

Kicric' Reak' Msak Beohar Lekhan Ko_ro_na Se Omicron Lekan Rua Khon Rukhia Bon N'am Dar_ekea?

Ko_ro_na lekan botoranak' rua se rog khon apnarte niropon hor.mo tahe~n a.d.ige ja.rur. kanatabona. Ona ia.te mask beohar a.d.ige ja.rur. kana. Ko_ro_na ehop' tora khonge jo_to_ko mask horok' se beohar la.git' a.d.i lekate bisesoggo (jarnaha) ko uskur a.guiet'bon kana. Tina.k' hor. do_ko_ro_na rog reak' t.ika ko hatao akat' onko ko ho~ mask beohar reak' solha kathae metako kana Bisso Sastho Songstha.

Nia ko okte arho~ Omicron n'utuman ar mit't.en rua do_hec' akana. Arho~ et.ak' et.ak' disom kore do_ko_ro_na rua ho~ ba.r.ti idik' kana. Ona kha.tir nia ko din arho~ besesoggo ko do_ abo sanamko mask beohar la.git'ko neho~rabon kana. Menkhan aema hor.ge mask beohar bako moneak' kana. Ar aema hor.ge t.hik mask beohar ban'kate ha.t.ia – bajar re n'amok' kan mask ko beoharet' kana. Noa ko karonak'te a.d.i algate ko_ro_na ho~ d.her pasnao idik' kana. 20 minit. tala se bhitrite ho~ pasnaok kana. Nonkanak' khobor ko ho~ bad.ae n'amok' kana.

Bisesoggo ko bad.ae ocoyet' kana, Covid se ko_ro_na khon ban'caok' la.git' jo_to_ khon bha.la.ianak' upa.i do 'N95 mask' beohar. Mit't.en ko_ro_na rogi Jodi mask bae horok', end.ekhan uni lahare 'N95 mask' horok' akat' mit't.en niropon hor.moan hor. amdaj 2 ghont.a tala do_e ban'cao se_ ad. doho dar.eaea.

Ar ko_ro_na rogi ar niropon hor.moan hor. nukin bana hor.ge mask kin horok'le khan, end.ekhan uni rogi khon mon'j hor.moan hor. t.hen noa rua uca.r.ok'te amdaj 25 ghont.a okto ja.rur.a. Menkhan N95 mask a.d.i gha.r.ic' horok' se beohar re muskil hoyok'te kicric reak' mask hor.ko ba.r.ti ko beoharet' kana. Gobesona se khon-rond kate ko

menet'kana, Omicron birudre ten'go daram la.git' kicric' reak' mask do ban' ja.rur.a metak'me ban' bha.la.ia. Ente kicric' reak' mask horok' kate ko_ro_na rogi saman' rem par.aolen khan eken 20 minit. bhirite ko_ro_na rua.re ja.bun reak' botor menak' akada.

Ona ia.te jo_to_ ko niropon hor.mo tahe~n la.git' kicric' reak' mask beohar ban'kate Surgical mask beohar hoyok'a. Mit't.en surgical mask rog khon mit't.en mon'j hor.mo se sustho hor. adha ghont.a do_e ad. ar rukhia. dar.eaea.

Bisesoggo ko menet' kana, Omicron do_ et.ak' ko rog khon ba.r.ti bo_to_ranak' kangea. Ona ia.te noa khon ban'caok' la.git' mask horok' hoyok'a. Hotok're mask aka, mu~ khon jhic' se ocog dohokak', ghane ghane mask tunum se jotet' noa ko karonak'te ho~ a.d.i alagate noa rog do_ cha.pla.u se pasnao dar.eak'a. Onate jo_to_ ko ge maskbon beohar ma. Ar noa bo_ro_ranak' rua. jo_to_ ko tebon ten'go daram ma.