

# Setak' re Dak' Nu~ Reak' Bha . la . itet'

Dak' do jiu reak' rehet' kana. Ente dak' begorte cele jib-janwarge ban'cao bako tahe~ dar . eak'a. Onate din hilok' mimit' hor . ak' 4-6 lit . er dak' nu~ ja . rur . a. Jarnahakoak' katha lekate, din hilok' ren'gec' lac're mit' gila . s dak' nu~ lekhan hajamre mon'j upa . ka . r n'amok'a. Enkate lac're gas se lac' phula . uk' lekan muskil khon rukhia . bo n'am dar . ekea.

Ren'gec' lac're dak' nu~ lekhan hor . mo khon toxin ho~ cabak'a. Ona ia . te setak're beret' tora mit' gila . s dak' nu~i hoyok'a. Ina . chad . a ho~ ren'gec' lac're dak' nu~re cet' cet' upka . r se bha . la . i menak'a, thor . abon n'ellege-

Din hilok' ren'gec' lac're dak' nu~i la . git' hewak' hoyok'a. End . ekhan hor . more ma~ya~mko sarsao akan tahe~na. Setak're beret'kate ko . m se ko . m pe . gila . s urgum dak'em nu~lere got . a n'inda . te jarwa akan ma . ila . ko racate hotete od . on'ok'a.

Ne . be . tar jugre jo . m nu~re bhul kha . tir aema hor . ge a . d . i a~jhat . se jala jon'jal (Kostokathinno) lekan mu~hinreko par . aok' kana. Menkhan ren'gec' lac're metak'me a . uri jo . mre dak' nu~ lekange a . d . i algate noa khon rukhia . n'amok'a. Nonkage calao idilenre thor . a hapta tayomge nist . a . n noa reak' jo . do n'amok'te ho~ n'amok'gea.

Arho~ din hilok' setak're ren'gec' lac're dak' nu~ lekhan kidney, hor . mo baha (menses), na . nd . ri reak', emanteak' ro . g khon sahar . bon tahe~ dar . eak'a. Onate setak're dak' nu~ a . d . ige ja . rur . kana.

Eken ina . do ban', dak' do hor . mo reak' jan'ko ho~e ket . eja. Onate setak're dak' nu~ lekhan hor . mo reak' jan'ko ket . ec' ar nira . i tahe~na. Nonkate hor . more jahan hasoko tahe~nre algate cabak'a. Aboak' hor . mo ar me~t' mut . ha . n ho~ mon'j dohoere dak' do a . d . ige upka . ranak' kangea. Ar nonkate niropon hor . mo bon tahe~ dar . eak'a.

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# Eho\_p'ena Booster Doge Emok' Rean' Ka\_mihora Ko

Tehen' Mon'golbar (19 July) got\_a disomre booster doge rean' mit't\_en ka\_mihora ehop'akana. Tehen'ak' dinre eyae ge\_l mo~r.e~ (75) lak hor\_ko booster doge emako rean' hudis bhabna menak'a.

Hola Sombar Sastho montri Zahid Malek noa khobore la\_i so\_do\_r akada. Ar onka leka tehen' setak' 9:00 baja khonge mimit' t\_ika. centre kore booster doge ko emako kana.

Ente sanamko bon bad\_aea je, noa got\_a disomre ko\_ro\_na ro\_g cet'leka ha\_ha\_nkana mente. Mit' gha\_r\_ite ko\_mo\_k' kana arho~ d\_herok' kana. Ar sa\_rige a.d.i alagate hor\_ko ja\_bunok' kana. Menkhan noa ro\_g kho\_n rukhia\_k' la\_git' t\_ika. do\_a.d.ige ja\_rur. kana. Onate ko\_ro\_na ro\_g sa~o la.pa.r.ha.i la\_git' noa tesarak' doge metak'me booster doge emok'ko got\_a akada.