Him Ritic´ Rear.

Sin´ ni´inda. sanam ghur.i

Uhu guhu oyo picha.ur.i

Ekal ba.nuk´ cando seton̈

Gidra. har.am urgum eton̈.

Arho˜ judi hisit´ him hoe

Uta.r sec´ khon halae halae

Manwa jion ekal ka.bu

Him rea.rte ja.bu tha.bu.

Sanam hor.ge koyok´ horre

Tinre n´elok´ seton̈ cot.re

Um paera bar pe ma˜ha˜

Ban̈te hor.mo menak´ aha.

Sirjon ma.lik noa dosa

Asok´ kanle amak´ bhorsa

Cando seton̈ emaleme

Tahen male am or.he˜me.

Ũt̤ Umul

Mit´din mit´ hor̤ hãhãkar nirjon disome calaoena. Hãhãkar disomte calak´ la̤git´ Ũt̤e bhar̤a kedea. Menkhan seton̈ reak´ lolo ar ãc n´elte hor re thor̤ae jira̤uena. Ona hãhãkar nirjon jaegare seton̈ ãc komok´ aste dur̤up´ena.

Menkhan ona seton̈ reak´ lolo ar ãc nuna̤k´ kajak tahẽkana je uni hor̤ do dur̤up´ bae tahẽ dar̤eada. Onate uni hor̤ do Ũt̤ ak´ umulre dur̤up´ena. Menkhan Ũt̤ ma̤lik do bae dur̤up´ ocoadea. Uni doe menkeda, in´ren Ũt̤. In´ dur̤up´a uniak´ umulre. Uni hor̤ doe ror̤ rua̤r̤keda, nit nui Ũt̤ in´ bhar̤an´ hatao akadea, onate in´ge nui umulren´ dur̤up´a. Noa kathate Ũt̤ ma̤lik ar uni hor̤ talare jhogr̤a ehop´ena. Ona oktere Ũt̤ do jhogr̤a n´elte ond̤e khone da̤r̤keda.

Sikhna̤t: Bar hor̤ talare jhogr̤a hoelen khan tesar hor̤ do jaoge lab hoyok´taea.

Manwa Ontor

Einstein do̱ manwa ontor babot´ cet´e menkeda; Manwa ontor do tiṇak´ hõ ạḍi jạsti cet´et´ kanrehõ, bạṛti kạmi do̱ bae bujhạu daṛeak´a. Abo do̱ mit´ṭen kạṭic´ gidrạ leka, mit´ṭen ạḍi maraṅ library re bolok´ kana okaṭak´ pạcir do̱ judạ judạ pạrsi reak´ puthite sajao akan mit´t̤en sir̤hi lekana. Oka sir̤hi do amak´ jionre a̤d̤i jạruṛok´ kana ar noage cetan sec´e a̤yur idimea. Gidrạ doe baḍaegea, noa ko puthi do okoe hõe ol akada. Ona do bae baḍaea okoe ar cet´ leka.

Manwa ontor do̱ ạḍi jạruṛan sir muscle organ kana oka do̱ ho̱ṛmo̱ reaḱ

sanam jaega kore mayaṅ pamp kate ona do_ oksijen ar jo_m ńam reaḱ jinis ko_ e_mo_ḱ kana. Ona do_ bohoḱ reaḱ ḍaṛkore, bar paụraạ talare menaḱa, ar ona do_ 4 goṭen ḍaṛkore haṭiń akana: bar atria ar bar ventricle. Noa ạri-cạli do_ systole (kạṭic´) ar diastol (pạtiạu) hote_te_ ḍahar-pạtiạuḱ kana, oka do_ monḍahar-pạtiạu ńutumte baḍaeok´ kana.

Ontor ar ona reak´ kạmi do_ cet´ kana?

Dil do_ manwa ar eṭaḱ janwarko reaḱ mit´ṭen ạḍi jạruṛan ạri-cạli kana. Noa ạri do_ mayaṅ ḍahar hote_te_ mayaṅ pamp e_mo_ḱ kana. Mit´ sãote mon ar mayaṅ ḍahar do_ ạḍi jạruṛa. Pamp akan mayaṅ ọksijen ar jo_m jinis ṭisu re_ idiet´ kana, menkhan metabolic bebọhar, jelekak ar bọnḍaiok, pọhọr re_ idiet´ kana.

Manwa do_ sirjon reaḱ ạḍi bhage jinis kanae. Aboak´ jotowak´ do Isorak´ tire menak´a. Uni do aboe ạyur bona ar uniaḱ kạmi ko do babon aṅgoćeda. Isor do iń ar ape jotokoge ac´ak´ kạmi lạgit´e kol akat´bona. Uni do abo leka kạṭić hudis ren Isor doe baṅkana. Abo do_ babon baḍaea aboaḱ bho_g do_ cet´ hoyoḱa? Menkhan uni doe baḍaegea aboaḱ daraekan okte re cet´ hoyoḱa. Ar aboak´ ran do_ tinạk´ hạbić calao idiḱa. Abo do babon baḍae daṛeaḱa je thoṛa ghạṛić tayom do jiwet´´ bon tahe˜na se baṅ. Tinạk´ din se_ jion reak´ jạruṛ. Enhõ abo do_ ạḍi maraṅ kạmi bon benaoeda. Noa hudis se cinta_ do_ tayo_mte_ ạḍi jạruṛok´a se_ baṅ ona do_ babon baḍae daṛeak´a. Enhõ abo do astebon tahe˜n kana. Abo do_ as kate din bon lekhaeda.

Jodi abo joto ko thor_a ar eken thor_a din la_git´ bon hudis lekhan. Tobe abobon goc´len khan id ar am reak´ cet´ hoyoka? Okareń calaḱa? Cet´ leka jaega re calao hoyok´a? hae, manwa ontor do tinạk´ muskilgea. Abo do_ noa dhạrtire aboren dulạṛiạko begor mit´ ghạṛić hõ babon jion daṛeaḱa. Mit´ sãote jom, ńu, calao, duṛuṕ, kạmi, hudis reaḱ cet´ lạkti menak´a? Menkhan mit´´ṭen do eṭaḱ hoṛe bạgioṭaḱa, metak´me gujuḱa, unre iń ar amak´ do cet´ hoyoḱa. Ado thor_a thor_ate bon hiṛińa. Jion ar dhạrti do_ baṅ thir tahe˜na, calao idiḱ kana, calao idiḱ kana ar mit´din do_ thirgea menkhan dhạrti do_ calao idiḱ kana.

Onate as menak´a je etak´ko ho˜ iń lagit´ ko koejoṅ kana, menkhan

nitok´ do apnar lagit´ koejoṅ reak´ okte do hec´ akana. Ado_ apnar be_g re_ge_ pe_re_c´ ho_yo_k´a. Ente iṅak´ bhage kạmi, bhage solha, eṭak´ ko goṛoako, eṭak´ koak´ hạnḍi baṅ, sạriaḱ ar sạriaḱte kạmi. Nit do iṅak´ kạmi lạgit´ bạṅ hudis lekhan eṭak´ ho_ṛ do_ iṅ lạgit´ bako bhabnak´a.

Amak´ ontor do_ amaḱ ho_ṛmo_re ạḍi jạruṛa, ar amaḱ ho_ṛmo_ do_ amaḱ ontor re ạḍi jạruṛa, baṅma am bujhạu khon hõ bạṛti. Apeak´ ontor ar hoṛmo talare noa enec´ do_ apeak´ ho_ṛmo_ ạḍi bhage hoe daṛeak´a, se_ ona do_ bạṛić hoe daṛeak´a. Apeak´ mo_d ar apeak´ hudis ạri do_ apeak´ ho_ṛmo_ reak´ ạt re_ ạḍi jạruṛa. Noa lekate amaḱ ontor re daṛe menak´a.

Bujhạu, hudis, bhabna ar kạmi jeleka ghoṭna ko lạgit´ mon dọ sar kana. Mon-hoṛmo reaḱ muskil do_ hoyoḱ kana jinis ar mon reaḱ sombond bujhạu lạgit´ jạruṛ. Pọrọm pọra lekate_, mon ar jinis aema dhao judạ judạ jinis lekate_ hudiset´ kan tãhẽkana jahã dọ mit´ eṭak´ khọn sạdhinte_ tahẽn daṛeak´a.

Mit´ṭen ạḍi mo_ńj theory menak´ ho_ṛ do_ eṭak´ ho_ṛak´ pạtiạu, mon subạ, hudis-bicạr ar bhabna ko bujhạu daṛeak´a, onate uni do_ akoak´ kạmi ar udgạuko ạḍi bhageteye baḍae daṛeakʹa se bujhạu daṛeakʹa. Samajik kạmi, jogajog, eṭaḱ hoṛko sãote sombond lạgit´ mon reaḱ theory do ạḍi jạruṛgea.

Onate delabon nitok´ge somoe ar okte kana apan apin aboak´ apnar kami ar hudisre ba.r.ti bon gand.onok´ ma. Ar dha.rti muca.t dinre jaejug t.ha˜.ite set.erok´ la.git´ bhageak´ bon ka.mi ma.

Santalko Talare Kombol Ar

Kicric´e Emkeda NAGR

National Agency for Green Revolution do Chapainawabganj ar Rajshahi jila̱ reaḱ santali ḍher atokore pe sae (300) hoṛko lạgit´ ạḍi jạruṛan lolo kombol ar kicric´ko emkeda.



Kombol ar kicric´ em ha̱ṯin´re seṯere tahe˜kana National Agency for Green Revolution ren ạyurić Mn.Stephen Soren. Ona sãote seṯere tahe˜kana kạudi amla Minoti Murmu, Prosasoniạ amla Promila Hasdak ar Amnura Lutheran Mission Haspatal ren Manager Markus Murmu.

Toa Dare

Am do go toa dare

Sona sonage gom hohoa̱n´kan,

Amren sona sona do gon´

Ban̈ kana toa dare,

Santal somajren sona ka̱na̱n´.

Mit´t.en Hud.in´ Ce˜r.e˜ Ar Sika.ri

Mit´din sika.ri mit´t.en hud.in´ ce˜r.e˜ sap´kedea. Uni ce˜r.e˜ do a.d.i budane tahe˜kana. Khange uni ce˜r.e˜ do sika.ri a.d.i a˜t.e sarhaokedea, are metadea, am do a.d.i maran˙ sika.ri kanam! Nonkan aema ta.rup´, aema bana ar jib janwarem goc´ ket´koa, nonka aemam ka.mi akada. In´ ma ka.t.ic´ ce˜r.e˜, in´ak´ ojon 100 gram ho˜ ban˙, in´ jom kate cet´em cekaea? In´ jom kate lac´ reak´ mit´ kona ho˜ bam bik´a. Ona bodolte ar.ak´ka.n´me.

Pea damanak´ kathan´ la.iama oka do amak´ jionre a.d.i ja.rur.ge.

Uni do nonkan kathae ror.et´ tahe˜kana je sika.ri doe bula.uena. Cedak´je joto hor.ge sunum hataoko kusiak´a. Et.ak´ hor. bula.ue reak´ alga upa.i kana sunum. Uni doe hudiskeda, “noa do t.hikgea. Nuna.k´ ka.t.ic´ ce˜r.e˜ jom kate cet´ ho˜ ban˙ hoyok´a. Thor.an´ an´jomkak´ge nui ce˜r.e˜ cet´e meneda. Pasec´ arho˜ bhage hoyok´.

Sika.ri doe an˙goc´keda, ce˜r.e˜ doe menkeda, in´ do amak´ tire dur.up´ kate pa.hil kathan´ ror.a, dosar katha do dare d.a.r re dur.up´ katen´ ror.a ar tesar katha do dare laphan˙ d.a.r re dur.up´ katen´ ror.a. Ado sika.ri doe menkeda, t.hikgea.

Ce˜r.e˜ doe menkeda, ‘tis ho˜ be-sa.riak´ do alom pa.tia.uk´a. Sika.ri doe menkeda, sa.ri katha kana. Sa.rige be-sa.riak´ do ban˙ pa.tia.uk´ge bogea. Ce˜r.e˜ doe menkeda, ma nit do darere dec´ ocoa.n´me. Dosar kathan´ ror.a. Khange sika.ri doe ar.ak´ kedea. Dare re dec´kate ce˜r.e˜ doe menkeda, ‘okat.ak´em at´ akat´ ona la.git´ do alom mon dukok´a. Sika.ri menkeda, noa katha ho˜ sarigea. Ente oka jinis ba.nuk´tin´ ona la.git´ mon dukok´ do ba.r.ic´gea.

Nia. dhao ce˜r.e˜ do dare laphan˙re ud.a.u dec´ena. Sika.ri menkeda, ma nia. dhao tesar katha ror.me. Tesar katha ror. lahare ce˜r.e˜ doe menkeda, ona laharen´ bid.a.ulege laha barea katha tina.k´em cet´ akada.

Ce˜r.e˜ doe menkeda, in´ak´ lac´re 200 gram ojon reak´ hira. menak´a. Ona katha an´jomkate sika.ri do a.d.ige mon dukena. Haere! Cet´in´ cekakeda! Kisa.˜r.ok´ reak´ hor nonkan´ at´keda. Nonka menkate ce˜r.e˜ sabea mente dodone dhura.uena. Menkhan unre ce˜r.e˜ do dare laphan˙e dec´ena. Adoe landawate menkeda, laharegen´ menleda, be-sa.riak´ katha do alom pa.tia.uk´a. In´ak´ ojon do 100 gram. In´ak´ hor.more cekate 200 gram ojon reak´ hira. tahe˜na? Oka at´ sem ba.giak´ ona la.git´ alom mon dukok´a. Menkhan am do onkagem ka.mikeda. Ja˜ha˜ lekan solha kathage am la.git´ a.ur.iak´gea. Ente am ho˜ et.ak´ hor. lekage luturte solha katham an´jomkeda. Ona khon ja˜ha˜n cecet´ak´ bam hamet. dar.eada.

Am lekan nonkan lelha ar lalocia. hor.ge calaki ar t.hokia. hor. khonko er.e ocok´ kana.

Disom reak´ urgum 7-8 D.igri hoe dar.eak´a

Tehen´ Sombar 5 January setak´ khonge Disom reak´ Rajshahi, Rangpur,Dhaka, Mymenshing ar Khulna Bibhag reak´ aema jila. kore hisit.´ him rear. hoe ehop´ akana, setak´ 6 baja oktere Rajshahi re joto khonak´ latar metak´me kom urgum (tapmatra) do tahe˜kana 7 d.igri.

Noa kur.ha. hoe hola Robibar Sin˙ga.r. oktere Disom reak´ uta.r pa.chim nakha khonak´ kur.ha. dhund hoe leka bolo hec´ akana,Disomren hoe dak´(Abohaowa) Ga.khur.ia. ko onmaneda je, disom reak´ noa obosta do hoe dar.eak´a ar ho˜ 4-5 ma˜ha˜ tahe˜ dar.eak´a, ado disomre nonkan dosare sanam hor.ko apnar nij nij t.ha.˜i kore urgum kicric´ ko horok´ band ear onkan urgum jaega kore tahen ko pormas akana ar bahre dar.an se ka.mi okte kore sontorte tahen ho˜ko men sodor akada.

Mit´ t.en toyo ar sim reak´ katha.

Ol ton˙geak´.

Khange ona atoren hor. do onkako an´jomket´! khan do mit´ mit´teko da.r.ket´a. Ado uni toyo do senkate ona atoren sim do cur mare laga sap´et´koa are jomet´koa. Adoe jom biyen khane calaoena. Khange onko hor. ho˜ arho˜ko rua.r. hec´ena. Khange uni toyo do arho˜ dosar hilok´ do ona atotege sim jome calak´ kana ; ado ene pa.hile seren´let´ lekageye seren´ idiyet´a. Khange ona atoren hor. do arho˜ko da.r.ket´a. Ado mit.´t.en bud.hi do bae da.r. dar.eat´a; adoe menket´a, in´ do ohon´ da.r.lea; in´ doko goc´ atarin´ge. Ado onka menkate uni bud.hi do bae da.r.let´a, mit´.t.en sukri ba˜r.a˜reye bolo okoyena. Ado uni toyo do ona atore senkate onko sim do lagae lagayet´koa se, cure mare lagayet´koa; hapr.ak´koge bachao bachaoteye laga yet´koa. Ado mit.´t.en sa.nd.i do lagae lagakedea se, ekkalte uni bud.hiye oko akan t.hengeye laga idi got´kedea. Ado uni sim doe parom got´ena. Ado uni toyo do uni bud.hiye n´el n´am got´kedea. Ado uni toyo do bud.hiye metae kana, Ma bud.hi, sim sap´a.n´me; Ban˙khan do na˜ha˜k´ dat.amelan˙ kot.ec´ n´urtama. Ado uni bud.hi doe menet´a, Ma, amte bar.e sap´ jon˙me; in´ do ohon´ sap´ dar.elekoa. Khange ado bae rebenlen khan, ac´tegeye laga sap´ket´koteye jom biyena. Ado uni bud.hi t.hene calaoena, ac´ge metae kana, E bud.hi, sim bam sap´ akawa.din´a; nitok´ dolan˙ n´am akat´mea. E bud.hi, mase menme – Toyo! Ado uni bud.hi ho˜e menket´a, Toyo! Khange gurgute joto dat.ae kotec´ n´urket´taea. Ado arho˜e metae kana, E bud.hi, mase menme, – Toyo! Ado uni bud.hi Toyo menae menlet´a, ado dat.ae n´urket´taete toyo do bae pust.a.ulet´a ; adoe men got´ket´a, Hoyo! Ado onka bae pust.a.ulet´ khan, uni toyo do a.diye ra.ska.yena. Arho˜e

metae kana, Mase bud.hi, toyo menme. Ac´ge menket´a, Hoyo! Ado uni toyo do landa landatege oka sen coe

calaoen. Ado a.yup´en khange onko da.r.let´ hor. doko rua.r. hec´ena. Ado unre onko hor. uni bud.hiye la.iako kana, Jojom Tur.uk na.˜hiko cha.i kana, hoyo kor.a kanae! Sanam sime jomet´ko do baṅ? In´ ho˜ sim sasap´e metadin´a; ado ba.n´ sap´adete no˜ko˜e n´elpe, joto d.at.ae kotec´ n´ur akat´tin´a. Khange ado sanam hor.ko menket´a, Gapa do babon da.r.a, or.ak´regebo sin´ pot.om hatar.kok´a, adobo dal gojea. Ado mit´ hor.e menket´a, Baṅa, onkate do ohobon goc´ dar.elea. In´in´ metabon kana, nui bud.hi lekage mit.´t.en sitet´ren hor.bo benaoea. Ado hana kulhi muca.t´rebo idikaea, ar end.e durup´kate ti dobo lap lapakataea; ado na˜ha˜k´ uni bud.hiye ruhiedea, ado unregebo sontor godok´a. Ado sanam hor.ko menket´a, Baṅa, t.hikgem menket´tabona ; mabon onkaegea. Ado sa.ri sanam hor. t.henak´ sita.t´ko jaoraket´a, ado ona n´inda. bhita.rtegeko benao got´kedea. Ado setak´ khange kulhi muca.t.´teko idikadea, ar ako do ka.piko, ak´ sarko, t.eṅgoc´ko, t.heṅgako, onka apan a.pinko ha.t.hia.u akawana; ado onka sontorge menak´koa.

— Santal Folk Tales reak´´ Vol-1 khon tuma.lakana. Ol toṅgek´a.

Na˜wa˜ Serma-2026

Tehen´ do 2026 serma,Calaoena 2025 onare abo sanamko mit´ sermaaema lekan ka.mi ka jar a.ujha.r. ko talate jion bon khemao akada, adom kodo a.d.i ra.ska. adom kodo duk talate enreho˜ sisirja.uic´ BABA do aboko sanamak´ koteye kula.u ant.ao let´ bona,Onate aboren Sisirja.uic´ BABA aema aema manot sarhao ar johar bon emaea, Ar nia. serma la.git´ ar ho˜

neho˜r aroj saman˙aea jemon do nes ho˜ got̩a serma suluk nira̩ite abo sanam koe dohobon ar jotowak´te kula̩u ant̩aoe dohobonar sanam lekan duk muhim muskil ko khon ad̩ are rukhiabon. Santalstimes ren sanam ra̩sia̩ pat̩hua̩ko la̩git´ tahen kana 2026 NA˜WA˜ SERMA reak´ JOHAR.