

Baba Ma~ha~

Tehen' do Robibar (18 June) mit't.en bises din kana. Jao sermage Ban'gladisa mre June cando reak' tesar At.hwar do baba ma~ha~ mente manotok' kana. Onka leka tehen' do June cando reak' tesar Athwar kana. Metak'me tehen' do baba ma~ha~ kana. Got.a disa mre tehen' ak' noa baba ma~ha~ ko manotet' kana. Baba katha do hud.in' reho~ a.d.i soros uta.rak'kangea. Ente mimit' gidra koak' ontor ga.hir khon dular salak' ucra.nok' kana noa baba katha. Baba kathare daya- ma~ya~ ar dular jopor.ao akana. Mit't.en gharon'jre gogo ak' cetleka da.yik menak'a, onkage baba ak' ho~ a.d.i uta.r da.yik menak'a.

Bad.aeabon dha.rtire aema disa.mkorege gharon'jren mukhia do baba. Baba do gharon'j reak' sanamak'e n'el juta. Cet'lekate gharon'j a.yur hoyok'a, gidra hara buru ko, olok' par.hao sec'te se~r.ako, jom-n'u horok' bande sanamak jogar jotonre baba do a.d.i kajak ka.mi ar kurumut.ureko tahe~na. Baba man manot ko la.git' tehen' ak' noa din do baba ma~ha~ mente lekha akana. Aema hor.ge noa din nana-parkanteko manaoet' kana. Okoe do cake get' talate, okoe do akoren baba ko noa dinre sandes ko emako kana. Nonka mimit' hor mimit' leka baba ma~ha~ko manoteda.

Ente gogo-baba do mit't.en hor ren rehet' se me~t' marsal kanakin. Gogo-baba begor noa dha.rti do n'utgea. Cedak' je, okoe ren gogo-baba ba.nuk'ko onko ko at.kar dar.eak'a sa.rige gogo-baba dula.r do tina.k' soros ar kha.t.igea mente. Onate Gogo ak' cet'leka man manot n'am lek kana, baba ho~ ona n'am lek kanae. Joto oktere baba doe kurumut.uia jemon gidra.ko mon'jko tahe~n. Gidra.wak' kusi ra.ska.te baba ho~ ra.ska.i at.kara. Baba doe khojok'a Jotowak'te jao oktege jemon ac'ren gidra kula.u ar ant.ao akane tahe~n. End.ekhan gidra napaye tahe~nte baba ho~ napaye tahe~ dar.eak'a. Onate delabon abo ho~ abokoren baba dula.r salak' man manot bon emakoa. Oka do abo t.hen n'am lek kanko. Ente baba ak' daya ar dula.r do cet'te ho~ ohoge jokhakok'a. Onkate aboren baba mon'jko tahe~nte abo ho~ onkoak' daya dula.r.te dha.rti jion bhor mon'j se napae bon tahe~n.

Got a Disa mre Gidra ko Vitamin A -Plus Capsule ko Emako Kana

Tehen' Robibar (18 June) setak' 8:00 baja khon dhina.n bela 4:00 baja dha.bic' 6 cando khon 49 cando umer ren 2 karor. 20 lakh gidra.ko disa.m reak' jo.to_ sarkari sastho kendro se nit. akat' et.ak' et.ak' t.ha.~ikore Vitamin A -plus capsule ko jo_m ocoyet'koa. Sa.nicar (17 June) Sastho montri do_e la.i laha akada je, disom ren 6-11 umer ren 25 lakh gidra., ar 12-59 cando ren 1 karor. 95 lakh gidra.ko selet' 2 karor. 20 lakh gidra.ko arak' ar ha.ria.r. ron' ak' Vitamin A capsule jom ocoko se emako reak' nit. akana.

Vitamin A capsule jo_m ocoko reak' karontet' kana, noa ran jomte gidra. koak' ho_r.mo_ niropon tahe~na ar jaha lekan rog sa~oge la.pa.r.ha.i reak' dil ar dar.e do_ ho_r.more hijuk'a, ho_r.mo_ reak' jan' ar d.at.a ko ho~ ket.ejok'a, me~t' ka~r.a~ lekan rog khon ho~ gidra.ko rukhia. ko n'ama, ba.r.tikaete noa ran ho_r.mo_re Antioxidents lekate ka.mite cancer rog birud ho~ ten.go daram dar.eak'a. Ina. chad.a ho~ aema lekan rog khone rukhia. koa. Ona ia.te gidra.ko Vitamin A menak' onkan jomak' ko jom ocoko hoyok'a. Jemon: ka.t.ic' hako, ar.ak'-sakam, apple , sa.ru ar.ak, gajor, toa, bele ul, sekerkenda nonkan emanteak' jomak'ko. End.ekhan gidra.ko koak' ho_r.mo_re Vitamin A reak' jahan t.ont.a se okula.n ban' tahe~nte gidra.ko mon'j se niropon ho_r.mo_ ko a.ida.rijon'a.