

Disomre Arho~ Hec'ena Gidra koak' Ham Rua.

Got.a disomre gidra koak' Ham rua do pasnao akana. Ban'gladisom reak' 64 jila, modre eyae got.en jila.re Ham rua do d.her pasnao akana mente bad.ae n'amakana. Din dinte Ham rua do arho~ d.her idik' kana. A.d.i uta.r gidra Ham rua.te ja.bun kateko gujuk' kana menteho~ tolas n'amok' kana. Nia.ko din n'elok'kan adom adom Hospital re gidra.ko bako sahabok' kana. Adom hor do Hospitalre bed bako n'amakat' reho~ Hospital reak' bahre pind.a se ot kore asrae hatao kate akoren gidra.ko ran ocoyet' koa. A.d.i muskil dosare gidra.ko menak'koa. Disom reak' maran' khobor sakam **"Prothom Alo reak' khobor re badaeyok' kana je nit 21 got.en hopon gidra ko gur akana. Nia do nonka leka Rajshahi Medical College Hospital re 12 got.en, Maymensingh Medical College Hospital re 3 got.en, Rajdha.ni reak rog pachnao Hospital re 3 got.en ar Chapainababganj jila hospital re 3 gidra ko goc'akana."**

Ham Rua Hoyok' Cinha :-

1. Manda, na.nd.ri haso ar khok'te ehobok'a.
2. Rua rua a.ika.uk'a, Jut ban' a.ika.uk'a.
3. Me~t' aragok'a ar marsalko n'el lere do me~t' hasoa.
4. Moca bhitrire ka.t.ic' ka.t.ic' pusri leka pond.ge rakabok'a, noa do usa.ra cabak'a.
5. Bar pe din tayom me~t'a~ha~ ar hor.more pusri dana leka rakabok'a. Noako do thor.a din bhitritege got.a hor.more pasnaok'a.
6. Nijor gidra.ko do A Vit.amin okula.nte a.d.i usa.ra me~t' reak' muskil n'am dar.eakoa, metak'me me~t' do rohor.ok'a ar pond.ge dag me~t're n'el n'amok'a.
7. Nijor gidra kodo mocare muskil geko ghao dar.eak'a.
8. Pusri lekanak' od.ok cabalen khange gidra do besok'e ehobok'a, adom pusri do mo~r.e~ din gan tahe~na.

Ham Rua hoy lenkhan Cet' ko Cekae Hoyok'a:-

- T.ika. hatao hoyok'a.
- Sapha sa_phi tahe~n ja_rur_a.
- Joton ja_rur_a, jira_u ja_rur_a, ar dak'te hor_mo jot'ak' hoyok'a. D.her kaete vit_amin A ar vit_amin C reak' jomak'ko jom ocoye hoyok'a.
- Me~t'kin rohor. len khan, a.d.i usa.ra d.aktar t.hen idiye hoyok'a.
- Rua. d.herlen khan ar khok' tuluc' kor.am haso se lutur haso hoelen khan d.aktar t.hen idiye hoyok'a.

Noa okte sanamko sontor tahe~n ja_rur_abona. Ba.r.tikaete aboren gidra.kobo jotonkoa, jemon Ham rua.re aloko ja.bunok' tabon ma.