

Barea Kand_a Reak' Gołpo

Mit't.en sohor nagrahare kisa.~r. hor.e tahe~kana. Uni hor.ak' do barea kand_a tahe~kantaeta. Mit't.en do pond. kand_a ar et.agak' do arak' kand_a.

Mit'din ona nagrahare d.uba. dak' hec' par.aena. Ona d.uba. dak'te kisa.~r. hor.ak' or.ak' dua.r do mit' leka unumena. Or.ak' reak' sanam jinisko umumok' ehop'ena.

Ona pond. kand_a ho~ d.uba. dak're unumok' ehop'ena. Ado ban'caok' aste kajakte kikia.ue lagaoena. Pond. kand.awak' kikia.u an'jomte arak' kand_a doe mengot'keda, "alom botorok'a gate. Paerak'in' bad.aea. In'gen' ban'caomea."

Ona katha lekage arak' kand_a do pond. kand.awak' jiwi ban'caokeda. Ina.kate mit't.en darere sap'kate a.ur.i dak' an'jedok' dha.bic'kin tan'gikeda. Tinre dak' thor.a n'ok'ena unre banar kand_a phed.kate mit'te kisa.~r. hor.ak' or.ak'kin calaoena.

Sikhna.t: *Ja~ha~n muskilre apnar gate gor.oae lek kana.*

Him Ritic' Rear.

Sin' ni'inda. sanam ghur.i

Uhu guhu oyo picha.ur.i

Ekal ba.nuk' cando seton'

Gidra. har.am urgum eton'.

Arho~ judi hisit' him hoe
Uta_r sec' khon halae halae
Manwa jion ekal ka_bu
Him rea_rte ja_bu tha_bu.

Sanam hor_ge koyok' horre
Tinre n'elok' seton' cot_re
Um paera bar pe ma~ha~
Ban'te hor_mo menak' aha.

Sirjon ma_lik noa dosa
Asok' kanle amak' bhorsa
Cando seton' emaleme
Tahen male am or_he~me.

U~t . Umu᳚

Mit'din mit' hor_ ha~ha~kar nirjon disome calaoena. Ha~ha~kar disomte calak' la_git' U~t_e bhar_a kedeā. Menkhan seton' reak' lolo ar a~c n'elte hor re thor_ae jira_uena. Ona ha~ha~kar nirjon jaegare seton' a~c komok' aste dur_up'ena.

Menkhan ona seton' reak' lolo ar a~c nuna_k' kajak tahe~kana je uni hor_ do dur_up' bae tahe~ dar_eada. Onate uni hor_ do U~t_ ak' umulre

dur.up'ena. Menkhan U~t. ma.lik do bae dur.up' ocoadea. Uni doe menkeda, in'ren U~t. In' dur.up'a uniak' umulre. Uni hor. doe ror. rua.r.keda, nit nui U~t. in' bhar.an' hatao akadea, onate in'ge nui umulren' dur.up'a. Noa kathate U~t. ma.lik ar uni hor. talare jhogra ehop'ena. Ona oktere U~t. do jhogra n'elte ond.e khone da.r.keda.

Sikhna.t: Bar hor. talare jhogra hoelen khan tesar hor. do jaoge lab hoyok'taea.

Manwa Ontor

Einstein do_ manwa ontor babot' cet'e menkeda; Manwa ontor do tinak' hõ adi jasti cet'et' kanrehõ, barti kami do_ bae bujhau dareak'a. Abo do_ mit'ten katic' gidra leka, mit'ten adi maran library re bolok' kana okatak' pacir do_ juda juda parsi reak' puthite sajao akan mit't.en sir.hi lekana. Oka sir.hi do amak' jionre a.d.i jaruruk' kana ar noage cetan sec'e a.yur idimea. Gidra doe badaegea, noa ko puthi do okoe hõe ol akada. Ona do bae badaea okoe ar cet' leka.

Manwa ontor do_ adi jaruran sir muscle organ kana oka do_ ho_rmo_ reak sanam jaega kore mayan pamp kate ona do_ oksijen ar jo_m nam reak jinis ko_ e_mo_k kana. Ona do_ bohok reak darkore, bar paura talare menaka, ar ona do_ 4 goten darkore hatin akana: bar atria ar bar ventricle. Noa ari-cali do_ systole (katic') ar diastol (patiau) hote_te_ dahar-patiau kana, oka do_ mondahar-patiau nutumte badaeok' kana.

Ontor ar ona reak' kami do_ cet' kana?

Dil do_ manwa ar etak janwarko reak mit'ten adi jaruran ari-cali kana. Noa ari do_ mayan dahar hote_te_ mayan pamp e_mo_k kana. Mit' saote mon ar mayan dahar do_ adi jarura. Pamp akan mayan oksijen ar jo_m jinis tisui re_ idiet' kana, menkhan metabolic bebhar, jelekak ar

bondaiook, pohor re_ idiet' kana.

Manwa do_ sirjon reak' adi bhage jinis kanae. Aboak' jotowak' do Isorak' tire menak'a. Uni do aboe ayur bona ar uniak kami ko do babon angoxeda. Isor do in ar ape jotokoge ac'ak' kami lagit'e kol akat'bona. Uni do abo leka katic hudis ren Isor doe bankana. Abo do_ babon badaea aboak bho_g do_ cet' hoyoka? Menkhan uni doe badaekea aboak daraekan okte re cet' hoyoka. Ar aboak' ran do_ tinak' hatic calao idika. Abo do babon badae dareaka je thor_a ghatic tayom do jiwet'' bon tahe~na se ban. Tinak' din se_ jion reak' jarur. Enhõ abo do_ adi maran kami bon benaoeda. Noa hudis se cinta_ do_ tayo_mte_ adi jarurok'a se_ ban ona do_ babon badae dareak'a. Enhõ abo do_ astebon tahe~n kana. Abo do_ as kate din bon lekhaeda.

Jodi abo joto ko thor_a ar eken thor_a din la_git' bon hudis lekhan. Tobe abobon goc'len khan id ar am reak' cet' hoyoka? Okareñ calaka? Cet' leka jaega re calao hoyok'a? hae, manwa ontor do tinak' muskilgea. Abo do_ noa dhartire aboren dulariako begor mit' ghatic hõ babon jion dareaka. Mit' saote jom, nu, calao, durup, kami, hudis reak' cet' lakti menak'a? Menkhan mit''ten do etak hore bagiotaka, metak'me gujuka, unre in ar amak' do cet' hoyoka. Ado thor_a thor_ate bon hiriña. Jion ar dharti do_ ban thir tahe~na, calao idik kana, calao idik kana ar mit'din do_ thirgea menkhan dharti do_ calao idik kana.

Onate as menak'a je etak'ko ho~ in lagit' ko koejon kana, menkhan nitok' do apnar lagit' koejon reak' okte do hec' akana. Ado_ apnar be_g re_ge_ pe_re_c' ho_yo_k'a. Ente inak' bhage kami, bhage solha, etak' ko go-roako, etak' koak' hanti ban, sariak ar sariakte kami. Nit do inak' kami lagit' ban hudis lekhan etak' ho_r do_ in lagit' bako bhabnak'a.

Amak' ontor do_ amak ho_rmo_re adi jarura, ar amak ho_rmo_ do_ amak ontor re adi jarura, banma am bujhau khon hõ barti. Apeak' ontor ar hormo talare noa enec' do_ apeak' ho_rmo_ adi bhage hoe dareak'a, se_ ona do_ batic hoe dareak'a. Apeak' mo_d ar apeak' hudis ari do_ apeak' ho_rmo_ reak' at re_ adi jarura. Noa lekate amak ontor re dare menak'a.

Bujhau, hudis, bhabna ar kami jeleka ghotna ko lagit' mon do sar kana. Mon-hormo reak muskil do_ hoyok kana jinis ar mon reak sombond bujhau lagit' jarur. Porom pora lekate_, mon ar jinis aema dhao juda juda jinis lekate_ hudiset' kan tãhẽkana jahã do mit' etak' khon sadhinte_ tahẽn dareak'a.

Mit'ten adi mo_nj theory menak' ho_r do_ etak' ho_rak' patiau, mon suba, hudis-bicar ar bhabna ko bujhau dareak'a, onate uni do_ akoak' kami ar udgauko adi bhageteye badae dareak'a se bujhau dareak'a. Samajik kami, jogajog, etak' horoko saote sombond lagit' mon reak theory do adi jarurgea.

Onate delabon nitok'ge some ar okte kana apan apin aboak' apnar kami ar hudisre ba_r.ti bon gand.onok' ma. Ar dha_rti muca.t dinre jaejug t.ha~.ite set.erok' la.git' bhageak' bon ka.mi ma.

Santalko Talare Kombol Ar Kicric'e Emkeda NAGR

National Agency for Green Revolution do Chapainawabganj ar Rajshahi jila. reak santali dher atokore pe sae (300) horoko lagit' adi jaruran lolo kombol ar kicric'ko emkeda.



Kombol ar kicric' em ha.t.in're set.ere tahe~kana National Agency for Green Revolution ren ayuric Mn.Stephen Soren. Ona saote set.ere tahe~kana kaudi amla Minoti Murmu, Prosasonia amla Promila Hasdak ar Amnura Lutheran Mission Haspatal ren Manager Markus Murmu.

Toa Dare

Am do go toa dare

Sona sonage gom hohoa.n'kan,

Amren sona sona do gon'

Ban' kana toa dare,

Santal somajren sona ka.na.n'.

Mit't.en Hud.in' Ce~r.e~ Ar Sika.ri

Mit'din sika.ri mit't.en hud.in' ce~r.e~ sap'kedeas. Uni ce~r.e~ do a.d.i budane tahe~kana. Khange uni ce~r.e~ do sika.ri a.d.i a~t.e sarhaokedea, are metadea, am do a.d.i maran' sika.ri kanam! Nonkan aema ta.rup', aema bana ar jib janwarem goc' ket'koa, nonka aemam ka.mi akada. In' ma ka.t.ic' ce~r.e~, in'ak' ojon 100 gram ho~ ban', in' jom kate cet'em cekaea? In' jom kate lac' reak' mit' kona ho~ bam bik'a. Ona bodolte ar.ak'ka.n'me.

Pea damanak' kathan' la.iama oka do amak' jionre a.d.i ja.rur.ge.

Uni do nonkan kathae ror.et' tahe~kana je sika.ri doe bula.uenas. Cedak'je joto hor.ge sunum hataoko kusiak'a. Et.ak' hor. bula.ue reak' alga upa.i kana sunum. Uni doe hudiskeda, "noa do t.hikgeas. Nuna.k' ka.t.ic' ce~r.e~ jom kate cet' ho~ ban' hoyok'a. Thor.an' an'jomkak'ge nui ce~r.e~ cet'e meneda. Pasec' arho~ bhage hoyok'.

Sika.ri doe an'goc'keda, ce~r.e~ doe menkeda, in' do amak' tire dur.up' kate pa.hil kathan' ror.a, dosar katha do dare d.a.r re dur.up' katen' ror.a ar tesar katha do dare laphan' d.a.r re dur.up' katen' ror.a. Ado sika.ri doe menkeda, t.hikgea.

Ce~r.e~ doe menkeda, 'tis ho~ be-sa.riak' do alom pa.tia.uk'a. Sika.ri doe menkeda, sa.ri katha kana. Sa.rige be-sa.riak' do ban' pa.tia.uk'ge bogeaa. Ce~r.e~ doe menkeda, ma nit do darere dec' ocoa.n'me. Dosar kathan' ror.a. Khande sika.ri doe ar.ak' kedeaa. Dare re dec'kate ce~r.e~ doe menkeda, 'okat.ak'em at' akat' ona la.git' do alom mon dukok'a. Sika.ri menkeda, noa katha ho~ sarigeaa. Ente oka jinis ba.nuk'tin' ona la.git' mon dukok' do ba.r.ic'gea.

Nia. dhao ce~r.e~ do dare laphan're ud.a.u dec'ena. Sika.ri menkeda, ma nia. dhao tesar katha ror.me. Tesar katha ror. lahare ce~r.e~ doe menkeda, ona laharen' bid.a.ulege laha bareaa katha tina.k'em cet' akada.

Ce~r.e~ doe menkeda, in'ak' lac're 200 gram ojon reak' hira. menak'a. Ona katha an'jomkate sika.ri do a.d.ige mon dukena. Haere! Cet'in' cekakeda! Kisa.~r.ok' reak' hor nonkan' at'keda. Nonka menkate ce~r.e~ sabea mente dodone dhura.uenaa. Menkhan unre ce~r.e~ do dare laphan'e dec'ena. Adoe landawate menkeda, laharegen' menledaa, be-sa.riak' katha do alom pa.tia.uk'a. In'ak' ojon do 100 gram. In'ak' hor.more cekate 200 gram ojon reak' hira. tahe~na? Oka at' sem ba.giak' ona la.git' alom mon dukok'a. Menkhan am do onkagem ka.mikeda. Ja~ha~ lekan solha kathage am la.git' a.ur.iak'gea. Ente am ho~ et.ak' hor. leakage luturte solha katham an'jomkeda. Ona khon ja~ha~n cecet'ak' bam hamet. dar.eada.

Am lekan nonkan lelha ar lalocia. hor.ge calaki ar t.hokia. hor. khonko er.e ocok' kana.

Disom reak' urgum 7-8 D.igri hoe dar.eak'a

Tehen' Sombar 5 January setak' khonge Disom reak' Rajshahi, Rangpur,Dhaka, Mymenshing ar Khulna Bibhag reak' aema jila. kore hisit.' him rear. hoe ehop' akana, setak' 6 baja oktere Rajshahi re joto khonak' latar metak'me kom urgum (tapmatra) do tahe~kana 7 d.igri.

Noa kur.ha. hoe hola Robibar Sin'ga.r. oktere Disom reak' uta.r pa.chim nakha khonak' kur.ha. dhund hoe leka bolo hec' akana,Disomren hoe dak'(Abohaowa) Ga.khur.ia. ko onmaneda je, disom reak' noa obosta do hoe dar.eak'a ar ho~ 4-5 ma~ha~ tahe~ dar.eak'a, ado disomre nonkan dosare sanam hor.ko apnar nij nij t.ha.~i kore urgum kicric' ko horok' band ear onkan urgum jaega kore taken ko pormas akana ar bahre dar.an se ka.mi okte kore sontorte taken ho~ko men sodor akada.

Mit' t.en toyo ar sim reak' katha.

Ol ton'geak'.

Khange ona atoren hor. do onkako an'jomket'! khan do mit' mit'teko da.r.ket'a. Ado uni toyo do senkate ona atoren sim do cur mare laga sap'et'koa are jomet'koa. Adoe jom biyen khane calaoena. Khange onko hor. ho~ arho~ko rua.r. hec'ena. Khange uni toyo do arho~ dosar hilok' do ona atotege sim jome calak' kana ; ado ene pa.hile seren'let' lekageye seren' idiyet'a. Khange ona atoren hor. do arho~ko da.r.ket'a. Ado mit.'t.en bud.hi do bae da.r. dar.eat'a; adoe menket'a, in' do ohon'

da.r.lea; in' doko goc' atarin'ge. Ado onka menkate uni bud.hi do bae da.r.let'a, mit'.t.en sukri ba~r.a~reye bolo okoyena. Ado uni toyo do ona atore senkate onko sim do lagae lagayet'koa se, cure mare lagayet'koa; hapr.ak'koge bachao bachaoteye laga yet'koa. Ado mit'.t.en sa.nd.i do lagae lagakedea se, ekkalte uni bud.hiye oko akan t.hengeye laga idi got'kedeaa. Ado uni sim doe parom got'ena. Ado uni toyo do uni bud.hiye n'el n'am got'kedeaa. Ado uni toyo do bud.hiye metae kana, Ma bud.hi, sim sap'a.n'me; Ban'khan do na~ha~k' dat.amelan' kot.ec' n'urtama. Ado uni bud.hi doe menet'a, Ma, amte bar.e sap' jon'me; in' do ohon' sap' dar.elekoa. Khange ado bae rebenlen khan, ac'tegeye laga sap'ket'koteye jom biyena. Ado uni bud.hi t.hene calaoena, ac'ge metae kana, E bud.hi, sim bam sap' akawa.din'a; nitok' dolan' n'am akat'mea. E bud.hi, mase menme – Toyo! Ado uni bud.hi ho~e menket'a, Toyo! Khange gurgute joto dat.ae kotec' n'urket'taea. Ado arho~e metae kana, E bud.hi, mase menme, – Toyo! Ado uni bud.hi Toyo menae menlet'a, ado dat.ae n'urket'taete toyo do bae pust.a.ulet'a ; adoe men got'ket'a, Hoyo! Ado onka bae pust.a.ulet' khan, uni toyo do a.diye ra.ska.yena. Arho~e metae kana, Mase bud.hi, toyo menme. Ac'ge menket'a, Hoyo! Ado uni toyo do landa landatege oka sen coe

calaoen. Ado a.yup'en khange onko da.r.let' hor. doko rua.r.hec'ena. Ado unre onko hor. uni bud.hiye la.iako kana, Jojom Tur.uk na~hiko cha.i kana, hoyo kor.a kanae! Sanam sime jomet'ko do ban'? In' ho~ sim sasap'e metadin'a; ado ba.n' sap'adete no~ko~e n'elpe, joto d.at.ae kotec' n'ur akat'tin'a. Khange ado sanam hor.ko menket'a, Gapa do babon da.r.a, or.ak'regebo sin' pot.om hatar.kok'a, adobo dal gojea. Ado mit' hor.e menket'a, Ban'a, onkate do ohobon goc' dar.elea. In'in' metabon kana, nui bud.hi leakage mit'.t.en sitet'ren hor.bo benaoea. Ado hana kulhi muca.t'rebo idikaea, ar end.e durup'kate ti dobo lap lapakataaea; ado na~ha~k' uni bud.hiye ruhiedea, ado unregebo sontor godok'a. Ado sanam hor.ko menket'a, Ban'a, t.hikgem menket'tabona ; mabon onkaegee. Ado sa.ri sanam hor. t.henak' sita.t'ko jaoraket'a, ado ona

n'inda bhita.rtegeko benao got'kede. Ado setak' khang kulhi muca.t.'teko idikadea, ar ako do ka.piko, ak' sarko, t.en'goc'ko, t.hen'gako, onka apan a.pinko ha.t.hia.u akawana; ado onka sontorge menak'koa.

– Santal Folk Tales reak'' Vol-1 khon tuma.lakana. Ol ton'gek'a.

Na~wa~ Serma-2026

Tehen' do 2026 serma, Calaoena 2025 onare abo sanamko mit' sermaaema lekan ka.mi ka jar a.ujha.r ko talate jion bon khemao akada, adom kodo a.d.i ra.ska. adom kodo duk talate enreho~ sisirja.uic' BABA do aboko sanamak' koteye kula.u ant.ao let' bona, Onate aboren Sisirja.uic' BABA aema aema manot sarhao ar johar bon emaea, Ar nia. serma la.git' ar ho~ neho~r aroj saman'aea jemon do nes ho~ got.a serma suluk nira.ite abo sanam koe dohobon ar jotowak'te kula.u ant.aoe dohobonar sanam lekan duk muhim muskil ko khon ad. are rukhiabon. Santalstimes ren sanam ra.sia. pat.hua.ko la.git' taken kana 2026 NA~WA~ SERMA reak' JOHAR.