Sher-e Bangla Sona Reak´ Siro_pae N´amkeda Rajshahi Ren Merina Hasda

Sa˜ota rean˙ mimit´ ka.mihorakore maran˙ uta.r cikhna. se_ bhage bhage ka.mi n´utumte Sher-e bangla so_na siro_pa-2022 rey man manot ocoyena A.diba.si a.k´yuric´ Merina Hasda. Uni do_ Rajshahi Damkura ha.t. rean˙ besorkari unnoyon songstha Masaus ren nirbahi a.k´yuric´ kanae. So_ko_lbar (4 march) n´uhum okte Dhaka reak´ Bijoynogor Hotel-71 threister hollroom re mit´ akhr.a talateko man manotkedea.

Noa akhr.are manotan per.akoak´ tite crest, uttorio ar certificate ho˜e atan˙ket´a. Sher-e Bangla A.K Fazlul Hoqe gobesona porisod, South Asia Social Aducation Foundation ar 71 media vision noa akhr.ae bo_ndo_bo_sleda. Man manot n´utumte Masaus ren sanam ka.mia.ko Merina Hasda joharko em caladea. Ado_ thor.ako kuklikedere nonkae menkeda Merina Hasda, Uni do_ aema din khonak´ge a.diba.si ja.t-gosthi koak´ ma.nmi a.ida.ri, pa.rsi ar legcar paltur ra.khi jogao jo_to_n ar ona sa˜ote aema lekan ka.mi huda. benao rakap´re a.d.i muruk´e ka.mi idikana.

Et.ak´ et.ak´ a.diba.si ja.tiko akoak´ a.ida.ri hamet´ la.git´ ho˜ miljule ka.mi kana. Nonkae man manoten ia.te sa.rige uniak´ ka.mire arho˜ jhu˜k´ mon he_c´adea me_ntey bad.ae ocokeda. Ona t.hao˜naren sanam ka.mia.ko ga.hir mo_n kho_ne sarhaoket´koa.

Ha.ti Ar Toyowak´ Go_lpo_

Aema din laha reak´ katha. Mit´ bir-gajar.re a.d.i uta.r ce˜r.e˜-cipr.utko basok´kan tahe˜kana. Mit´te sulukreko tahe˜kana. Ackage ona birre maran˙ uta.r Ha.ti he_c´ena. Ha.ti ak´ ma ente maran˙ okoc´

hor.motae,,,,!! Jan̓gatae mot.a macha. Ekal su˜r.tae ma sermae tiog leka,,,,! Nawa per.a daram la.git´ jo.to. ce˜r.e˜-cipr.ut´ko he.c´ samt.aoena. Ha.ti acak´ hor.mo reak´ dil dar.e go.ro.bak´ kana. A.d.i kajake taraj garajena. Uniak´ taraj garaj an̓jomte got.a bir-gajar. dalkaoena.

Ce˜r.e˜ ciprut´ko do. bo.to.rteko tharbasaoena, ar god.oko ho˜ bhuga.k´te bo.lo.yena. Et.ak´ et.ak´ jib-janwarko ho˜ko da.r. rophayena . Nonkage dinko calao idiyena. Ackage mit´din Ha.ti ac´ak´ su˜r.te Je.l ho.po.ne tul rakap´kedea are capat´ gid.ikadea. Onka leka ka.t.ic´ janwar muc´ jan̓gatey lebet´ gan´jaokedea. Noa n´elte birren raj Ta.rup´ ho˜ bo.to.r ehop´adea. Ar Kul ho˜ ha.ti ad.epase calak´ ban̓e rebenok´kan tahe˜kana. A.d.i muskil dosareko tahe˜kana sanam janwar ko. Onate jo.to. as bhorsa Toyo cetanre.

Ado nindara leka Toyo ac´ak´ bud a.kile so.do.rket´a. Ha.ti t.hene he.c´ena are joharae kana, E maharaj am co jo.to. janwar kho.nem se˜r.a ar dar.ege. Sa.rige am do.m so.ro.sgea. Amak´ do. rajak´ dur.up´ak´ge lek kantama. Dela in´ sa˜ote. Gad.a hanasare sanamko am tan̓gire menak´ hatar.koa, joharamako mente. “Ha.ti noa an̓jomte mo.nre ra.ska capeadea. Ado. ha.ti sa˜oe mohnd.ayena. Ina. tayom ha.ti do. gad.ae paera paromkeda. Ha.ti mon montey khondron̓keda, nui ka.t.ic´ Toyo gad.ae paromen khan end.ekhan cedak´ in do. ba.n´ dar.eak´a? Jo.to. khonge maco.n´ se˜r.a ar dilange. Tinre gad.ae phed.ena hamal hor.mo karonak´te unumok´e dhura.uena. Ado.e karajok´ kana ma rukhia.in´pe, menkhan celege bako rukhia.ledea, bickom sanamko ra.ska.ko bujha.ukeda. Arko memenkana, nit do.le sa.dhinena ar hesec´ sek´rejo.k´ko portonkeda.

Sikha.una: Nijte go.ro.bok´ do. ban̓ bogea.

Me_skoc´

Me_skoc´

Bubulak´ kho_n sa.n˙gin´re tahe˜n reak´ upa.i:
Bar gate kor.akin gapalmaraok´ kana-
Pa.hil gate: Mase_, nuna.k´ maran˙ jelen´ no_l mon˙grate cedak´ cut.i-bir.im n´un´u kana?
Dosar gate: D.aktare me_nakat´a, dhu˜a. metak´me n´un´uak´ kho_n 10 moka sa.n˙gin´re tahe˜n hoyok´a. Ona kha.tir noategen´ n´un´u kana.

Cet´ Lekate Migraine (Bo_ho_k´ Haso) Kho_n Rukhia_bo N´amkea

Migraine mit´ lekan bo_ho_k´ haso kana. Bo_ho_k´ re ja˜ha˜ mit´ ar.e kho_nak´ge noa haso ehop´a. Migraine bo_ho_k´ haso a.d.i gha.r.ic´ do_ tahe˜na. Okoe ak´ nonkan et.ket.or.e˜ menak´tako, Onko do bo_ho_k´ haso sa˜o be_c´ be_c´ko at.kara. Noa haso a.d.i algate ban˙ maraok´a, thor.a din do_ hasoa. Onate tina.k´ hor.koak´ noa haso menak´, noa haso cet´ kha.tirte ehop´a ona babotre bad.aejon˙ ja.rur. menak´a. Nonkate Migraine khonak´ pharak´bo tahe˜ dar.ekea.

1. **Ren˙gec´te tahe˜n:**

Ren˙gec´te tahe˜len khan Migraine bo_ho_k´ haso ehop´a. Ente ren˙gec´te tahe˜nre gastric reak´ muskil n´elogo_k´a, oka do_ bo_ho_k´ haso d.her dar.eak´a.

2. **Hoe-dak´ bichna.u (abohaoa):**

A.d.i ba.r.ti seton˙re na.curle khanho˜ bo_ho_k´ haso ehop´ dar.eak´a.

Ina.kate lo.lo. seton̓ kha.tirte hoe dar.eak´a.

3. **Mo.nre uca.t.:**

Okoe do. asambher. se. a.d.i ba.r.ti uca.t.teko ka.mikan, ar jo.m-n´u rean̓ ja˜ha˜n nit. akan okto ba.nuk´tako se. ban̓ko manaoet´ kan, onkanko hor.ge ba.r.ti noa bo.ho.k´ haso n´amet´ko kana.

End.ete nonkanak´ mo.nak´ uca.t. dea gid.ikak´ reak´ kurumut.ui hoyok´a.

4. **Ja˜ha˜nak´ sad.e:** kajak´ rir.a.n̓ r.ar.an̓te seren´ an̓jo.m emanteak´ kha.tirte Migraine bo.ho.k´ haso n´an´ama. A.d.i rir.a.n̓ r.ar.an̓ kha.tir amdaj bar din dha.bic´ haso tahe˜ dar.eak´a.
5. **A.d.i ba.r.ti ja.pit´:**

Okte na.pitre ja.pit´ sanamko la.git´ a.d.i ja.rur.a. Ente oktere ban̓ ja.pit´le khan hor.more aema lekan et.ket.o˜r.e˜ n´elogo.k´a. Okoe do. jao hilok´ 5-6 ghont.a ko ja.pit´, Ackage mit´ okte onkanko hor. d.herko ja.pit´ lekhan bo.ho.k´ haso ehop´ dar.eakoa. Onate sanamko sontor ar aodhan tahe˜n hoyok´tabona.

Ukraine Reak´ La.r.ha.ire Bar Phut.bol khelwar.kin Gurena

Ukraine ar Russia talare mit´ la.r.hai do. calak´ kana. Calaoen 24 February an̓ga paha-poho kho.nak´ge noa dhawa jhapt.ao do. ehop´ akana. Tehen´ Lukhibar dhawa jhapt.ao rean̓ ira.l ak´ din. Russia-Ukraine talare oka la.r.ha.i noa do. dosar dhaoak´ Gulmal tayo.m Europe rean̓ jo.to.wak´ kho.n maran̓ ka.pha.ria.u-la.ihaiko metat´kana.

Calaoen eyae dinre Russia ren pha.d ar palt.onko Ukraine reak´ mimit´

t.ot.hare kur.par.ko calaoet´ kana. Russia nit´ dha.bic´te a.d.i uta.r nagrahakoe do_kho_l akat´a. Noa la.pa.r.ha.ire disomren barea phut.bol khelwar. ho˜ jiwikin alaeket´a.

Noako dinre 10 lakh kho_n d.her hor. Ukraine nagrahako ba.giada. Disom ko ba.giakat´re ho˜, Russiawak´ nonkan kur.par. birudre disom hor.ko ha.tia.rko sap´jon˙ana. Janam disom rukhia.i kha.tir haron dinre disomren khelwar. ho˜ thir ba.nuk´koa, bickom la.ihaireko so_ho_t set.erakana. Ar sa.rige noa gulmal la.pa.r.ha.ire barea phut.bol khelwar. Vitali Sapylo ar Dmytro Martynenko ho˜kin gurena.

Nukin babar got.en phut.bol khelwar. ak´ International Federation FIFPRO Ukraine re Russia reak´ kur.par.re noa kho_bo_re bad.ae ocoakada.

21 serma umerren Sapylo dosar bibha.g do_l Libhib se_c´ kho_nak´e e_ne_jok´kan tahe˜kana. Ado_ noa la.pa.r.ha.ire Tank commander hisa.btey jo_po_r.aolena. Uni do_ Kyiv reak´ mit´t.en kur.par. gulma.lre gurena.

Ar onkage Club FC Gostomel sa˜o la.phua. khelwar. hisa.bteye e_ne_cjok´ kan tahe˜kana Martynenko. Ukraine Rajdha.nire nijak´ Apartmentre en˙gatet´ sa˜o 25 umerren nui khelwar. girobasok´ kan tahe˜kana. Nui ho˜ Russia pha.dkoak´ boma ha.ntey gur ocoyena. FIFPRO bad.ae ocokeda, Nukin jua.n khelwar. Vitali Sapylo ar Dmytro Martynenko takinak´ gharon´j, per.a ar gateko la.git´ ma˜ya˜ mohle so_do_ret´kana. Noa la.r.ha.ire pa.hil ja˜ha˜e phut.bol khelwar. ak´ gur kho_bo_r bad.ae n´amena. Nukin bana hor.ge sulуktekin ja.pit´jon˙ma.

La.r.ha.ire gur tayom Sapylo do_ ‘Mahabir’ hisa.bteko cikhna.kedea acak´ club Carpati. Nui do_ calaoen So_ko_lbare gur akana me_nteko pust.auteko bad.ae ocoakada. Ale do_ jaoge nui Mahabir ak´ jaejugak´ dik´sa.wak´ thuti ko porbosto pos idia.

Mit´t.en Kul, Toyo Ar Gadhawak´ Go_lpo_

Mit´t.en Kul Toyo sabea mentey dho_mkaokedea. Toyo do_ ekal Kule neho˜rae kana, E maharaj nia. dhaotec´ ika.ka.n´me. In´ak´ sarec´ jin˙gi am sebaren´ jamar.kok´a honan˙. Jo_to_wak´gen´ ka.mitama. Ja˜ha˜n kamkajre ba.n´ ek´r.e botec´kema. Toyo ak´ nonkan se_be_l-so_r.o_m kathatey khalas kadea.

Ina. tayom Kul do_ Toyo batlaoadea, Calak´te in´ la.git´ mit´t.en janwar sap´ a.gua.n´me. Kulak´ batlao leka bir sendrae mohnd.ayena. Me_nkhan celege bae n´amlet´koa. Ackage ac´ saman˙re mit´t.en Gadhae he_c´ena. Ado_ Toyo do_ uni Gadhae metadea, ‘ E Gadha boeha un kho_n amge co_n´ n´am bar.aet´me. Bir-gajar.ren maharaj am la.git´ kur.a.i ante ta.n˙gi ta˜r.a˜k´re menaea. Onate ne˜otame la.git´in´ he_c´akan do_.

End.ekhan Me dela in´ sao˜, amtet´ge kur.a.i atan˙me. Ado_ Toyo ak´ kathate ma.lun˙kate Gadha do_ uni sa˜oe mohnd.a mar.an˙ena. Kul t.hen mohn´jam torage ekal jhapt.aoate sap´e dilkeda. Me_nkhan Gadha do_ bo_to_rtey tharbasaoena are da.r. pharakkeda. Nia. dhao Kul do_ Toyo cetanre a.d.i a˜t.e edreyena. Cet´ lekanic´em a.gukedea. Bad.agiri! Ma muca.t´ dhao a.tin´ emamkana. Do_ calaojon˙me, Gadha rua.rem. Arho˜m ka.i lekhan ba.n´ ika.mea. Ado_ sa.rige Toyo arho˜ Gadha t.hene calaoena are metaekana. E boeha, Kul mama ma co_ am ha.r.ube mo_nelet´. Cedak´ bacham d.a.rkeda. Gadhae me_n go_t´keda, Mase_ sa.rige ado_! In´ man´ hudislet´ pase_c´ jo_men´ la.gi´te nonkak´ kan tahe˜kana.

Dela end.ekhan, ina. tayom arho˜kin calaoena. Nia. dhao Kul ac´ak´ kusi-sana leka Gadha sap kate raktaoate cusa.u go_c´ kedea. Ado_ Toyo metadea, tin dha.bic´ ba.n´ hijuk´ ma pahra hatar.em nahak. Toyo menkeda, T.hikgea maharaj.

Tehen´ak´ Khila̱d̤ Ko

Criket

Bangladesh-Afghanistan

Pa̱hil ak´ T20

Dhina̱n 3:00 baja okte

Channel T sports, Gazi Tv.

Phut̤bol

English FA Cup

Everton-Boreham Wood

N´inda̤ 2:15 minit̤

Sony Ten 2 channel re.

ISL

Chennai-Mohunbagan

N´inda̤ 8:00 baja okte ehop´a.

Star sports channer re porcaro̱k´a.

Pa̱hil Doge Hatao Rean̈ A̱t

Nitonᵢ Hoˆ Menakˊa: Sastho Odhidaptor

Calak kan ko_ro_na mahama.ri re a.d.i aema lekan et.ket.oˆreˆ disom ar dha.rtire hecˊ par.ao akana. Noa mahama.ri saˆo la.iha.i se_ rukhia.kˊ la.gitˊ sanamko t.ika. hatao a.d.ige ja.rur.abon kana.

Tina.kˊ hor. pa.hil doge banᵢbo hatao akatˊ nitˊ hoˆ Sarkari-besarkari ni.t akan t.ika. t.ha.ˆre nˊutum ol car.hao se_ ja.rurakˊ kago_jko sonᵢge idi lekhange tika. bon hataojonᵢ dar.eakˊa.

Ente tehenˊ Budhbar (2 March) Sastho Odhidaptor virtual Sastho bulletin, zoom conference re Sastho Odhidaptor re_n t.ika. ka.mihora a.kˊyuricˊ Dr. Md. Shamsul Hoqe noa kathae ror. so_do_r akada.

Me_skocˊ

Me_skocˊ

Bar boeha mitˊte d.hil capatˊlekhan-

Hablu ar Bablu, bar boeha Ul kin capatˊkan taheˆkana-

Hablu: E boeha, Un gha.r.icˊ kho_n capatˊtege menakˊlanᵢa, enrehoˆ Ul o_ho_ nˊuˆrlena. Pase_cˊ nitˊ hoˆ berel machagea.

Bablu: Sa.rige pase_cˊ, Mase_ micha.lanᵢ haronena? Banᵢkhan dare dejo_kˊ talanᵢmme.

Hablu ekal harephare dare de_cˊena. Ado_ Ule tunum a.ika.ukeda, ar kikia.uate Bablui metawaekana;

Hablu: E boeha, Ul ma co_ bele akan!

Bablu: A.d.i boge! Ma end.ekhan usa.ra phed. ho_do_k´me. Banar boeha mit´telan˙ capat´ lekhange a.d.i algate n´u˜rok´a hape_n.

Horo Ar Ce˜r.e˜ Ak´ Go_lpo_

Mit´ dhao mit´t.en horo dare umulrey jira.ujon˙ kan tahe˜kana ar ona darere mit´t.en ce˜r.e˜ ak´ tuka. tahe˜kana. Un jo_khenge horo do_ ce˜r.e˜ metaekana, ‘Cet´lekan tuka.m benaojon˙ kana? Noare ban˙do menak´ cal-cha.uni ban˙do ja˜ha˜n co˜_ho˜_k´! Amak´ tearak´ tuka. kho_nak´ in´ak´ or.ak´ oka do_ deare menak´tin´ n´elok´te ho˜ napaegea.

Ado_ ce˜r.e˜ ror. rua.r.adea, “ Sa.rige n´elok´te a.d.i ba.r.ic´gea, Me_nkhan in´in´ tearakat´ or.ak´ a.d.igen´ dula.r.eda. Ado_ Horo ho˜e menkeda, Or.ak´tam metak´me tuka. nonka ba.r.ic´, pase_c´ in´ak´ bin´ ka.n´cur t.hap´rak´em lalocak´ kana”.

Ado_ onka leka ce˜r.e˜ye menkeda, Or.ak´tin´ ba.r.ic´gea, Menkhan noare in´ren gharon´j hor.ko sa˜o gateko ho˜ko tahe˜ dar.eak´a. Ar amak´ t.hapr.ak´ n´elok´te napaegea, Enreho˜m eskargea. E_nte am sa˜o okoe ho˜ ban˙ko tahe˜ dar.eak´a.