

# 17 Cando Tayom Jhicyena Iskul

Ko\_ro\_na ma~ha~ma\_ri kha\_tir calaoen serma reak' 17 March khonak' disa\_m reak' jo\_to\_ Skul college do\_bond tahe~kana. Me\_nkhan 17 cando tayom tehen' kho\_n Skul- College reak' dua\_r jhic' akana. Skul- College calak' la\_git' sanam pa\_t\_hua\_gidra\_ko ta\_n'igi se\_koyok' horreko tahe~kana. Una\_k' din kho\_n uiha\_r ar ta\_n'igire tahe~kanak' do\_tehen' suma\_r akana.

Tehen' kho\_n Disa\_m reak' Primary, Secondary ar High Skul a~t\_re menak' sikhna\_t ga~ota kore jo\_to\_ lekanak' hor\_mo ha\_t\_in' reak' a\_nko manao salak' kelas do\_eho\_p' akana. Onate a\_d\_i ra\_ska\_ko a\_ika\_uet' kana pa\_t\_hua\_gaidra\_ko. E\_nte tehen' do\_mimit' gate ko sa~o n'apam n'epel do\_hoyok' kantakoa.

Me\_nkhan jo\_to\_ pa\_t\_ha\_u gidra\_ko mask ho\_ro\_k' kate ar Mahasoe koak' batlao lekate kelasteko bo\_lo\_yena.

Source: Bangladesh-protidin

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## Migrain (Bo\_ho\_k' haso) Hoelen Khan Cet' Cet' Ko Cekae Hoyok'a

Migrain bo\_ho\_k' haso babotre sontor tahe~n reak' hapta 2021 n'utumte SKF bo\_no\_do\_bo\_s akan bises akhr\_a 'Bo\_ho\_k' la\_git' Bo\_ho\_k' Haso' reak' mo~r\_e~ak' porbo rean' bisoi tahe~kana Migraine reak' cikit'sa ar ona kho\_n ban'cao n'am. Un hilok' per\_a hisabte set\_ere tahe~kana National Institute

Of Neuroscience And Hospital reakt Neurology bibhag ren sa'oten professor Dr. Abu Nayim. Noa akhr.a do\_e a.yurleda Sushmita Shruti Chowdhury.

### **Aema lekan Bo\_ho\_k' Haso:**

Dr. Abu Nayim do\_e bad\_ae ocokeda, Me't' cetan khon da.bi dha.bic' noa bhag do\_ bo\_ho\_k' kana. Ar bo\_ho\_k' tahe~len khan bo\_ho\_k' haso do\_ tahe~ngea. Me\_nkhan ja~ha~tin ja~ha~tinre nia bo\_ho\_k' haso kho\_nge me't', lutur ar sinus reakt' muskil hoe dar\_eak'a. Pa\_hil porjai reakt' bo\_ho\_k' haso re ja~ha~n karontet'ge ban' sendra n'amok'a. Ar 95 percent bo\_ho\_k' hasoge nonkanak' bo\_ho\_k' haso kana. Ar 2-5 percent re n'e\_lok' kana, Bo\_ho\_k' haso sa'o me't', lutur ar mu~ do\_ jopor\_ao menak'a. Noa ko bo\_ho\_k' haso reakt' 70 percent arho~ a.d.i cinta. kho\_n ho~ hoyogo\_k'a. Noa do\_ko metak' kana Tension Headache. Ar 30 percent do\_ hoyok' kana Maigrain bo\_ho\_k' haso.

### **Cekatebo\_n bujha\_ukea je okt\_ak' bo\_ho\_k' haso kana:**

A.d.i at. cinta.te bo\_ho\_k' haso (Tension Headache) do\_ mit' talaoge hasoa. E\_t.ak' sec' Migraine bo\_ho\_k' haso do\_ ja~ha~tinre hasoa. Haptare bar din, pe din; mas re bar din, pe din. Metak' me bo\_cho\_rre mit' dhao ho~ hoe dar\_eak'a. Ar cinta.te bo\_ho\_k' haso (Tension Headache) do\_ cando ha\_surlen khange haso ho~ d.her idik'a. Migraine reakt' haso do\_ nonka a.ika.uk'a, menkeam bo\_ho\_k' bhitrire okoe con' cet'teko ha.net' kana. Pulse sa'ote noa haso ho~ tal mila\_u kate rakap' dar\_eak'a. Ar Tension Headache do\_ a.d.i kajak'gea. Bo\_ho\_k' a.cur dar\_eak'a, dudr.umge a.ika.uk'a. Bec' bec' at.karok'a. Seton' reakt' ra~t ban' sahaok'a, Katha ror\_re ho~ muskil hoe dar\_eak'a.

### **O\_koe do\_ Migraine bo\_ho\_k' haso n'am dar\_eakoa:**

Ja~ha~e hor\_koak'ge Migraine hoe dar\_eak'a. Emanteak' bo\_ho\_k' haso leka maejiu ko ba\_r.ti Migraine n'amet'koa. 16 bo\_cho\_r kho\_n e\_hop' kate 45 bo\_cho\_r dha.bic' noa bo\_ho\_k'

haso do\_ tahe~ dar\_eak'a. Nia laha- tayomre ho~ hoe dar\_eak'a. Ba\_r\_tikaete n'e\_logo\_k' kana, gogo-babawak' tahe~kana. Ond\_e kho\_n ho~ hoe dar\_eak'a.

### **Migraine karonak'te cet' ja~ha~n muskilak' hoe dar\_ekea:**

Ban', Cinta\_ reak' ja~ha~n karonge ba\_nuk'a. Secondary bo\_ho\_k' haso hoelen khan thor\_a cinta\_ reak' kangea. Me\_nkhan pa\_hilak' re cinta\_ reak' karonge ba\_nuk'a. Cedak' je\_, Bo\_ho\_k' kho\_n ehobok' kan bo\_ho\_k' haso do\_ bo\_ho\_k' reak' cet' ho~ bae loksana. Me~t', mu~ ar lutur kho\_n ehobok' bo\_ho\_k' haso thor\_a sensitive. Lahate ko dharonat' kan tahe~na Migraine sa~o Stroke reak' ga\_hir sompok menak'a. Me\_nkhan, khond-rond (Gobesona) kate ja~ha~n pormange ban' n'am akana. Migraine reak' cikit'sa lekhan mon'jok'a. Me\_nkhan aema o\_kte ban' mon'j uta\_rok'a. Aema din ran jo\_jo\_m joyok'a. Migraine re me~t' tayom nakha hasoa. Aema hor\_ do\_ me~t' ren dactor t\_henko senok'a. Cosma ko ho\_ro\_ga. E\_nre ho~ thor\_a do\_ mon'jok', nirdae do\_ ban' mon'j ut\_arok'a.

### **Migraine reak' cikit'sa:**

Diagnosis ocoe hoyok'a. Ina\_ chad\_a ho~ gharon'j reak' nagam tahe~n khan, jo\_to\_ cinha\_ ko mila\_u katec' ale do\_ thor\_a ranle e\_mogo\_k'a. Mone re do\_ho\_e hoyok'a, Cando re judi bar-pe dhao nonka a\_d\_i kajak' bo\_ho\_k' haso hoyok', e\_nd\_ekhan e\_t\_ak' ran do\_le emakoa. Haso e\_hop' torage ran jo\_m lekhan una\_k' do\_ ban' hasoa.

### **Maejiu kodo\_ cet' lekate Migraine ko sambr\_aoa:**

Bha\_rti hor\_mo tahe~n o\_kte Migraine do\_ sabhabik ghot\_na kana. Arho~ ale Migraine reak' oka lekan ranle emako, ona do\_ bha\_rti hor\_mo tahe~n o\_kte emok' ban' ganok'a. Nond\_e mit't\_en ha\_si reak' ghot\_na menak'a. O\_koe koak' do\_ laha kho\_nak'ge Genuine Migraine tahe~n, bha\_rti hor\_mo tahe~n o\_kte ona do\_ 50 percent belare do\_ mon'jok'a. Ar o\_koe koak' Migraine reak' nagam banuk', Onkoak' 16 percent belare

do\_bha\_rti hor\_mo okte Migraine hoyok'a. Arho~ gidra.  
janam tayom mon'jok'a.

### **0\_koeak' ghane ghane Migraine hoyok', uniak' judi Tension Headache hoyok', unre?**

Mit' hor\_ak' nonkan bar lekan bo\_ho\_k' haso hoe dar\_eak'a.  
Unre okako ran do\_bar lekan hasorey ka\_mia, onkan rangele  
emakoa. Migraine bo\_ho\_k' haso me\_nak'tae rogi do\_sabhabik  
leka bako ka\_mi dar\_eak'a. Je\_mon Skul, College se\_Office  
calak', olok' par\_haok'- noako ban'ko dar\_eak'a.

### **Hor\_mo khat\_aok' sa~o sa~ote Migraine reak' sompok:**

A.d.i cinta. tahe~len khan, ja\_pit' ko\_m hoylen khan, mit'  
san'j ban' jo\_m lekhan, ackage ba\_r.ti hor\_mo khat\_ao lekhan  
Migraine hoe dar\_eak'a. Migraine kh\_on sa\_n'gin're tahe~n  
la\_git' hor\_mo ar mo\_n niropon do\_hoe ja\_rur.a. Jaoge hor\_mo  
khat\_ao, tar\_am, bhan'jao (beyam) ja\_rur.a. Migraine do\_  
bo\_ho\_k' hatan' reak' rua\_kana. Hatan' reak' cet' ho~ bae  
loksana. Cikit'sa lekhan aema okte mon'j ho~ mon'j  
ho\_do\_k'a. Me\_nkhan mon'j ho~ ban' mon'j dar\_eak'a. Ban'  
mon'j lenkhan sambr\_aote do\_hoe hoyok'a. O\_kte na\_pitre  
ja\_pit' hoyok'a. O\_kte na\_pit're jo\_m hoyok'a. Dak' n'u~i  
lagaok'a. Ar ona sa~ote thor\_a hor\_mo bhan'jao kate apnarte  
napae tahe~n ja\_rura. Migraine se\_bo\_ho\_k' haso do\_ja~ha~n  
maran' muskilak' cet' ho~ ban' kana.

Source: Prothom alo

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# Messi Do\_ 'Sona ren Jel' Lekanae

Lionel Messi lekan suka\_r (superstar) do\_ seton' din re\_ be\_go\_r uca\_r.te do\_l reko n'am akadea PSG. Argentina superstar la\_git' Champion League re kukmu~ reko matao akana phorasi club. PSG Messi ko n'amkedete aema po\_rho\_ ko n'amet'kana mat.h bahreko reho~. Barcelona ren sa\_bik a\_k'yuric'e selet'en tayom khonge league 1 ren brand value rean' aema lahanti hoy akana.

Metak'me, Messi ko n'amkedete ko monejon' kana ban'ma 'Sona ren Jel' ko n'am akadea. PSG ar Messiwak' kago\_j-ko\_lo\_mte chukti oktege Argentina Superstar ak' n'utum ol menak' Ja\_rsi mit' ghur\_itege a\_khrin' cabayena.

Nia\_ ko din talatege PSG sec' kho\_n enec' la\_git' Messi ko o\_jo\_k' kedeo. Jel, Cricketer leka namdak jo\_to\_ ga~ota sa~o chukti hoy akantaea PSG wak'. Cricketer ko sa~o pe serma reak' oka chukti, ona kho\_n PSG dharonat' kana 25-30 Milion Euro do\_e ka\_mai jon'a

Source: Bangladesh protidin

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# Chin Kho\_n 54 Lakh Sinopharm Ko\_ro\_na T\_ika\_ Do\_ Hec'ena

Chin kho\_n kirin akan Sinopharm reak' arho~ 54 lakh ko\_ro\_na t\_ika\_ disa\_mre hec'ena. Hola Sokolbar tala n'inda. 12:45

baja okte mit't.en ud.a.uk' ga.d.ite noa t.ika. do\_ Dkaka  
reak' Hazrat Shahjalal Antorjatic Bimanbo\_ndo\_rre hec'ena.  
MNC&H ren Line Director Dr. Md. Shamsul Hoqe noa t.ika.  
hatao se\_atan' la.git' bimanbo\_ndo\_r rey tahe~kana. Nia.  
dhao do\_ 54 lakh 1 hajar 350 doge t.ika. do\_ hec'ena.

Source: Banglar Jonopod

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## TINAĶEM HO\_ŊGO\_RA?

E\_ am Lo\_ŋgra,

Tinaĳem ho\_ŋgo\_ra?

Ato tamma Mo\_ŋgra,

Bikaŋk kanem daŋgra.

E\_ am Lo\_ŋgra,

Tinaĳem ho\_ŋgo\_ra?

Baĳiyme tħaura,

Baĳiyme paŋra.

E\_ am Lo\_ŋgra,

Tinaĳem ho\_ŋgo\_ra?

Metamkanko bħaru,

Bikaŋk kanem bħalu.

E\_ am Lo\_ŋgra,

Tinaḡkem ho\_ngo\_ra?

Era uru dinko e\_ge\_ra,

Jhograle\_nrem ge\_ge\_ra.

E\_ am Lo\_ngra,

Tinaḡkem ho\_ngo\_ra?

Ujaḡo\_kkan ga\_i goḡa,

A\_njo\_mmese thoḡa.

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## Mit't\_en' Pa\_tia\_r Seta

Mit' hor\_ren a\_d\_i dula\_r\_ia\_ setae tahe~kana. A\_d\_i a~t\_e bolaolena. Uni hor\_ ja~ha~ sec'geye calak', seta ho~ uni sa~oteyeye calak'a. Uni hor\_ do dokandare tahe~kana. Mit' din uni hor\_ sadomre dec'kate mit' jaegateye senena. Uni seta ho~ ac'ren kisa\_r\_ sa~ote tayom tayomteye da\_r\_ idiket'a. Uni hor\_ rua\_r\_ jokhec', mit' tha\_ila\_k' t\_aka\_e a\_gu darayet' tahe~kana. Tarasin' okte tahe~kana, ar a\_d\_i seton'ena.

Ado hor\_ ar\_e reak' mit't\_en dare but\_a\_re sadom khone a~r\_goyena, are jira\_uena. Unre uni do ona t\_aka tha\_ila\_k' otreye dohoket'a. Jira\_uen khane arho~ sadomreyeye dec'ena, ar sadome kamsaokede, Menkhan ona t\_aka tha\_ila\_k' doe hirin'ket'a. Seta doe bujha\_uket'a, in'ren kisa~r\_ do noa tha\_ila\_k' doe hir\_in'ket'a. Khange seta do ona tha\_ila\_k' gerkate ik'diye t\_est\_aket'a.

Menkhan bae dar\_eat'a. Ina\_k'tege d\_her san'gin' ac'ren kisa~r\_ doe calaoena. Seta do ac'ren kisa~r\_ tioge la\_git' a\_d\_i a~t\_e da\_r\_ket'a, ar a\_d\_i a~t\_e bhok' idiket'a mit' gha\_r\_i khangeye n'ir tiok'kede, ar a\_d\_i a~t\_ unre ho~e bhok'ket'a. Menkhan uni hor\_ do setawak' bhok' bae hetaoat'a. Seta doe n'elket'a, nitok' in'ren

kisa~.r. do bae rua.r.a, ona ia.te sadomge a.cur rua.r.e la.git'  
sadamak' jan'gae ha.mbur. uric'ket'a. Uni hor. doe bujha.uket'a,  
seton' ia.te ja.nic' nui seta do ackae bhalok'ena. Jivet'in' dohole  
khan d.her hor.e loksankoa.

Ona ia.te uni hor. uni setae t.hukedea. Ba.puric' seta a.d.i a~t.e  
rak'ket'a, ar ona dare but.a t.hengeye n'ir rua.r.ena. Menkhan uni  
hor. doe sen idiyegea. Thor.a sa.n'gin'e senen khan, t.aka tha.ila.k'  
doe disa.ket'a. Ado ekalte sadome a.curkedea, ar ons dare but.a.  
t.hene set.er got'ena. Unre uni dula.r.ia. seta do ona tha.ila.k'e  
burum lot.om akat' tahe~kana, ar ac'ren kisa~.r.ak' jinis  
rukha.ket'taea.

Uni seta do ac'ren kisa~.r.e n'elkede khan, cand.bole t.hepe  
t.hepeket'a. Uni hor. do sadom khon usa.rae a~r.goyena, ar ac'ren  
dula.r.ia. setae ha.r.up'kedea, ar me~t' dak' joroyentaea.

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## **T-20 Bissocup La.git' Ban'gladisa.m ren Do\_lko La.i So\_do\_rket'ko**

Darakan 17 September kho\_n hoyok' la.gido\_k'kan T-Twenty  
Bissocup la.git' Ban'gladisa.m ren do\_l ko la.i so\_do\_r  
akat'koa. Ge\_l mo~r.e~ (15) member ren a.k'yuric' ko do\_ho  
akadea Mahumudullah Riyadh. Tehen' Lukhibar tikin 12 baja  
tayom Mirpur Shere ban'gla Criket Studiom re Press  
Conference kut.hri re bo\_ndo\_bo\_s akat' sombad sonmelonre  
Bissocup do\_le la.i so\_do\_rket'koa maran' khelwar. bachaoic'  
Minhazul Abedin Nannu. Ar uni salak' arho~ et.ak' bar. hor.  
khelwar. bachaokin Habibul Basher Sumon ar Abdur Razzak.  
Calaoen bar pe cando kho\_n okoe do\_jatiyo do\_l reak' T-  
Twenty series ko e\_nec' akan, Onko mo\_d kho\_n 15 got.en

khelwar ko bachao n'am akana. Ond.e do\_ Mahmudullah Riyadh cha.da ho~ ga.khur khelwar. hisa.bte Mushfiqur Rahim, Sakib Al Hasan tako ho~ me.nak'koa se.te.lak' kha.tirte.

Mit' Non'jorte Ban'gladisa.m ren Bissocup Squad-

Mahmudullah Riyadh (A.k'yuric'), Sakib Al Hasan, Mushfiqur Rahim, Sowmo Sarkar, Liton kumar Das, Nayim Sekh, Afif Hosen, Kazi Nurul Islam Sowhan, Shamim Hosen Patwari, Mostafizur Rahman, Taskin Ahmed, Md. Saifuddin, Soriful Islam, Sekh Mehedi Hosen ar Nasum Ahmed.

Source: Sonali Songbad

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## Internet Be\_go\_r Google Drive Beohar

Markin Search Giant Google akoak' Storage seba google drive do\_ internet begor beohar reak' phaeda do\_ko a.gukeda. Cedak' je\_, phone se\_ internet ban' tahe~lenre ho~ Offline re Google Drive re do\_ho akan nothi se\_ chubi jhic'kate n'e\_l reak' a.t menak'a. Ne\_ so\_do\_r akan mit't.en Blog post re Tech Giant gaota do\_ noa katha ko bad.ae ocokeda. Aso\_kaete PAN card, Voter card se\_ Driving Lisence lekan nijak' kago\_j (file) , Office reak' PDF file chad.a ho~ ja.rur.ak' ko Google Drive re do\_hok'a. Je\_mon ja.rur. okte ona t.un' ghur.ite n'e\_lgo\_k'.

Me\_nkhan digital nothi se\_ kago\_j okte maran' muskil do\_ noage, Internet bego\_r beohar reak' ja~ha~n upa.ige ba.nuk'a. Aema okte sa.n'gin' t.ot.hako re Network t.ont.ate muskilre par.aok' hoyok' kana. Noa muskil cabae la.git'ge na~wa~ Projukti ( Technology) do\_e a.gukeda. Noa ia.te

Google do\_e bad\_ae ocokeda, nit kho\_n Offline reho~ Google Drive re PDF file, Office reak' ja\_rur.ak' kago\_j ko n'e\_l n'amok'a. Arho~ bad\_ae n'am akana, Drive re digital file kha\_li save lekhang noa phaeda do\_ban' n'amok'a. Internet bond tahe~n okte Google Drive re digital nothi se\_file n'e\_l jo\_khe\_n jo\_po\_r\_ao menak' nothire ' Right Click' kate 'Available Offline' option re Click hoyok'a.

2019 serma kho\_n na~wa~ projukti reak' mo\_ho\_r\_a ko calaokeda Google. Aema hatao Milan hor\_ko selet'lena ona mo\_ho\_r\_a re. Onare po\_rho\_ n'am tayom nia. dhao sanamko la\_git' a\_guyena se\_so\_do\_rena noa projukti.

Source: Korotoa

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## Ho\_r\_ Ar Kula\_i Reak' Katha

Sedae jugre do\_, katha, ho\_r\_ ho~ kula\_i t.henko jo\_m ocok' kan tahe~kana. Ado\_onka taha~n tahe~nte, katha, mit' din do\_mit't.en ho\_r\_ do\_T.ha.kur t.hen aro\_jok'e calaoena. Ado\_e metae kan, E\_Tha.kur baba, am t.henge mit't.en aro\_jok' la\_git' in' he\_c' akana. Ado\_e metadea, Cet' a.rij kantama? La\_ime. Ado\_e me\_nket'a, Noko kula\_i ja\_tge a.d.i ba\_r.ic'ko noksanet'lea. Hud.in' janwarko hoeyena, sakam latarre ho~ko okokok' kana, ado\_bale n'e\_l n'am ho\_tet'koa. Acka ma\_rko jo\_m go\_t'et'lea. La.t.u janwar khan do\_, n'e\_l dalam go\_t'kotele n'ir sajonia. Noko kat.ic' janwar do\_bale n'e\_l dalam ho\_t' dar\_eako kana, onate am t.hen aro\_jok' in' he\_c' akana. Ma dayakate an'jo\_mkatin'me.

Ado\_T.ha.kure me\_nket'a, Acha bogege. E\_nd.e\_khan phalna din hilok' setak're he\_c' go\_dok'me, ar kula\_iren so\_rdar ho~ e\_n hilok' do\_n' man'gaoea. Am ho~ ina. din hilok' do\_

a.ikha. hijuk'me. Ado\_e me\_nket'a, Acha bogege. Khange ona din tiok'en khan sa.ri setak'reye calaoena, ar kula.i ho~ tinre co\_e se\_n akan. Khange ado\_bana ho\_r.kin se\_n n'apamena. Ado\_T.ha.kure kuliyet'kina, Henda ya kula.i, an'jo\_met' kanan', ban'ma, a.d.i ba.r.ic' am do\_m jo\_met'koa; sa.ri se\_nase? Ado\_kula.iye me\_nket'a, Okor ba? In' do\_ban' jo\_met'koa; akoge aleko jo\_met'lea. To\_be\_bam jo\_met'koa. Ado\_e me\_nket'a, Ban'a. Ado\_uni ho\_re kulikedea, Henda ya manwa, sa.ri, kathae, ape do\_kula.ipe jo\_met'koa? Ado\_e me\_nket'a, Okor ba? Ale do\_bale jo\_met'koa. Akoge bogete ale manwa ja.tko jo\_met'lea. Ado\_T.ha.kure me\_nket'a, Kula.i ar manwa, bana ho\_r. in' kuliyet'bena. Bana ho\_r.geben hund.a. bar.ek' kana. O\_ko\_e ho~ baben ka.bulet'a. Mit't.en bica.r hoyok'tabena; a.ikha. ona ka.miben, onarege abenak' do\_phand.aok'tabena. Ado\_bana ho\_r.kin me\_nket'a, Acha, ma hukuma.lin'me.

Ado\_kula.iye metadea, E\_ya kula.i, am do\_kita. ho\_rho\_in' metam kana. Judi noa bochor dinte kita. sakamem ho\_rho\_n'u~rket'a me\_nkhan, amgeko jo\_mmea. Onkae metadea. Ar uni ho\_r. ho~e metae kana, E\_ya manwa, am in' metam kana. Ado\_e me\_nket'a, Ma ro\_r.me. Am do\_korkot. sakam ho\_rho\_eme. Judi onam ho\_rho\_n'u~rket'a me\_nkhan, kula.iyem jo\_m dar.eakoa; ar bam ho\_rho\_n'u~rle khan, e.nd.e.khan ape manwa do\_kula.i t.henpe jo\_m ocok'a. Nia. bo\_cho\_r mo\_to\_rege bana ho\_r. ho\_rho\_n'u~rben. Kalo\_m nia. cando nia. din hilok' ona reak' sakam a.gua.n'ben, ar ona sakam in' n'e\_ltabena; sa.rigeben ho\_rho\_n'u~r akat'a se\_ban', onan' n'e\_ltabena. Ma am do\_ina. dare, ar nui do\_hane hana dare, ma tikin khonge ho\_rho\_eben. Ona sakam n'u~r tora bar.e\_a.gu go\_dben. Ja~ha~ hilok'ge n'u~rok', unrege a.gu go\_dben. Ar bica.r do\_noa cando noa din hilok' in' bica.rtabena. Ina.ge katha do\_; ma calak'ben. Ado\_kin calao bar.ayena, apan a.pin ho\_rho\_kin dhura.uen a.

Khange ado\_ho\_rho\_ho\_rho\_te d.e.ke\_sanam ce.d.e.yentakina, e\_nre ho~ ban'ge n'u~rok'. E\_nre ho~

kathae, ba gi do bakin ba giak' kana. Kula i ho~ ja~ha~e  
ho\_r\_e n'amle khan do\_e metakoa. Dose\_ ya, uni manwa n'e\_l  
a.gulepe, bhalae ho\_rho\_ n'u~rket'a se\_ban'. Khanko n'e\_l  
a.gukedege, ado\_ko he\_c' rua\_r\_enge, ado\_e kulikoa, Cele ya,  
ho\_rho\_ n'u~rket'ae? Ado\_ko metaea, Ban'a ya, bae le\_t\_e\_c'  
dar\_eak' kana. Ado\_e metakoa, O\_ko\_e bad\_ae, na~ha~k'e  
ho\_rho\_ n'u~rket'a me\_nkhan, abo do\_ko jo\_mbongea. Ar judi  
in' na~ha~k' in' ho\_rho\_ n'u~rket'a me\_nkhan, onkobo  
jo\_mkoa. Ado\_ ako ja\_t onkae galmaraoakoa. Ar uni ho\_r\_ ho~  
ja~ha~eko ac' t\_henko se\_nlen khan do\_e metakoa, Dose\_ ya,  
uni kula\_i n'e\_l a.guyepe , bhalae ho\_rho\_ n'u~rket'ae se\_  
ban'? Ado\_ko metaea, Bae le\_t\_e\_c' dar\_eak' kana. Ado\_e  
metakoa, O\_ko\_e bad\_ae, judi uniye ho\_rho\_ n'u~rket'a  
me\_nkhan do\_ abo manwa do\_ko jo\_mbongea; ai in' bar\_e\_n'  
ho\_rho\_ n'u~rle khan, e\_nd\_e\_khan onkobo jo\_mkoa. Ado\_ sa\_ri  
onka jida\_jid ho\_rho\_tegekin tahe~yena. Ado\_ sa\_ri bo\_cho\_r  
din tiogok' dela dili khange korkot\_sakam do\_ n'u~r  
go\_t'ena. Khange ado\_ uni ho\_r\_e ra\_ska go\_t'ena; ado\_  
halan'kate ona sakam do\_ T\_ha\_kur t\_hene idi go\_t'ket'a.  
Ado\_ uni kula\_i ho~e ho\_rho\_ bhagaoen khan, mocateye ge\_r  
topak'ket'a are idiket'a . Ado\_ T\_ha\_kurkin metae kana,  
No~k'o~e baba, lin' ho\_rho\_ n'u~r a.guket'a; n'e\_ltalínme.  
Khange ado\_ bana ho\_r\_ak' sakame n'e\_lket'ta\_kina. Ado\_  
kula\_iye metae kana, Am do\_ bam ho\_rho\_ n'u~rlet'a; amak'  
do\_ ban' sa\_budok' kana. Ado\_ kula\_iye me\_nket'a, Ban'a,  
baba, ho\_rho\_ n'u~r akat'gean'.

Ado\_ Tha\_kure me\_nket'a, Ban'a, bam ho\_rho\_ n'u~r akat'a. Am  
do\_ bhit\_ua.k' t\_hen mundhi do\_ okor n'e\_lok' kana? Ar  
nuiak' sakam bhit\_ua.k', n'e\_lme cet' leka n'e\_lok' kana.  
Amak' do\_ okor onka do\_ n'e\_lok' kana? Am do\_m ge\_r topak'  
akat'a; t\_hik se\_ban'? Ado\_ uni kula\_i do\_ cet' ho~ bae  
me\_n dar\_eat'a, tirup' hapeyena. Ado\_ paha tula\_mte jan'gae  
malaoket'taea are bho\_radea, are metadea, Am do\_n' bho\_ram  
kana; tehen' khon do\_ o\_ho\_ko tiok' dar\_elema. Ar am do\_m  
haraoente manwa t\_henem jo\_m ocok'a, ja~ha~regeko n'umme se\_  
ape ja\_tko, laga lagateko go\_c'pea, ar go\_c'kate apeak' do\_

moela ho~ moelako jo\_mtapea, e\_nte am do\_onkan' sarapam kana.

Ona ia\_te ale ho\_r. ho\_po\_n do\_kula.i reak' do\_nit dha\_bic' moela ho~ moelale jo\_met'takoa; onkoak' do\_bale gid\_iyet'a, jo\_to\_le sur.e jo\_met'takoa.

Source: Santal Folk Tales

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## **A\_diba\_siko ren A\_yuric' Sagram Ma\_jhiwak' Gur Ma~ha~ Disa\_Rua\_r.**

Sagram Hasda ( Ma\_jhi) do\_a\_diba\_siko ban'cao reak' kukmu~ye uduk'at'koa soman hasaren girobas akan Santal, Urao selet' aema adiba\_siko. Santalko ren nui maran' a\_yuric' do\_1901 se\_rmare Rajshahi jila., Godagar.i upa\_jila. reak' Malkomola n'utuman t.olare (Ne\_be\_tar do\_uniak' n'utum lekate 'Sagram Par.a) rey janam akana. Ako t.ola khon amdaj 20 kilometer sa\_n'gin' re menak' skulrey par\_haok' kan tahe~kana. Bad\_ae n'am akana, Secondary bid.au e\_mok' laharege par\_haok' do\_e ba.gi akada.

Nuna.k' sa\_n'gin' hor calak' hijuk' oktere a\_diba\_siko la\_git' thor.a ka\_mia mentey at\_karkedada. Rajnoitik gharon'jre bae janam akan reho~, a\_diba\_si hor\_koak' duk-kost.o n'e\_lte Rajnitigey bachaoana. 1954 sermare hoylen bachao tot' ( nirbacon) re Juktofront khon bachao ocolena ar Member Of Lagislative Assembly. Rajshahi Sagorpar.a re 1956 sermare ba\_isa\_uleda ' Sagram Majhi Adibasi Chatrobas'. 1 January 1957 sermare 40 t\_aka reak' bhar.a or.ak're 19

pa.t.hua.koante noa hostel do\_e ehop'leda. Ac'ak' noa kukmu~ lekate benao akan hostelre tahe~kate aema a.diba.si kor.a sikna.t ko hamet'jo\_n' akana ar akoak' jionre marsal do\_bamber akana.

Arho~ 1957 sermare Union Porisod re ad.e-pase (Sthanio Sarkar) got.hon okte Chairman huda.re do\_e bachao ocolena.

1958 sermare ac'ak' ka.mi t.ha.~i Program re Sastho Complaint Benaore go~rto~r.o~c' do\_e do\_ho akada. 1962 sermare Nap reak' center committee sodosso se\_member po\_d do\_e n'amkeda, 1970 sermare do\_nirbacon rey selet'lena. Me\_nkhan nirbaconre Awami League hor.ko t.hene bhagao ocoena. Ar 1962 sermare Dhaka selet' got.a Ban'gladisa.mre hulmal eho\_p'en khan santal hor., urao ja.ti-gost.hiko modre aema do\_disa.m ko da.r.ba.giada. E\_nreho~ Sagram Ma.jhi do\_sanam hor.ko dil ar sa.huse em akat'koa, janam disa.m Ban'gladisa.re a.ida.ri salak' girobasok' la.git'e udga.uket'koa. E\_ken ina.mo\_to\_do\_ban' 1974 sermare sa.dhin Ban'gladisa.mre Program Union Porisod re Chairman po\_drey bachao ocolena.

1971 sermare maran' la.r.ha.i e\_hop'en khan aema maejiu-baba hor.ko ad.epase disa.mre asraiko hataokeda. Uni ho~ mit' okte sima.na do\_e paromleda. E\_nre ho~ thir se hape do\_bae tahe~kana. Jo\_to\_ okte a.diba.siko bujha.uako monejon'leda, disa.m do\_rukhia.i la.git'e udga.u akat'koa. Acren ka.t.ic' hopontet' Sudhir Hasda (Ma.jhi) ho~ la.r.ha.i la.git'e kulledea. Rajshasi jiwi but.a.rire hostel benao talate a.diba.siko talare sikna.t reak' diuha.jolok' ia.te a.d.i a~t.e kurumut.u akada. Uniak' nonkan kurumut.u ar jhu~k' mon kha.tir Godagari Upa.jila.re ' Bot.toli Adibasi Prathomik Biddaloy' benao akana, Modhumath re benao akana Bir.la Prathomik Biddaloy. Ina.chad.a ho~ Sitolpur A.diba.si bo\_so\_k' kan t.ot.hare ar mit't.en Skul do\_e benao akada, Ne\_be\_tar do\_ona skul do\_Sarkari kedako.

Arho~ Sagram Ma.jhi do\_ac'ren thor.a gatiko jor.aokate un okte reak' Ojopar.a t.olare 1945 sermare benao rakap' kedae

' Panihar Public Library, Panihar t.olare. Bad.ae n'am akana nitok' ona library re pe ge\_l (30) hajar khon ba.r.ti puthi, magazine ko tuma.l menak'a. Disa.m ren namd.ak onolia., kobi, sa~ohet' Gobesona koak' ja.rur.ak' ko jagaokate library do\_calak' kana. Polli Kubi Josim Uddin, Kubi Bonde Ali Mia ho~ nia. library member re tahe~kana. Unige pa.hil t.olare murukh je\_no aloko tahe~n ona reak' ka.mikoe a.yurleda. Ad.epase ren'gec' nacar, murukh gharon'j khon gidra.ko sap' a.gukate skulrey bhurti reak' bebosthaet'kan tahe~na. Ra.sika a.diba.siko la.git' 1976 sermare Ban'gladesh Betar Rajshahi khon akhr.a ucha.n reak'e bo\_ndo\_bo\_set'kan tahe~na.

1976 sermare 6 June khon sa.bik lekate santal ar urao ko la.git' ' MADOL' ucha.n ehop'ena uniak' likho\_n go\_r.ho\_nte. A.diba.si koak' ka.ud.i ar sa~ota lahanti la.git' uni do\_ac' apatak' bhit.a ho~ Sarkar kut.ir silpa. benao la.git'e ar.ak'ade tahe~kana. Nagar sa~ota somaj do\_Mr. Ma.jhi do\_Rajshahi ren gunan gidra. hisa.bteko cinha. akadea.