus Abhiyan calao idik kana." Gidraiko do adi jarur gea adi jarur gea adi jarur gea adi jarur gea Vitamin A Plus capsule emako lagit'. Vaccination centre re mit'ten saset' kami se volunteer do capsule reak' mo ca kapi te katic kate gidra bhitri renak' jo to jinis jom ocokoa. Gidraiko raskate se jor-jorao kate capsule do ban em jarura.

Vitamin 'A' Plus kami hora reak bidau lagit' kami dinre sanam upazila, jila ar kendra re 24 ghanta control room do jhic' tahena.



-BD News khon Tuma lak'

Ka mi

.Ka mi begorte dha rtire ja ha n lahanti ban' hoyok'a. Begor ka mite molon' reak' jorte lak taka hoyok'tama noa do tis ho alom hudisa. Dha rti jionre ja ha nak'gem asok' ka mi do lagaoamgea. Apnar hor mo

ban'cao la.git' ho~ ka.mi do lagaoamgea. Ka.mi talatege jionre suk-sa.nti menak'a. A.r.iste ja~ha~e ban' ka.mi katei dur.up'kok' uni doe nost.ok' gea. Et.ak'ko dos emkate cet' porho? Okoe ho~ abo do bako ka.t.ic' bona. Abo do apnartege nost.ok' reak' hor bon tearjon'a. A.r.iste ban' ka.mikate eken dur.up' tahe~len khan okoe ho~ tis ho~ jomak' se t.aka-poesa do bako a.gu ot.oabona. Noa dha.r.tire ren'gec' orec'ko geko ka.mia ona do tis ho~ ban' hoe dar.eak'a. Din hilok' jomak' jogar. kha.tir ka.mi do lagaoakoa ona do besgea. Menkhan okoe koak' aema dhon sompod t.aka menak'tako se ko kisa.~r.ge onko ho~ ka.mi do lagaoakoa. T.aka poesa sec'te bam t.ont.aoa, nijak' dhon-sompotti bes menak'tama bickom ja~ha~n ka.mi reak' ja.rur. ba.nuk'tama noa do tis ho~ alom hudisa.

Nok'oe oka t.aka poesa ar dhon sompotti menak'tam noako jogar. kha.tir am apat tina.k' ka.mi lagao akadea noako ja~ha~tistem hudis akada? Am gharon'j, Mand.er se disa.m mukhia.m hoe dar.eak'a, apnar la.git' ban' reho~ gharon'jren, mand.erren se disa.mren hor. la.git' ka.mi lagaoama. Ja~ha~e judi et.ak' koak' dhon sompotti kombr.o kate ban'caok' ko kurumut.ui onkoak' do ka.mi reak' ja.rur. ba.nuk'takoa. Sa.riak' horte jion khemao la.git' ka.mi do ja.rur. kangea. Sa.riak' horte tahe~kate bhageak' ka.mi idime amak' duk cabak'tama. Amak' noako ka.miko n'elte aema hor. am ka.t.ic' monan hor. men kateko nistr.a.u dar.eama. Menkhan okoe amko nistr.a.uet'me onko t.hen amak' duk hilok're mit' bar poesa koekom n'elkoam am t.hen khon ko n'ir pharakok'a.

Mit't.en ren'gec' hor. hamal bojha lia. hor. ar.ereye dur.up'akana. Ona bojha tulem gor.oae khan uniak' upka.r hoe kok'a. Noa montem meneda tobe bam ka.mi dar.eak' kana. Amren bha.n'gua. gateko sec' koyok' kate ona bam ka.mi leda. Onko sa~o a.ur.iak' khild.u enec'te somoem nost.oeda. Onko bha.n'gua. gateko sec' ban' koyok' kate uni ren'gec' hor. amak' dula.r.em sodorae khan bhageak' em ka.mikea. Kami do ka.t.ic' se la.t.u ja~ha~ lekanak' kange mon lagao kate ka.mime. Onate amak' man do ban' khatok'tama boron' ba.r.tik'tama. Bha.n'gua. gateko lajaote ka.mi do alom a.r.isak'a. Okte reak' ka.mi okterege ka.mi pura.u reak' kurumut.uime. Tehen'ak' ka.mi gapam ka.mia ona do amak' monre t.ha.~i alom emak'a. Ban' khanem er.e ocok'a. Somoe reak'

dam okoeko emet'kan onko do tis ho~ bako er_e Ocok'a. Okat.ak' ka.mite
am mon'j se ra.ska.m bujha.ua onat.ak'ge ka.mi me. Am do din hilok'
ja~ha~nak'ge ceka lagaoama. Thor.a thor.a kate jao sermam ka.mile khan
ka.mi muca.t're amak' ka.mi reak' porho n'elte amgem hahar.ak'a.

Ka.mi katege tinre t.aka poeta, suk-sa.nti, man manot' n'amok'a tobe
cedak' bam ka.mia? Amak' jion jin'gi a.r.iste ban' d.hila.u kate okte
menak're ka.mi reak' kurumut.uime. Apnarte tis ho~ ren'gec' alom
hudisok'a. Ba.r.ti dhon sompot do alom lalocak'a. Amak' okat.ak'
menak'tam, ina.tege jion khemao reak' kurumut.uime muca.t're porhom
n'ama.

MIT' MONOK'

Pukhri jalapuri gad.ako eman dak'

Ka.t.ic' ka.t.ic' t.hop' midok'te a.tu jarwak'

Mimit' got.ec' akhor koge jaor.aole khan,

Hajar hajar puthiko cet' ban' benaok' kan!

Mimit' got.ec' ita.ko gathao mit'kate

Hapr.ak' hapr.ak' dolan ho~ benaok' kajakte;

Suta.m lekan sobot' son d.herao pa~k kate

Mot.a mot.a barahi a.d.i ket.ec'ge.

Manwa hor.mo jan' jel ma~ya~m ar sirkote

Mut.ha.n akante onako mit' akante.

Uc' pha.nt.illenre oka eskar bam dhej,

Gel hor. mit'te do algatem let.ej.

E gidra ko mit' monok' de kurumut uipe,

Mit' mon ha.r jon' la.git' ma jhu~kok'pe.

Mit't en Kur i In' Dula r kedea-Bargel Mit' Ak' Porbo

Dula r ia Gate,

Alom raga, dayakate alom raga. Amak' obosthan' bujha.u dar.eak'kangea, khubin' bujha.u dar.eak' kana. Botorok' reak' cet' ja.rur.ge ba.nuk'tama. Tinre in' am tuluc' mina.n'a tisge alom botorok'a. Ona ma joto in'ak'ge bhul tahe~kan; In'ge galmarao ja.rur. tahe~kantin'a. Ja~ha~nak' kulime ja.rur. tahe~kantin'a. Menkhan in' ho~ tho ba.n' dar.eada.

Oka enhilok' hoyen onako sanamak'tege a.d.in' bhar.oyena: cet' leka in' panterem dur.up'ena, enkathae eken in' la.git'ge onka do. Onage co sanamak'mae la.ia.din'a katha khon ba.r.tige.

Am dom ja.dukedin'a arho~ as menak'getin'a. Tehen' do cal reak' ma~t' sener batako sec' ban' koyok'kate in' gogo baganren' gor.oadea. Bhar.ote uni ho~ tan mane n'elkedin'a.

Noage Amren

Pa.tia.r gate

Meskoc´

Meskoc´

Mit´t.en Bepari ar sardar hor.ak´ ropor.-

Mit´t.en bepari hor. daharte calak´kan okte sardar hor. sa´oe n´apamena. Ado bepari do uni hor.e metae kana, E sardar, noa paud.ar idi me, dam do eken gel (10) t.aka.

Sardar: Noa paud.ar hatao katec´ cet´ hoyok´a?

Bepari: Or.ak´ idikate, amak´ or.ak´re tina.k´ mu´c´, tejo, capr.a menak´ko, onko cetanrem chit.a.ua, arem n´ela cet´ lekhan hahar.a ka.mi ema.

Sardar: Bohok´ ba.r.ic´ akantama! Tehen´ paud.ar idi lekhan gapa lipst.ik ko khojok´a!

Mit´t.en Ga.~r.i~ Ar Ke~ot.a Ak´ Golpo

Mit´t.en gad.are ke~ot.a jha.liko or kan tahe~kana. Mit´t.en ga.~r.i~ do ona gad.a ar.erege darere dur.up´ akan tahe~kana, ar onkoak´ ona jha.li ore n´en´el kan tahe~na. Ja~ha~n ja.rur. karonak´te ke~ot.a do jha.li ba.gikate thor.a sa.n´gin´ sec´ko senena. Onko ke~ot.a n´elte ga.~r.i~ ho~ hako sasap´ monadea.

Ado dare khone a~r.go phed.ena ar jha.li sap'keda. Khange sap'ket' sa~ote ac'ak' ti jan'ga do jha.lirege jha.liyentaea. Khan cekate ona jha.li khone chind.a.k'a onkan ja~ha~n horge bae n'amleda. Ado tinre onko ke~ot.ako koyok'keda, n'ele kanako ga~r.i~ do jha.li or.ec' kana. Nonka hudis gand.onkate harephare ond.eko sen sorena, ar joto hor. mit'te ga~r.i~ ko dalkedete. Ado ga~r.i~ do mon monte duk salak' nonkae menkeda, In'ak' ka.mi reak' jo don' n'amkeda. Ente in' do hako sasap' reak' cet'ge ba.n' bad.aea, menkhan cedak', a.ur.iak' hec'kate jha.lin' sap'keda.

Pheraok' Babot Thor_a Katha

Na~ha~k' jugre a.d.i oprom mit't.en d.ha.rwa.k' hoho katha menak'a, ar ona do hoyok' kana "Pheraok' me ar pherao me". Noa do a.d.i ja.rur. kana. Entet' Pherao ar Pheraok' reak' a.d.i ja.rur. menak'a, Pa.hilre ja.rur. menak'a pheraok' reak', pa.hilre apnar nijtet' pheraolen khange a.t do hoyok'a sanamak' pheraok' reak'. Nitok' kukli do hoyok' kana, oka khon pheraok' reak' ja.rur.a? Se cet' lekate pherao do hoekok'a? Sa.riak' do hoyok' kana abo do nitge joto sec' khon pheraok' reak' ja.rur. menak'tabona. Aboak' Raj niti, ka.ud.initi, sa~ota a.ri ca.li. Bud Akel, Sikhna.t emanteak' metak'me sanam sec'tege pheraok' ja.rur. menak'tabona. He~ aboak' mon reak' pheraok' ho~ ja.rur. menak'a. Aboak' mon reak' pheraok' ba.nuk'te tina.k' do dinko parom calak' kan disom ar sa~otare kisa~r. ko do kisa~r. ar ren'gec' ko do ren'gec' geko tahe~n kana. Disom ar sa~ota reak' a.n a.ri ko do jotoge tahe~n kana kisa~r. koak' tire, ar onko t.hen sanamak're jaogeko er.e ocok' kana.

Sa~otare jua.n kor.a-kur.iko ho~ mon'j se bhage ja~ha~n ka.mi la.git' da.yik babon gok'et' kana, jua.n ko do bhageak' ban'kate ha.nd.i-ta.r.i, cut.i-bir.i, gul-gan'ja, emanteak' ba.r.ic' ka.mi reko bolok' kana, ar onkate jua.n ko do s~otako nost.oeda. Abo bon bad.aea nebetar ren jua.n koge darakan din ren sa~ota, church, disomren a.yur ko do.

Menkhan jua.nko talare noako gun colon tahe~len khan sa~ota, church, disom do tis ho~ noko t.hen khon bhageak' do bae as dar.eak'a, ona ia.te jua.nkoak' ja.rur. menak'a noako khon pheraok' reak', apnar pherao kate et.ak'ko pheraoko reak' aboak' mon khon noako ba.r.ic' ma.ila. se monsuba. ban' caba akante sa~ota se abo do nit ho~ una.k' tayomre menak'bona.

Aboak' as akan t.ha~ire babon set.er dar.eak' kana, menkhan nond.e khon se noako t.ha~i khon od.on' hijuk' reak' upa.i do cet' kana? Judi a.n benao kate ka.mire ona babon beohar se babon pheraok'! Noa do a.d.i aema dhao bon n'el akada abo disom reak' son'bidhante a.d.i ket.ec' a.n menak'a ja~ha~e esid.em arec'ae khan (asid nikkhep) kort. do am cetanre mit't.en maran' rae do ema ar ona do "pha.si" onka leka san'ge hor. bhitrire cut.i se bir.i.yem n'u lekhan d.and.om (Fine) emok' reak' a.n menak'a. Ado cet' una.k' ket.ec' a.n tahe~kate esid. arec'', bir.i-cut.i n'u bond akana? Ban' bond akana, noako la.git' ja.rur. menak'a apnarte mon bhitri khon pheraok' reak'.

Abo judi apnarte nit bon ekrar.len khan ba.r.ic' babon ka.mia, bhage se mon'j ka.mi la.git' bon kurumut.uia, tobe khange abo dobon pherao dar.eak'a. Menkhan sa.ri-sa.rige pherao la.git' aboak' a.n (bibek) jagwarok'a? Delabon noa reak' apnartegebon sendraea.

Got .a Dha .rti Maejiu Ma~ha~ -2025

Begum Rokeya do 100 serma laha maejiu koak hok la'git'e la'rhailena. Onko do goṭa somaj ar ari-ṇaliren 'mace_t'' ko birud re maejiuko sikhnaṭ' la'git' ko la'rhaiyena. Uniak' maejiukoak' aidiari babot aema lekan aḍi dam anak kathako uniak' aema lekan lekha/olak' kore nam da'reak'a. Noa katha do uniak olak onḍe khon pa'rhao ko la'git' em akana.

Kaji Nozrul Islamak' Maejiu Onolia. reye ol car.hao akada; adha do

maejiu ar adha do herel hor_e benao akada.

March cando reak' 8 tarik 2025 serma reak' Got.a Dha.rti Maejiu Ma~ha~ reak' jos katha do menak'a; Jeget' riari maejiu ma~ha~ do jat-pat barabari, maejiukoak' aitari, ar unkoak' hok ko lagit' larhai reak' din kana.

Somaj reak' sanam darkore maejiukoak' kami do adi marangea, menkhan nit ho aema darkore bhenegar ko nam kana. Noa din do maejiuko sajai em lagit' ar onkoak' hok aitari lagit' cet'et'kanko lagit' ko manaoet' kana. Dharti re 8 march hilok jat' parsi reak' maejiukoak' din manaok kana, ona do maejiukoak' hok ar nayite adi khatu din kana. Noa do eken manao lagit' do ban kana, menkhan maejiuko lagit' adi sari somaj benao lagit' adi jaruran hoho kana.

March reak' din do Russia reak' itihis reak' adi jarurak kana. 1913 sal reak' 23 pharwari hilok Russia ren maejiuko do Julian calendar (etak jaega kore beohar akan Gregorian calendar reak' 8 march saote jopora) lekate pahil larhai reak' ko larhai lena. Noa do maejiukoak' din reak' jarurak lagit' mit'ten global standard hoyena.



Nonde do maejiu koak' aitari manao lagit' maejiu koak' din reak' slogan ko menak'a: ***"Sadhin Mahila, Dharti Sadhin "Barbar Hok, Barti Sujog, Barti Bhage!" "Dare, latu ar daya – sanam jaegare maejiuko manao!"***

Jarman reak' Somaj Demokratik Parti ren 'Mahila Ofis' ren ayuric Clara Zetkin nutuman mit'ten maejiu do adi jaruran maejiukoak' din reak' hudis doe sodor keda. Uni doe meneda, sanam disom re mit' din – Mahila din – manaok jarura jemon onkoak' khoj do purau dareak.

Etohop se Pahil maejiu ma~ha~ reak' kami, oka do ***"Maejiu ma~ha~"*** nutumte badaeok'kan, 28 phorwari, 1909 hilok' New York nagraha re hoelena. Noa do kamiako Theresa Malkielak' sujai lekate America reak'

Somaj paṭiaṭu dol hotete hoelena.

Abo do noako karonte Mahilakoak' Cando manaoda: Dharti renak' aḍi darean maejiukoak' aḍi jaṛuṛan kaṃi ar aḍi jaṛuṛan kaṃiko manao laḡit'. Maejiu ar herel hoṛkoak'' barti hok aḍari saḅit dohoe laḡit' okoe ko apnar jion ko em akat' onko manot ar saḅai em.

1976 khon 1985 sal haḅic Maejiuko laḡit' United Nations reak 10 bochor do nonkan okte kana oka do maejiuko cetanre aḍi marañ porho hoe dareaka, jeleka kaṃi reak aḍari, jaṭ paṛsi reak aḍari, jaṭ aḍari, ar eṭak manwa aḍari ko reak aḍari. Noa do 1975 sal reak 15 december hilok 31/136 saḅai hotete aḍi jaṛuṛak kaṃi ko puṛau keda.

2025 serma reak International Mahila Dibos reak motlob do hoyok kana "Sanam maejiu ar kuṛi ko laḡit': Hok, Barti, Saḅhin. "Noa serma reak motlob do sanamko laḡit' barti hok, dare ar sujog ar mit'ten aḍi jaṛuṛan ayur laḡit' kaṃi laḡit' ko hoho akada okaṭak re okoe ho tayom seḅ bako tahena.

Itihas lekate raṅgao purple do naḅitet' ar manot reak cinha kana, ar niḅ okte do maejiukoak' raṅgao laḡit' beohar hoyok kana. Green do as reak cinha kana. Teheñ do beṅga raṅgao do International Mahila Dibos reak raṅgao kana, ar haṛiar raṅgao saote joṛao kate, ona do maejiukoak' laḅhai reak cinhae uduket' kana.

Bangladesom ren Maejiuko (Minoti Murmu, Promila Hasdak, Sumitra Murmu ar Renuka Soren) son'ge katha hoyena santal maejiuko babot; noa Mohila Ma~ha~ babot re ror. rua.r. do nonka leka tahe~kana. Sa.rige a.d.i ja.rur.a jemon maejiu ar herel hor. hok ar sadhin reak' babot re. Entet' okte re maejiuko do baku n'amet kana hok ar sadhin do onate jemon noa do barabari ge ta~hen. Disom, jatiari, somaj, gharon'j lahai la.git' do a.d.ige ja.rur. barabari hok ar ka.mihora.

Nepal disom reak' Kathmandu, Birhatnagor ren santal mesera Sushila Murmu ar Kuindi Murmu son'ge jaoge ropor. do hoyok'a social media messenger sec'te. Got.a dha.rti rea'k noa maejiu ma~ha~ re nokin bana hor.ak' katha do hoyok' kana je, santal maejiuko a.d.i ko laha edik' kana. Nonka ge hok, sadhin ar barabari a.idariko n'am lekhan arho~ santal maejiuko bartiko laha edik'a.

India reak' Jharkhand ren mit' mesera (Sarmila Soen, Rimmy Marcyla Tudu ar Sarala Murmu) ko ho~ mit' geko la.i sodor akada ako disom ren maejiuko babot re. India re santalko a.d.i at. ko laha akana, metak' me disom ren President ha.bic'te ona oka doko metak' kana Indian ren pa.hil utarik maran' hor. do Santal maejiu kanae. Arho~ menak'a kor.a MP, MLA, government re maran' huda.ko hamet. akada.

Onate noa din a.d.i man manot selet'ko manao ganao akada got.a dha.rti ren maejiuko. Santal maejiuko ho~ nonka ge got.a dha.rtiko pasnaok' ma maran' maran' huda.re kam kaj katet' santal disom, somaj ato gharon'j bon tul rakap' ma got.a dha.rtiren hor.ko t.hen. Nia. as ar koejon' ge tahe~n kana sanam maejiuko la.git'.