

# Tanore re Adiva siko Talare Merom Em Hat'in' Akhr a

Rajshahi reak' Tanore re basok'kan adiva si hor koak' jion jingi lahanti lagit' Pranisompod Unnoyon Prokolpo do mit' sae mo~r.e~gel (150) got.en maejiu ar baba hor talare bin ka.ud.ite barea kate merome hat.in'at'koa. Calaoen Sokolbar (10 April) setak' 11:00 baja okte Upa.jila. Pranisompod Daptor ar Bhet.erinary Haspatal reak' bondoboste upa.jila. Parisompod saman're meromko em hat.in'at'koa.

Tanore Upa.jila. Pranisompod kormokorta Dr.Wazed Ali ak' a.k'yurte sabhare maran' per.a lekate set.ere tahe~kana MP ren Protinidhi Rajshahi jila Jamayat Amir Abdul Khalek. Bises per.a lekate set.ere tahe~kana BMDA ren Assistant Engineer Naemul Islam, Tanore upa.jila. Porisod ren sa.bik Vice Chairman Jamayat Abdur Rahim, Tanore upa.jila. Nayebe Amir Anisul Rahman, upa.jila. Vice Chairman Abdur Kadir.

Set.ere tahe~kana Tanore upa.jila. jamayat ren secretary DM Akkas Ali, Pranisompod kormokorta Dr.Sumon Mia, Mamunur Rashid. Ina. chad.a ho~ upa.jila. prosason reak' et.ak' et.ak' daptor ren ka.mia.ko ar protinidhiko set.erko tahe~kana. Upa.jila. Pranisompod kormokorta Dr.Wazed Ali doe bad.ae ocokeda, Noa upa.jila. reak' barea pourosobha ar 7 got.en union khon bachao n'amkate 150 got.en adiva.siko talare merom em hat.in' hoyena.

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# Gadha Ar Ta\_rup´

Mit´din ta\_rup´ raj do toyoe metadea, “jomak´ jogar a\_gua.n´me.” Ta\_rup´ raj la\_git´ jomak´ sendra sendrate mit´t.en gadhae n´amkedea. Ado gadha t\_hen sen sorkate metadea, “gate, tehen´ n´inda raj do ame ne`ota akat´mea. Onate am idin´ hec´ akana.

Toyo ak´ kathate gadha doe pa\_tia.uyente calaoena. Jomak´ n´elte ta\_rup´ kajake kusiyena. Uniak´ rak´ se kikia\_u an´jomte gadha doe botorente da\_r.keda. Gadhae da\_r.ket´te ta\_rup´ doe ran`gaoena. Ado toyoe metadea, “nitge gadha sap´ a\_guyem. Ren`gec´ ba.n´ sahao dar\_eak´ kana.

Toyo do arho` gadha t\_hene calaoena ar uni bujha\_uadete rua\_r. a\_gukede. Ar usa\_ra ta\_rup´ do gadhae sap´kedete jojome dhura\_uena. Ona oktere toyo do gadhawak´ bohok´ hatan`e kombr\_o keda.

Tinre ta\_rup´ do mit´ leka gadhae jom cabakedea adoe n´elkeda hatan´ do ba\_nuk´taea. Arho` ran`gaote kikia.uk´ kana, okayena gadhawak´ hatan´ do?

“Toyo doe menkeda, gadhawak´ hatan´ do ban´ tahe`na.” Noa katha an´jomte ta\_rup´ do arho`e ran`gaoena. Adoe menkeda, cedak´ a\_ur\_iak´ katha dom ror\_eda!Gadhawak´ hatan´ tahe`n khan in´ak´ kathate nond\_e am t\_hene hec´kok´a?” toyo do ta\_rup´e metadea.

Sa\_ri kathagem meneda, gadhawak´ bohok´re hatan´ tahe`n khan thor\_agan reho` bud akel tahe`kok´taea, Ta\_rup´ do toyo noa kathae metadea. Ma end\_ekhan calak´me.

Khange toyo do ac´ak´ or\_ak´e rua\_r. senena ar oko dohoakat´ hatan´ ra\_ska\_salak´e jomkeda.

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# SSC Bid .a .u Ehobok´a 21 April

Nes bochor 2026 reak´ SSC bid .a .u do darakan 21 April ehobok´a mente sikhna .t board doe la .i sodorkeda. Sodorakan SSC routine lekate bid .a .u do 21 April khon ehop´kate 20 May ha .bic´ calao idik´a. Ar onka leka Practical bid .a .u ho~ 7 jun khon ehop´kate 14 jun ha .bic´ calao idik´a mente bad .ae n´amakana. SSC bid .a .u do Ban´gla pa .hil paper khon ehobok´a.

Arho~ bad .ae n´amakana, SSC bid .a .u do setak´ 10:00 baja khonge ehobok´a. Onate 30 minit . lahare bid .a .u emok´ kodo bid .a .u cent .er te set .erok´ hoyok´a. Sanam pa .t .hua .ko t .hen neho~r tahe~n kana nit khonge SSC bid .a .u seledok´ la .git´ sapr .aok´ tabonpe.

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# Disomre Juluk´ Sunum Reak´ T .ont .a Ba .r .tik Kana

Iran ar Amerika reak´ la .r .ha .i karonak´te Ban´gladisom sa~ote got .a dha .rtire juluk´ sunum (ga .d .i reak´ sunum) pet .rol di .gel reak´ t .ont .a n´elok´ kana. La .r .ha .i tina .k´ jelen´ok´a sunum t .ont .a ho~ d .her idik´a. Disomre nit dha .bic´te sunum babotte bar hor .kin goc´ akana mente bad .ae n´amakana. Sarkarak´ aema lekan ka .mihora ar aste ho~ ja .rur . tenak´ sunum ban´ n´amok´ kana. Line re a .d .i gha .r .ic´ ten´go katet´ reho~ pamp khonak´ sunum bako n´amet´ kante hor .ko ran´gao arko a .r .is cabak´ kana.

Noa t .ont .a dinre aema sunum beparige sunumko oko dohokak´ kana ar kombr .o kate sunumko ba .nijeda. Onate disomre sunum reak´ t .ont .a do ba .r .tikaete n´el n´amok´ kana.

Kisa.~r. ar lahanti disom kodo noa t.ont.ako ten'go daram dar.eak' kana. Menkhan ren'gec' ar nacar disom kodo a.d.i muskilre menak'koa. Ona ia.te Ban'gladisom sarkar disom hor.koe neho~rako kana jemon ba.r.ti sunum babon beohar.

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## **Amnura Mission Re Ra.ska. Salak' Manaoena Paska Porob**

Chapainawabgonj jila. reak' Amnura Mission re ra.ska. salak' manaoena paska porob. Paska porob do isa.i dhorom hor.koak' dosar maran' porob kana. Robibar hilok' (05 April) setak' 7:00 baja okte paska porob se jisu Ma.si ak' jiwet' beredok' n'utumte girja. do hoe pura.uen. Noa girja. doko bondobosleda Bangladesh Northern Evangelical Lutheran Church (BNELC) ar Amnura Lutheran Mission.

Paska porob girja.e a.k'yurkeda BNELC Rajshahi circle past.or Rev.Rajen Soren, Mand.er past.or Sonaton Soren ar sa~ote gor.o gopor.ore tahe~kana Amnura Lutheran Mission mand.er a.yuric' Dhavid Dhonae Hembrom.

Ra.ska. paska porob girja.re Amnura Mand.er ar ona ad.epase t.ot.ha (Mirjapur, Jolohar, Sakot.ola, Pha.gupar.a, Jhinakhor) khon hec' set.erakan amdaj 400 cetan isa.i boeha miserako selet'lana. Girja. muca.t're joto hor. ra.ska. paska porob n'utumteko enec' seren'keda. Amnura Lutheran Mission girja. komit.i ren sodosso ar Utarbongo Adivasi Forum ren totho ar procar sompadok Prodig Hembrom doe bad.ae ocokeda, Amnura Lutheran Mission do noa jila. reak' a.d.i sedae reak' isa.i a.ri-ca.li koak' dhorom t.hao~na kana.

Nond.e do jao Robibar ar et.ak' et.ak' din ho~ girja. seko dewa sewaeda. Tehen'ak' dinre got.a dha.rtire suluk nira.i ar ban'cao n'am la.git' koejon' hoyena. Amnura Mission jubo songho ren sabha mukhia. Jeheskel Murmu ho~e la.i sodorkeda, ra.ska. paska porob manaoen

n'utumte a.d.i ra.ska.n' a.ika.ueda. Amnura Mission jubo songho ren sompadok John Hembrom ho~e la.i sodorkeda, tehen'ak' bises din do calao paromen dinko lekage manaoena.

Probhu Jisu Ma.si do pe din tayom gujuk' khone jiwet' beret'ena ar sernateye rakap'ena. Ona n'utumte paska porob se Jisu Ma.si ak' jiwet' beredok' din manaoena. ***Bhage sombat Mathaeye ol akat leka 28:6 ha.t.in're ol akana – "Nond.e do ba.nugic'an, ente ac'e menlet' lekae jiwet' beret'ena; dela uniye gitic'len t.ha.~i n'elben."***

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## Bhage Sukuḷbar

Tehen' do dha.rtiren sanam kristan boeha miserako la.git' mit't.en a.d.i manotanak' din se ma~ha~ Bhage sukulbar kana. Tehen' do noa dha.rtiren Baban'caoic' jisu ma.siak' gujuk' din kana uni do sanam manwa koak' ka.iko n'utumte kalbheri kurus kat.re ac'ak' jiwie alae keda jemon ona sec'te sanam manwako do akoak' ka.iko khonak jemon ban'caoko n'am arko sadhinok'. Tehen' got.a dh.rtire apan a.piun t.ha.~i jaega kore kristan hor. kodo Upa.s koejon' selet' uniak' noa gujuk' se puruchun ka.miko disa.yet' taea, probhu ma.si do jemon got.a dha.rtiren sanam ja.trenko apan a.pin suluke emako ma ar onkate sanam manwa kore ac'ak' noa harkhet ar gujuk' hotete suluke danako ma.

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# Disomre Arho~ Hec'ena Gidra koak' Ham Rua

Got a disomre gidra koak' Ham rua do pasnao akana. Ban'gladisom reak' 64 jila, modre eyae got en jila re Ham rua do d'her pasnao akana mente bad'ae n'amakana. Din dinte Ham rua do arho~ d'her idik' kana. A d i uta r gidra Ham rua te ja bun kateko gujuk' kana menteho~ tolas n'amok' kana. Nia ko din n'elok'kan adom adom Hospital re gidra ko bako sahabok' kana. Adom hor do Hospitalre bed bako n'amakat' reho~ Hospital reak' bahre pinda se ot kore asrae hatao kate akoren gidra ko ran ocoyet' koa. A d i muskil dosare gidra ko menak'koa. Disom reak' maran' khobor sakam "Prothom Alo reak' khobor re badaeyok' kana je nit 21 got en hopon gidra ko gur akana. Nia do nonka leka Rajshahi Medical College Hospital re 12 got en, Maymensingh Medical College Hospital re 3 got en, Rajdha ni reak rog pachnao Hospital re 3 got en ar Chapainababganj jila hospital re 3 gidra ko goc'akana."

## Ham Rua Hoyok' Cinha :-

1. Manda, na nd ri haso ar khok'te ehobok'a.
2. Rua rua a ika uk'a, Jut ban' a ika uk'a.
3. Me~t' aragok'a ar marsalko n'el lere do me~t' hasoa.
4. Moca bhitrire ka.t.ic' ka.t.ic' pusri leka pond.ge rakabok'a, noa do usa.ra cabak'a.
5. Bar pe din tayom me~t'a~ha~ ar hor.more pusri dana leka rakabok'a. Noako do thor.a din bhitritege got.a hor.more pasnaok'a.
6. Nijor gidra ko do A Vit.amin okula nte a d i usa.ra me~t' reak' muskil n'am dar.eakoa, metak'me me~t' do rohor.ok'a ar pond.ge dag me~t're n'el n'amok'a.
7. Nijor gidra kodo mocare muskil geko ghao dar.eak'a.
8. Pusri lekanak' od.ok cabalen khange gidra do besok'e ehobok'a, adom pusri do mo~r.e~ din gan tahe~na.

## Ham Rua hoy lenkhan Cet' ko Cekae Hoyok'a:-

- T.ika hatao hoyok'a.
- Sapha sa.phi tahe~n ja.rur.a.
- Joton ja.rur.a, jira.u ja.rur.a, ar dak'te hor.mo jot'ak' hoyok'a. D.her kaete vit.amin A ar vit.amin C reak' jomak'ko jom ocoye hoyok'a.
- Me~t'kin rohor. len khan, a.d.i usa.ra d.aktar t.hen idiye hoyok'a.
- Rua d.herlen khan ar khok' tuluc' kor.am haso se lutur haso hoelen khan d.aktar t.hen idiye hoyok'a.

Noa okte sanamko sontor tahe~n ja.rur.abona. Ba.r.tikaete aboren gidra.kobo jotonkoa, jemon Ham rua.re aloko ja.bunok' tabon ma.