

Ta_rup' Ar Horo

Mit'din a_d.i setak're ta_rup' do jomak' sendrae ond_okena. Ado ba_i ba_ite bir bhitrite tar_am idiet' tahe~kana ar jomak'e sendraet' tahe~kana. Uni do jel, horo ar ce~r.e~ ho~e sendraet'koa. Menkhan enhilok' uniak' molon' do a_d.i ba_r.ic' tahe~kana. Got_a din sendra katet' ho~ celege bae n'amlet'koa. Ren'gec'te ta_rup' ak' lac' ho~ jal jalaok' kantaeta.

Cando ho~e ha_surena enreho~ ja~ha~n jomak'ge bae n'amlet'te ac'ak' tahe~n t.ha~i sec'e rua_r.ena. Ina_jokhenge mit't.en horoe n'el n'amkedeata. Ta_rup' do noa laha horo bae n'el akat'koa. Horo n'elte a_d.i a~t.e hahar_ayente ten'go uric' katet'e n'elkedeata. Ado mone monete hudiskeda, nui do cet' lekan janwar kanae.

Horo ho~ ta_rup'e n'el n'amkedeata. Botorte t.hapr.ak' bhitri bohok'e bolokeda. Ta_rup' do horo sore senena are ji bar_akedeata. Khange thor_a gha_r.ic' tayom horo do bohok'e ond_on'keda.

Ta_rup' ak' lac' ren'gec'te jal jalaok' kantaeta, adoe hudiskeda, got_a din cet'ge ba_n' jom akada, et.ak' jomak' ba_n' n'amlekhan nuigen' jomea. Adoe hudisket' leakage ka_mikeda. Ta_rup' do mit' donte horoe sap'kedeata are ger kedeata. Menkhan bae set.ec' dar_eadeata, ente horo t.hapra do a_d.i ket.ec'gea, d.at.a ho~ hasokedeata. Mit' dhao, bar dhaoe ger kedeata, menkhan t.hok' t.hok' sad_e kana, menkeam ja_nic' dhirige geret' kana. Ta_rup' doe a_r.isente mengot'keda, nui doe cet' lekan janwar kana. D.at.a ho~ d.at.a hasokeden' do.

Ado ba_i ba_ite horo bohok'e ond_on'keda. Adoe menkeda, nonkate do bam jom dar_ea.n'a, judim jomen' khan mit't.en ka_mi hoyok'tama. Dak're gid.ika.n'ime. Dak'ren' n'urlen khange in'ak' t.hapra ho~ la.bidok'a. End_ekhan a_d.i algate la.bit'gem jomen'a. Ado ta_rup' ho~e hudiskeda, horo do dak'ren' ar.ak'lege, end_ekhane la.bidok'a ar algaten' jomea. Onate horo sap'kate pukhri dak're ar.ak' kedeata. Horo do dak're phed.en sa~o sa~ote ti-jan'ga-bohok'e ond_on'keda ar a_d.i sa_n'igin'e paera calaena. Ta_rup' do sa_n'igin' khone koyok' hapekeda. Ac'ak' me~t' laha khon horoe da_r.keda, ta_rup' cet'ge bae ceka dar_eada. Ona

pukhri ar.ere ten'go hapekate bohok' kud.bur kate ran'gaote d.at.ae
ger uric'keda. Ina.kate ba.i ba.ite ac'ak' tahe~n t.ha.~i sec'e rua.r.
calaoena.

Ar horo ho~ ra.ska.te ac'ak' or.ak'e calaoena, ra.ska.te mon monte
menkeda, bud tahe~lenkhan ja~ha~ tin maran' ba.irigem harao dar.eaea.

KA`SI BAHA

Nil sermare poroe poroe pond. rimil

Ot.an' bar.ae kan rawal tula.m leka itil,

Judim koyog ten'go uric' kate ga.hir

Buj keam iska.n menak'a a.di ma.hir.

Latar dha.rti nia.ko okte gad.a pukhri ar.e

Sajao akan mon'j n'elok' bande pond. sa.r.i,

Nase hoete hisit' birla.n' borlon' hila.uk'

N'elte mone jiwi jud.asi ra.ska.te bula.uk'.

Judi Ga.hir hudis katem noam ta.n'khiy

Sa.n'gin' khone ga.wic' amkan onam kha.t.iy,

Noa ge sirjon reak' ma.hima hahar.a

Sirjon reak' mit' siropa KA`SI BAHA.

Modon

Modon n'utuman mit't.en casa hor.e tahe~kana. Modonak' do olok' par.hao ban' tahe~kantaeta. Menkhan a.d.i budane tahe~kana. Uni do aema lekanak' ar.ak' sakame caset'kan tahe~kana. Ar dina.m hilok' ako ato muca.t're lagaok'kan mor. re ar.ak' sakame a.khrin'et' kan tahe~kana. Ar nonkate ac'ak' son'sar mon'jge calak'kan tahe~kana.

Mit'din mit't.ec' mist.i dokandar modon takoak' ato talate parom calak'kan tahe~kana. Ado Modonak' ututeak' dokane n'elket' khan t.at.ka ututeak' n'elte kirin' sanakedea. Ado modone metadea mit' KG d.her.os ar mit' KG pot.ol ar mit' KG ben'gar. ema.n'me. Ado uni Mist.i ala joto saoda or.ak'te idikeda. Ado pind.are dur.up' katece' hudisok' kana noako ututeak'in' a.guket' ojon do t.hikgea se ban'? Son' legaya.n'. Adoe son'keda jotoge 900 gram kate menak'a. Uni mist.i dokandar do a.d.i kajake ran'goena ar Modon t.hene calaoena. Mist.i dokandar a~t. ar.an'te Modone metadea cedak' 900 gram kate ututeak' dom a.khrin'eda? Hor.em t.hokayet'koa. Ar in' ho~m t.hoka kedin'a!

Modone menkeda ba.bu mit'din amak' dokanin' senlena ar cinin' kirin'leda. In' do re'ngec' hor. soston'ak' kirin' leka t.aka poesa do ba.nuk'tin'a. Enhilok' amak' dokan khon mit' KG cinin' kirin'let' ona mit' KG cinige mit' sec' dohokate am t.hen ututeak' son' kategin' emat'me tahe~kana. Noa katha an'jom kate uni mist.i ala do a.d.i a~t.e lajaoena. Ar ja~ha~n katha bae ror.leda.

T. aiphoid. T. ika ko N´amkeda NAGR Sikhna. t Program Ren Pa. thua. Gidra ko

Tehen´ Lukhibar (23 October) Chapainawabgonj jila., Amnura Mission reak´ Tabitha Kindergarten School re NAGR (National Agency for Green Revolution) hotete a. yurok´kan pea school ren pa. t. hua. gidra. t. ika. ko n´amkeda.

T. aiphoid. t. ika. ko n´amkeda Tabitha Kindergarten School, Amnura Mission Primary School ar St. Andrew’s Junior School ren pa. t. hua. gidra. ko. Jotokote mot. mit´ sae eaegel mo~r. e~ (175) got. en pa. t. hua. gidra. t. ika. ko n´amkeda. Hec´ set. er akan joto gidra. ge t. ika. ko n´amkeda ar napaete t. ika. emok´ ka. mihora ho~ hoe pura. uena.

Santa lkoren Ra. ni Ayo Ela Mitrowak´ Sae Serma

Calaoen 10 june´2024 ta. rik amdaj a. yup´ bela 5 baja tesar dhao leka Te-Bhaga Lar. aonaren A. k´yuric´ Ela Mitrowak´ Ona t. ha. ~i One okare uniak´ dinisa. dhiriko beret´ akat´ Nachol upojila. reak´ kenduate. Ela Mitro do nachol ren casa(Krisok) ar Santal ko mit´ jomkao samt. ao ket´kote mit´ lar. aonae benao rakap´ leda. 1950 sal reak´ 5 January ta. rikre noa ten´go dak´ram se bidrho do ehop´lena, pulis ar palt. onko noa ten´go dak´ram se bidroho ko thkomlet´ tahena. Ela mitrowak´ noa dinisa dhiri n´en´el ka. mi horare sa~oteye tahe~kana India khon Dr. Boro Baski ear uniren sa~otenko National Agenc´ for

Green revolution(NAGR) ren staffko ar Gram bikash kendro(GBK) ren a.k'yuric' ar onaren Chairman.

Bidrhi kobi Kaji najrul Islamak' katha, 'Jago nari jago bonhi sikha' ar Dr.Omorto senak' 'Empowering woman is key to building a future we want' kathatet' do hoyok' kana kobi ar orthonitibid bana hor.ge a.kinak' hudiskinsodor akat'a, ar ona do kana got.a akat' t.ha.~ite set.erok' la.git' do eken baba hor. moto do ban' bickom maejiu koak' ektia.ri n'am se emako a.d.i ja.rur.a.

T.ha~otet' reak' sima. lekate Chapai nobabgonj jila. do bangladisa.m reak' uta.r pa.chim nakhare. Noa jila. reak' uta.rre bharot reak' pa.chim bon'go reak' malda jila. menak'a. Da.khinre padma gad.a ar bharot reak' mursidabad jila. Pa.chimre padma na.i gad.a ar malda jila. ar purub sec' do Rajshahi jila. ar Naogaon jila. Noa Chapai nobabgonj reak' nachol do mit't.en nagam te bhaga ren maran' a.k'yuric' Ela mitroak'sae serma janam ma~ha~ do tehen' 18 October'2025 sunibar hilok' manao hoyena. Noa Disa. ma~ha~ do te bhaga lar.aona Ela mitroak' sae ma~ha~ manao komit.i ko manao keda. Menkhan noa ho~ sa.ri katha raja.ri lekate nun m



aran' hor.ak' jahan manao do ba.nuk'a. Ela mitroak' dinisa. dhiri hud.in' lekate joton jogar. memak' reho~ okako atore santal a.diba.siko jeleka tebhaga lar.aonako benao rakap' leda, onkoak' noa dik'sa. ho~ jahan jogao do ba.nuk'a se darakan dinre noa dik'sa. dok'ho hoyok'a ona reak' jahan bhorsa ho~ ba.nuk'a.

A.d ren Sa~ota lar.aona maejiu a.k'yuric' Ela Mitro Chapai

nababgonj reak' okako santal aroren a.diba.siko sa~ote no ate bhaga lar.aonae benao rakap'let' onako atore na~ha~k' do hor.ko do ba.nuk'koa. Nachol Upo.ila.ren santal koak' mon duk do, nuna.k' maran' lar.aona je nond.e hoelen nit ona reak' jahan t.ewange ba.nuk'a se ban' n'el n'amok' kana.Onko sanamkoak' nitak' da.bi se khojogok' do eken Ela mitrowak' Dik'sa. T.ut.a doho se benao kate do ban' hoyok'a menkhan ona lar.aonare okoe koko tahe~kan onko sanamkoak' dik'sa. ar T.ut.a ho~ sarkari lekate da.yik hatao reak' ko khoj akada.

Aema dhao hiri ar n'el hoe akante a.d.i bad.aejon' reak' ahkaok' janamakana. Noa Nagam reak' Lar.aona do Nagam leakage hoyok' ja.rur. tahe~kana. Menkhan nun maran' noa Lar.aona reak' jahan dinisa. sendra tege ban' n'amok' kana, Ond.en ko hor. ar n'en'elko hec' hor.ko sa~ote noa te bhaga lar.aona bisoete gapalmarao hoeyena.

Luthru Ma.n'jhiak' (Soren) umer nit amdaj 110 serma cetan ato Dogachi Godagari upojila, Jila. Rajshahi.Uni sa~ote Ela mitro babotren' gapalmarao keda, Unie menkeda cet'in' mena bha.i te bhaga lar.aona reak' gha.t.i do tahe~kana nachol reak' kendua ghasur.a, Ra.itar.a,cund.ipur noako santal atore, Ale koren n'epel oporom per.a ko ho~ko tahekana noako atore.

Nit do onte noteko da.r. cabakeda, in' tinre Ela mitro bisa.ite kathan' kuliyyede kan tahekana unre uni doe kuli rua.r. keden'a henda bha.i cedak' Ela mitro bisa.ite dom kuliyyeden'a, Unre in' do unin' metadea nia. serma do uniak'(Ela Mitro) janam sae ma~ha~ kantaea, unre uni do in'e metadin'a Ela mitrowak' noa dinisa. jaoge lolo tahe~ma uniak' ka.mi jionre aema cecet'ak' menak'a, tobe santal ko la.git' aema doe la.r.ha.i akana abo do bha.i ka.t.ic' ja.t kanabon onate la.r.ha.i katege ban'cao tahe~ hoyok' tabona.

Luthru Ma.n'jhi (Soren) Barea bisoe doe n'um uduk' akada,pa.hilak' do Ela mitro do Santal maejiu bhusa. lekate da.r. okte rohonpur rel ist.ison rey sap' o.colena, ona tayom do nachol thanare idi kate uni do a.d.iko na~hacar kede.

Dosar do Tebhaga bisa ire uniak' mit't en ket.ec' ar an'.

Ela mitro do bapla laharege BA doe pas alat' tahekana, 1940 serma do ban'gali kur.i hisa.bte japan reak' Olimpik khila.d. la.git'e bachao ocoyena. Sohor reak' sikna.t ar rur.iwaxdi(Rokhkonsil) jumidar gharon'jren ba.hu hoe kate ho~ nook ca_sa hor.koak' lar.aonare a.ri apnar kate Ela mitro doe hoe lena santal koren Ra.ni Ayo.

Ban'gladisa.mre hajot join reak botoranak' ona din ar okte kodo tis ho~ bae hir.in'leada Ela mitro, Noa disa.mre judi jaha~tise rua.r.len khan ar ho~ko hajotia noa hudis daram do tahe~kan taea. Amdaj 13 serma tayom Kolkata jeget' biddagar. (University) re uni do praebhet. MA bid.a.u doe emkeda are paskeda.

1962 khon 1972 serma ha.bic' Bharot sarkarak' ho uni kom do bae haron akadea,ond.e uni do 10 sermare 4 dhao hajot kate ka.d or.ak' reko bhorao ledea ar aema leka mead teko sa.ja.i ledea, nuna.k' et.ket.o~r.e~ taken reho~ oka lekateho uni do ban'ko akot. dar.e akadea nui ket.ec' monan maejiu Ela mitro. 1962 khon 1972 ha.bic'te uni do Kolkata reak' manic tola ason khon 4 dhaote bidhan sobharen ra.sia.i bachao bahallena.

1971 serma ban'gla disa.m phurga.l la.r.ha.i oktere uni do onare on'son' gok'ro tahekan taea. Kami jionre uni do Kolkata cit.i kolejren ban'gla sa~ohet'ren mahasoe tahekana uni do ona ka.mi khon 1989 sermae jira.uen a.Uni do raja.ri sa~osa~ote sa~ohet' reak' ho a.diye hewa dohoyena, Hirosima Maejiu puthi kha.tirte uni do "Neheru" siropae n'am leda. Bila.t sason birud jelen' lar.aona jowanak' a.k'yurre uniak' enem ia.te bharot sarkar "tamro patro" siropako emade tahekana. Pascim ban'gla junior Athletic haparaore pe dhaoe champion lena Ela mitro, uni do nonkan enec' khila.d. re aema sec'teak' unia

k' enem kha.tirte ho~ siropae n'am leda, 77 serma re 2002 serma 13 October uni so noa dhur.i dha.rti khone bida.yena.

Tehen' 18 October 2025 serma santal koren Ra.ni Ayoak' sae serma janam ma~ha~ manao kha.tirte sanicar hilok' chapai nobagonjre a.diba.si ar ban'gali casba.sia. hor.(krisok) ko mit'kate mit' ka.mihorako sapr.aoleda, noa ka.mihora reak' etohop' re mit' d.ahar dar.an tahekana.

Ona d.ahar dar.an muca.t're jarwaakan sanamko saman're ac'ak daman kathae la.i calkeda Rajshahi jeget' bidda.gar.re sa~ohet' ar sa~ota lahanti cecet' thokren mahasoe Amirul Islam, A.dibasi olok'ic' ar khondron' jon'ic' Mithusilak Murmu, Uttar bon'go A.dibasi Phoramren sabhamukhia. Hin'gu Murmu, Jatio adibasi porisodren kendrio sabha mukhia. bicitra Tirki,mukhia. sekret.ari Bimol Rajoar., Ela mitro sanskritik ra.sia Tapos Mojumdar, Jila Puja manao porisod ren sabha mukhia. D.ablu Kumar Ghos, NAGR ren cak'laaic' Stephen Soren, Prothom Aloren Rajshahi ren a.k'yuric' Abul kalam ajad, Chapai nobabgonj a.k'yuric' Anoar hossain Dilu, noa ka.mi hora sapr.ao ar cacalaore tahekana Prodip Hembrom.

Ela mitro sae serma manao sabhare Manotan ko menkeda, Ela mitro oka soson bemanot, ar beabruk birudre lar.aona ehop'let ona do nit ho~ ban' pura.u akana.

Tehen' A.diba.si ar ban'gali cacasko(Krisiok) najjo a.ida.ri khon ko pa.sur.oco akana, nit ho~ ba.rin t.ot.hare santalko khet re dak' ban' n'am kateko apnar teko gujuk' kana. Roror.koko menkeda sanam lekan nahacar ek'r.e ak' caba kate mit't.en ektia.rian sanamko sulukte tahe dar.eak' tar.am dar.eak' mit't.en d.ahar panja la.git' sanam ko cehao ocoyena.

Muca.t're men sanan' kana santalkoren Ra.ni Ayo Ela mitro la.r.ha.i join ar disa.m ren sanam hor.ko nahacar khon ban'cao n'am la.git' mit' cahaonako n'ama.

"Am okoe hir.in' me menlet mit'din

Unie bad.aea am hir.in' tina.k' ka.t.hin !!"

-Kaji nojrul Islam.

Lelha Kor_a Khon A_kilan Hor. Hoyok´

Mit´din mit´t.en hor. ac´ren hopone metadea, “E bet.a, senkate bir khon thor.a kat. mak´ a.guime. Khange uni kor.a do kat. bad.ohi son´gekedete birtekin senena. Mit´t.en darere uni kor.a doe dec´ena ar kat. bad.ohi ona dare mak´e hukumadea.

Ackage mit´t.en a.kilan hor. ona ar.ete calak´kan tahe~kana. Uni hor. do uni murkha. lelha gidra.wak´ katha an´jomte menkeda, “Noa do cet´em cekaeda? Oka darerem dur.up´ akana, ona dare mak´em khojok´ kana!” Lelha kor.a doe hahar.ayena. Uni doe kulikede, “ado cekaena?” Uni hor. doe menkeda, “He~ boka, dare mak´ lekhan ona sa~ote am ho~ latarrem n´urha.k´a. Ona kathate lelha kor.a do dare khon a.d.i usa.rae phed.ena ar uni a.kilan hor. a.d.i a~t.e sarhaokede.

Ado uni kor.a do a.kilan hor.e metadea, “am do a.d.i bud ar a.kilan hor. kanam. Cekate in´ ho~ am lekan bud ar a.kilan hor.in´ hoyok´a, onam cet´a.n´a?” A.kilan hor. do uni kor.a cecet´e he~k´keda. Ado ac´ okakoe cet´ade ona sanamak´ do a.d.i mon lagaokatet´e cet´ keda ar onka lekae ka.mi idikeda. Khange ba.i ba.ite uni kor.a ho~ a.kilan hor.e hoyena.

Cecet´ak´: Sikhna.t hamet. reak´ ja~ha~n umer ba.nuk´a. Sikhna.t do ja~ha~n umer rege hoe dar.eak´a.

Chapainawabgonj Jila re Ela Mitro ak' Sae (100) Serma Janam Ma~ha~ Manotena

Chapainawabganj re ađi raskā salak' Tebhaga andolon se a.ida.ri ren a.yuric' Ela Mitro ak' sae serma janam ma~ha~ manotena.

Sa.nicar (18 October) Chapainawabgonj reak' Nachol, Gomostapur ar Sodor upa.jila. ren aema lekan ja.t ar huda.ren ka.mia.ko, hajar hajar adiva.si hor. ar maejiu ho~ko selet'lena. Uniak' janam ma~ha~ n'utumte jila. sohor reak' Fire Service mor.reko rally keda.



Setak' 11:00 baja okte Fire Service mor.re tumdak', t.amak, d.hak-d.hol, kortal reak' ru sad.eyena. Ona sa~ote enec' seren'ate rally ehop'ena, Ra.ni menaea, Ela Mitro menaena, Ela Mitro Ela Mitro, Casakoren Ra.ni Ela Mitro, Sa.gun sa.gun sa.gun din Ela Mito ak' janam din. Amdaj bar kilomet.er sa.nigin' khon ehop'kate Chapainawabgonj sohor reak' d.aharkore a.curkate Pouro park re muca.t'ena. Ina. tayom ond.e do ja.tia.ri seren' talare janam ma~ha~ manot ehop'ena.

Ina.kate Tebhaga a.ida.ri reak' namd.ak seren' 'Heisa mali dhan ho...'. Seren' talate kolhe sa~otaren pa.t.hua.ko do Ela Mitro ak' la.rik kathako sodorkeda. Ona seren're sodor upa.jila. rek' Filtipar.a sa~otaren pa.t.huko selet'ena.

Akhr.a ehop're ror.keda Udjapon porisod ren akhr.a hohoic' (Convenor) Bongopal Sordar. Manotan per.a lekate set.erko tahe~kana, Rajshahi University ren Chatro upodesta Folklore bibha.g ren Ass: Professor Amirul Islam Konok, ina. mit' bibha.g ren Professor Uday Songkor Bissas, Rajshahi Ucho Madhomik sikhna.t Training Institute ren upo-

poricalok (Deputy Director) Abdus Sobur, Jatio Adivasi porisod ren sabha mukhia. Bicitra Tirky, Rajshahi Ela Mitro Silpi Songsond ren sabha mukhia. Tapos Mojumdar, Adivasi onolia. Mithusilak Murmu, NAGR (National Agency for Green Revolution) ren ayuric' Stephen Soren, Utarbongo Adivasi Forum ren sabha mukhia. Hingu Murmu.



Ela Mitro ak' janam 1925 serma reak' 18 October Jhenaidah jila. Shailkupa upa jila. reak' Bagutia atore. Ac' baba Gogendronath Sen doe tahe~kana britis sarkar reak' tabere ban'gla ren Accountant General. 1944 sermare Ela Mitro do Kolkata reak' Bethu Kolej khon Degree hataokeda. 1945 sermare Chapainawabgonj jila. reak' Ramchondropur atore bapla hoyentaea. Ramchondropur ren jumidar Mohimchondro ar Bissomaya Mitro ren hud'in' kor_a Romendro nath Mitro sa~o bapla kate Bethu ren tukha.r. pa.t.hua. ar jumidar or.ak'ren ba.hu kur.i hoyena Ela Mitro Sen.

Olok' par.haok'kan okte khonge Ela Mitro do cominist party sa~oe jor.aolena, onate ac' ja~wa~e sa~o ar uniak' tar.am d.aharre algatege jor.ao dar.eak' tahe~kana. 1946-1950 serma ha.bic' Rajshahi reak' Nowabgonj t.ot.hare Tebhaga andolon se a.ida.ri doe a.yurkeda.



Janam ma~ha~ manot akhr. are onolia. Mithusilak Murmu doe menkeda, "Ela Mitro do la.r.ha.ikate ban'caok' tahe~ne cet' akat'bona. La.r.ha.ikate ban'caok' hoyok'tabona. Ona la.r.ha.i nit ho~ calao idi hoyok'a. Aboak' ja~ha~n a.ida.ri babon n'amakada. Onate delabon nit ho~ la.r.ha.i bon calao idia.

Onka leka NAGR ren a.yuric' Stephen Soren ho~e ror. sodorkeda, Ela Mitro ak' la.r.ha.ite sanamkoe udga.uet'bon kana je, aboak' a.ida.ri, hok a.ida.ri n'am la.git' aboak' andolon se la.r.ha.i bon calao idia.

Sikiom Baha

T.and.i reak' sikiom baha

Hoete lar.aok'kan kedejok'kan,

Dare lewer kodor ha.ria.r. sakam

Hoete lar.aok'kan kedejok'kan.

Ta.nd.i reak' sikiom baha

Hoete lar.aok'kan kedejok'kan,

One onkage co manwa jion

Isor hirla.re kedejok'kan.

HAM SE TALSA

D.her kaete ka.t.ic' gidra.ko a.d.i usa.ra talsa n'am got'koa. Noate gidra.ko lan'ga godok'a, nijor gidra.ko ar okoeak' TB rog menak'tako onko gidra. do a.d.iko lan'gak'a ar tayomte onkoak' obosta do a.d.i ba.r.ic' hoe dar.eak'a. Virus ko metak'kan mit't.en a.d.i uta.r ka.t.ic' tejo do noa rogko pasnaoeda. Noa rog do uca.r.ok' rog kana.

Talsa rugi t.hen et.ak´ bes gidra.ko sor len khan bar hapta bhitrirege uni gidra. ho~ talsa n´amea. Okoe mit´ dom talsa rua. n´am akat´ko onko do bes kate jiwet´ bhor ar ban´ n´amkoa..

Talsa Rua. Hoyok´ Cinha. :-

1. Manda, na.nd.ri haso ar khok´te ehobok´a.
2. Rua. rua. a.ika.uk´a, Jut ban´ a.ika.uk´a.
3. Me~t´ aragok´a ar marsalko n´el lere do me~t´ hasoa.
4. Moca bhitrire ka.t.ic´ ka.t.ic´ pusri leka pond.ge rakabok´a, noa do usa.ra cabak´a.
5. Bar pe din tayom me~t´a~ha~ ar hor.more pusri dana leka rakabok´a. Noako do thor.a din bhitritege got.a hor.more pasnaok´a.
6. Nijor gidra.ko do A Vit.amin okula.nte a.d.i usa.ra me~t´ reak´ muskil n´am dar.eakoa, metak´me me~t´ do rohor.ok´a ar pond.ge dag me~t´re n´el n´amok´a.
7. Nijor gidra. kodo mocare muskil geko ghao dar.eak´a.
8. Pusri lekanak´ od.ok cabalen khange gidra. do besok´e ehobok´a, adom pusri do mo~r.e~ din gan tahe~na.

Talsa Rua. N´amlen Khan Cet´ Cekae Hoyok´a:-

- Talsa do ja~ha~n rante ban´ besok´a, bickom pusri od.ok cabakate ackage besok´a. Bes dar.ean gidra. Talsa n´amko khan, kha.li joton, ar bes jomak´ ja.rur.akoa, ar bar hapta bhitri tegeko bes uta.rok´a.
- Joton ja.rur.a, jira.u ja.rur.a, ar dak´te hor.mo jot´ak´ hoyok´a. D.her kaete vit.amin A ar vit.amin C reak´ jomak´ko jom ocoye hoyok´a.
- Me~t´kin rohor. len khan, a.d.i usa.ra d.aktar t.hen idiye hoyok´a.
- Rua. d.herlen khan ar khok´ tuluc´ kor.am haso se lutur haso hoelen khan d.aktar t.hen idiye hoyok´a.

Nijor gidra. ar TB menak´tako gidra. do talsa rugi t.hen aloko sor ocoko ma, nonkan gidra. do talsa n´am kateko goc´ dar.eak´a.

HSC Bid .a .u Reak´ Jo Sodorena

2025 serma reak´ HSC ar ona man reak´ bid .a .u jo sodorena. Nes bochor gel mit´ (11) got .en sikhna .t borad re pas har 58.83. Tehen´ Lukhibar setak´ 10:00 baja jokhen joto sikhna .t board re mit´ dhaote bid .a .u jo sodorena. Bangladesh Anto:sikha borad komit .i ren Chairman Professor Dr.Khondakar Ehsanul Kabir bid .a .u jo doe sodorkeda.

HSC em akat´ pa .t .hua .ko do sikhna .t board reak´ website www.educationboardresults.gov.bd hotete ar sikhna .t t .ha~ona reak´ EIIN nombor teho~ a .d .i algate bid .a .u jo ko bad .ae dar .eak´a. Ina . chad .a akoak´ apan a .pin sikhna .t t .ha~onare sen katec´ ho~ bid .a .u jo ko bad .ae hatao dar .eak´a.

SMS hotete ho~ bid .a .u jo n´amok´a, ona la .git´ nit . akan nombor se code **16222** re HSC board n´utum (**Pa .hil 3 akhor**) Roll nombor ar bid .a .u serma ol katec´ sms kol lekhang message hotete jo bad .ae n´amok´a.

Na .muna .: HSC Dha 123456 2024 ol katec´ 16222 nombor re kol hoyok´a.

Nia . dhao HSC bid .a .ure 12 lakh 51 hajar 11 got .en pa .t .hua . form ko purunleda. Onko modre kor .ako tahe~kana 6 lakh 18 hajar 15 got .en ar 6 lakh 33 hajar 96 got .en do kur .i. Got .a disomre 2 hajar 797 got .en centre re bid .a .u hoe akana. Gel mit´ (11) got .en board re mot .re 12 lakh 51 hajar 111 got .en pa .t .hua . bid .a .ureko selet´lena.