

Hor.mo La.git´ Dar.eanak´ Jomak´ Se Vit.amin

Dar.eanak´ ar boge jomak´ do aboak´ hor.more aemae ka.mia. Abo do usa.ratebon nijorok´ kana ente onkan dar.eanak´ se vit.amin jomak´ge babon jomeda. Abo disomre aema thor.a dam reak´ Bhage vit.amin jomak´ko menak´a, menkhan ona do vit.amin kana mente okoe ho~ babon me~t´ luturak´ kana. Ar onatege onkan Bhage jomak´ do ren´gec´ koak´ jomak´ bon metak´ kana.

Ar.ak´ sakam, Jo, Bagwan reak´ sanam lekan ar.ak´ se utu teak´, A.lu, Sa.pa.ri, Da.l, Anaros, Pa.pia., ar eman teak´ko oka do sastate n´amok´ onage vit.amin se dar.eanak´ jomak´ doko metak´kana. Nonkan bhage jomak´ do joto umer ren hor.koak´ hor.mo la.git´ ga.d.i upka.r ar bha.la.ianak´ kana. Ba.rtikaete Gidra. ko ka.t.ic´ khon jom hewa ocoko hoyok´a, Jemon onko do mit´din Bhage a.yur koko hoyok´.