

Orak' re Den' gu Rogi Jo_ to_ n

Disa_ mre Den' gu rua_ te aema hor_ ko ja_ bunok' kana. Khond-
rond kateko me_ net' kana, Nia_ sermare Den' gute jabunok'
hor_ ko 'Den 3' lekanak' te ho~ ko ja_ bunok' kana. Ona ia_ te
mu~ skilteak' ho~ d_ hergea. Den' gu rua_ te aema lekan
mu~ skilak' hoe dar_ eak' a. Onate pa_ hil kho_ nge sontor ar
ceton tahe~ n ja_ rur_ a, end_ ekhan jiwi ko_ t_ o_ k' lekan
bo_ to_ r ar ona selet aema et_ ak' ko mu~ skil ho~ ko_ m
n' ogo_ k' a.

Den' gu rua_ rem ja_ bun akan do_ cekate bujha_ ua.

Aboak' disa_ mre Den' gu rua_ n' elok' reak' okte do_ June-July
kho_ n September- October cando dha_ bic. Ja_ put' din
ja~ ha~ nt_ ak' ruarebon ja_ bunlenkhan den' gu ak' katha do_
bo_ ho_ k' re do_ ho_ e hoyok' a. Noa rua_ reak' matra do_ 102-105
Fahrenhiet. Rua_ son_ ge son_ ge arho~ thora_ cinha_ tahe~ na,
ona do_ noage, A_ di a~ t_ hor_ mo haso, dea ar jelre haso,
me~ t ar_ e ar tayom sec' haso, be_ c' be_ c' a_ ika_ u costive,
ren' gec' ban' a_ ika_ uk' , hor_ more arak' ge dag n' elok'. Nia_
okte rua_ rebon ja_ bun ta_ nak' lenkhan bilo_ m ban' kate rua_
n' am tora pa_ hil mo~ r_ e~ din bhitrire den' gu SN1 bid_ a_ u
ja_ rur_ a. Ona sa~ ote CBC, SGPT ar SGOT ho~ bida_ u jarur_ a.

Cet' cet' ko cekae ja_ rur_ a:

Den' gu ruare ja_ bilenkhan dactor koak' porames lekate apan-
a_ pin orak' re pa_ hilte jo_ to_ n ar cikit' sa ehop' hoyok' a.
Arho~ thora_ manao ganaoak' ko latarre e_ mena-

1. **Rua_ ko_ m n' ok' reak' upa_ i:** Den' gu rua_ khon kom
n' ok' la_ git' paracetamol ran beohar hoyok' a. Noa ran
do_ 5-8 ghont_ a tayom rua_ reak' matra bujha_ ukate
beohar dar_ eak' a. Me_ nkhan dinre 8-10 kho_ n ba_ r_ ti
beoharlekhan Liver re mu~ skil hoe dar_ eak' a. Rua_ ko_ m
n' ok' la_ git' Aspirin ar haso reak' NSAD group reak'
ran ban' beohar hoyok' a. Ran begor ho~ rua_ kho_ n

pharnaok' la_git' bo_ho_k're dak' dul, got_a hor_mo lo_ho_t' kic'ric' tanak'te jo_t ar ban' khan rua. hor. paera ho~bon paera dar_eakoa.

2. **Dak' N'u:** Den'gu ruare ja_bunlenkhan din hilok' 2 tala kho_n 3 liter dak' n'u lagaok'a. Den'gu rua reak' maran' cikit'sa do_ Fluid Replacement se_ le_he_r jo_mak' reak' bebostha. Dak' sa~ote arho~ n'u dar_ekeabon orselain, sup, d_ab dak', pholmul reak' so_rbo_t, dak' ma_nd.i, toa emanteak'.
3. **Jira_u:** Den'gu rua_re par_aoakan rogi ko la_git' jira_u do_ a_d.i ja_rur.ak' kana. Rua_ okte hor_mo do_nijo_r tahe~na. Den'gu rua_ reak' cinha_ n'elen 7-10 din hamal kami ban' jarur_a. Me_nkhan tar_am bar_ae, ar din hilok' reak' ka_mi dar_eak'bon.
4. **Et_ak' Ran:** Rua_ sa~o sa~ote aema hor_ do_ be_c' be_c'ko a_uka_ua, Diria tahe~ idik'a. To_be_ Den'gu rogi kodo Antibiotics Steroids ran reak' ja~ha~n ja_rur_ ba_nuk'a.
5. **So_nton_r tahe~nok' reak' son'ket':** Rogiko thor_a so_nton_r tahe~n lagaoakoa. Ar noako cinha_ n'e_llen khan bilo_m ban'kate a_d.i usara dactor son'ge n'apamok' hoyok'a. Ona do_ hoyok'kana, A_d.i at_ nijor, abo_l tabo_l katha ror_, mit' talao be_c', a_d.i a~t. lac' haso, hor_more cumka.k' cumka.k' dag, sa~het're muskil, ti jan'ga rear_, racatere ma~ya~m, racate ko_m hoyok', mu~, d_at_a reak' ja_mbi, ta_nd.ite horre ma~ya~m jo_ro_k', a_d.i ba_rt.i masak okte ma~ya~m calak', ma~ya~m be_c'.

Ba_r.ti mu~skilre okoeko menak'koa: Mit' bo_cho_r latar ar 65 bo_cho_r cetan, bharti hor_mo maejiu, blood pressure, kor_am re okoeak' mu~skil menak', Diabetes, Dialysis rogi. Nonkan kodo_ ehop' kho_nge Haspatalre tahe~ reak' porames e_m hoyena.

Santals Times se_c' kho_n Sanam santal boeha-misera kope neho~r ocok' kana je_ Den'gu rua_ kho_n sahar_akae tahe~n

lagit' cetanre ol akan biso_iko monrebo_n rebet' do_hoe ma.
Ar ona lekabon calak'ma. End_ekha sa_rige Dengu rua_kho_n
rukhia_bon n'am dar_eak'a. Ar onkate sanamko napaete dha_rti
jin'gi bon khemao idima.

Source: Prothom Alo