

Or_ak're Den'gu Rogi Jo_to_n

Disamre Den'gu rua_te aema hor_ko ja_bunok' kana. Khond_rond kateko me_net'kana, Nia sermare Den'gute jabunok' hor_ko 'Den 3' lekanak'te ho~ko ja_bunok' kana. Ona ia_te mu~skilteak' ho~ d_hergea. Den'gu rua_te aema lekan mu~skilak' hoe dar_eak'a. Onate pa_hil kho_nge sontor ar ceton tahe~n ja_rur_a, end_ekhan jiwi ko_t_o_k' lekan bo_to_r ar ona selet aema et_aka'ko mu~skil ho~ ko_m n'ogo_k'a.

Den'gu rua_rem ja_bun akan do_ cekate bujha ua.

Aboak' disamre Den'gu rua_ n'elok' reak' okte do_ June-July kho_n September- October cando dha_bic. Ja_put' din ja~ha~nt_ ak' ruarebon ja_bunlenkhan den'gu ak' katha do_ bo_ho_k're do_ho_e hoyok'a. Noa rua_ reak' matra do_ 102-105 Fahrenhiet.Rua_ son'ge son'ge arho~ thora cinha_ tahe~na, ona do_ noage, A_di a~t_ hor_mo haso, dea ar jelre haso, me~t ar_e ar tayom sec' haso, be_c' be_c' a_ika_u costive, ren'gec' ban_ a_ika_uk' , hor_more arak'ge dag n'elok'. Nia_ okte rua_rebon ja_bun ta_nak'lenkhan bilo_m ban_kate rua_ n'am tora pa_hil mo~r_e~ din bhitrire den'gu SN1 bid_a_ua ja_rur_a. Ona sa~ote CBC, SGPT ar SGOT ho~ bida_u jarur_a.

Cet' cet'ko cekae ja_rur_a:

Den'gu ruare ja_bilenkhan dactor koak' porames lekate apan_a.pin or_ak're pa_hilte jo_to_n ar cikit'sa ehop' hoyok'a. Arho~ thora_ manao ganaoak'ko latarre e_mena-

1. Rua_ ko_m n'ok' reak' upa_i: Den'gu rua_ khon kom n'ok' la.git' paracetamol ran beohar hoyok'a. Noa ran do_ 5-8 ghont_a tayom rua_ reak' matra bujha_ukate beohar dar_eak'a. Me_nkhan dinre 8-10 kho_n ba_r ti beoharlekhan Liver re mu~skil hoe dar_eak'a. Rua ko_m n'ok' la.git' Aspirin ar haso reak' NSAD group reak' ran ban_ beohar hoyok'a. Ran begor ho~ rua kho_n

pharnaok' la.git' bo_ho_k're dak' dul, got.a hor.mo lo_ho_t' kic'ric' tanak'te jo_t ar ban' khan rua. hor. paera ho~bon paera dar.eakoa.

2. Dak' N'u: Den'gu ruare ja_bunlenkhan din hilok' 2 tala kho_n 3 liter dak' n'u lagaok'a. Den'gu rua reak' maran' cikit'sa do_ Fluid Replacement se_ le_he_r jo_mak' reak' bebostha. Dak' sa~ote arho~ n'u dar.ekeabon orselain, sup, d.ab dak', pholmul reak' so_rbo_t, dak' ma_nd.i, toa emanteak'.
3. Jira.u: Den'gu rua.re par.aoakan rogi ko la.git' jira.u do_a.d.i ja.rur.ak' kana.Rua. okte hor.mo do_nijo_r tahe~na.Den'gu rua. reak' cinha. n'elen 7-10 din hamal kami ban' jarur.a. Me_nkhan tar.am bar.ae, ar din hilok' reak' ka.mi dar.eak'bon.
4. Et.ak' Ran: Rua. sa~o sa~ote aema hor. do_ be_c' be_c'ko a.uka.ua, Diria tahe~ idik'a. To_be_ Den'gu rogi kodo Antibiotics Steroids ran reak' ja~ha~n ja.rur. ba.nuk'a.
5. So_nto_r tahe~nok' reak' son'ket': Rogiko thor.a so_nto_r tahe~n lagaoakoa. Ar noako cinha. n'e_llen khan bilo_m ban'kate a.di usara dactor son'ge n'apamok' hoyok'a. Ona do_ hoyok'kana, A.di at. nijor, abo_l tabo_l katha ror., mit' talao be_c', a.di a~t.lac' haso, hor.more cumka_k' cumka_k' dag, sa~het're muskil, ti jan'ga rear., racatere ma~ya~m, racate ko_m hoyok', mu~, d.at.a reak' ja.mbi, ta_nd.ite horre ma~ya~m jo_ro_k' , a.di ba.rt.i masik okte ma~ya~m calak', ma~ya~m be_c'.

Ba.r.ti mu~skilre okoeko menak'koa: Mit' bo_cho_r latar ar 65 bo_cho_r cetan, bharti hor.mo maejiu, blood pressure, kor.am re okoeak' mu~skil menak', Diabetes, Dialysis rogi. Nonkan kodo_ ehop' kho_nge Haspatalre tahe~ reak' porames e_m hoyena.

Santals Times se_c' kho_n Sanam santal boeha-misera kope neho~r ocok' kana je_ Den'gu rua. kho_n sahar.akae tahe~n

lagit' cetanre ol akan biso_iko monrebo_n rebet' do_hoe ma.
Ar ona lekabon calak'ma. End_ekha sa_rige Dengu rua_ kho_n
rukchia_bon n'am dar_eak'a. Ar onkate sanamko napaete dha_rti
jin'gi bon khemao idima.

Source: Prothom Alo