

Orak're Den'gu Rogi Jo_to_n

Disa_mre Den'gu rua_te aema hor_ko ja_bunok' kana. Khond-rond kateko me_net'kana, Nia_sermare Den'gute jabunok' hor_ko 'Den 3' lekanak'te ho~ko ja_bunok' kana. Ona ia_te mu~skilteak' ho~ d_hergea. Den'gu rua_te aema lekan mu~skilak' hoe dar_eak'a. Onate pa_hil kho_nge sontor ar ceton tahe~n ja_rur_a, end_ekhan jiwi ko_t_o_k' lekan bo_to_r ar ona selet aema et_ak'ko mu~skil ho~ ko_m n'ogo_k'a.

Den'gu rua_rem ja_bun akan do_cekate bujha_ua.

Aboak' disa_mre Den'gu rua_n'elok' reak' okte do_June-July kho_n September-October cando dha_bic. Ja_put' din ja~ha~nt_ak' ruarebon ja_bunlenkhan den'gu ak' katha do_bo_ho_k're do_ho_e hoyok'a. Noa rua_reak' matra do_102-105 Fahrenhiet. Rua_son'ge son'ge arho~ thor_a cinha_tahe~na, ona do_noage, A_di a~t_hor_mo haso, dea ar jelre haso, me~t ar_e ar tayom sec' haso, be_c' be_c' a_ika_u costive, ren'gec' ban' a_ika_uk', hor_more arak'ge dag n'elok'. Nia_okte rua_rebon ja_bun ta_nak'lenkhan bilo_m ban'kate rua_n'am tora pa_hil mo~r_e~ din bhitrire den'gu SN1 bid_a_u ja_rur_a. Ona sa~ote CBC, SGPT ar SGOT ho~ bida_u jarur_a.

Cet' cet'ko cekae ja_rur_a:

Den'gu ruare ja_bilenkhan dactor koak' porames lekate apan-a_pin orak're pa_hilte jo_to_n ar cikit'sa ehop' hoyok'a. Arho~ thora_manao ganaoak'ko latarre e_mena-

1. **Rua_ko_m n'ok' reak' upa_i:** Den'gu rua_khon kom n'ok' la_git' paracetamol ran beohar hoyok'a. Noa ran do_5-8 ghont_a tayom rua_reak' matra bujha_ukate beohar dar_eak'a. Me_nkhan dinre 8-10 kho_n ba_r_ti beoharlekhan Liver re mu~skil hoe dar_eak'a. Rua_ko_m n'ok' la_git' Aspirin ar haso reak' NSAD group reak' ran ban' beohar hoyok'a. Ran begor ho~ rua_kho_n

pharnaok' la_git' bo_ho_k're dak' dul, got_a hor_mo
lo_ho_t' kic'ric' tanak'te jo_t ar ban' khan rua. hor.
paera ho~bon paera dar_eakoa.

2. **Dak' N'u:** Den'gu ruare ja_bunlenkhan din hilok' 2 tala
kho_n 3 liter dak' n'u lagaok'a. Den'gu rua reak'
maran' cikit'sa do_ Fluid Replacement se_ le_he_r
jo_mak' reak' bebstha. Dak' sa~ote arho~ n'u
dar_ekeabon orselain, sup, d_ab dak', pholmul reak'
so_rbo_t, dak' ma.nd.i, toa emanteak'.
3. **Jira_u:** Den'gu rua_re par_aoakan rogi ko la_git'
jira_u do_ a.d.i ja_rur.ak' kana. Rua_ okte hor_mo do_
nijo_r tahe~na. Den'gu rua_ reak' cinha_ n'elen 7-10
din hamal kami ban' jarur_a. Me_nkhan tar_am bar_ae,
ar din hilok' reak' ka_mi dar_eak'bon.
4. **Et_ak' Ran:** Rua_ sa~o sa~ote aema hor_ do_ be_c'
be_c'ko a_uka_ua, Diria tahe~ idik'a. To_be_ Den'gu
rogi kodo Antibiotics Steroids ran reak' ja~ha~n
ja_rur_ ba_nuk'a.
5. **So_nto_r tahe~nok' reak' son'ket':** Rogiko thor_a
so_nto_r tahe~n lagaoakoa. Ar noako cinha_ n'e_llen
khan bilo_m ban'kate a.di usara dactor son'ge
n'apamok' hoyok'a. Ona do_ hoyok'kana, A.di at_ nijor,
abo_l tabo_l katha ror_, mit' talao be_c', a.di a~t.
lac' haso, hor_more cumka.k' cumka.k' dag, sa~het're
muskil, ti jan'ga rear_, racatere ma~ya~m, racate ko_m
hoyok', mu~, d_at_a reak' ja_mbi, ta.nd.ite horre
ma~ya~m jo_ro_k', a.di ba.rt.i masik okte ma~ya~m
calak', ma~ya~m be_c'.

Ba_r.ti mu~skilre okoeko menak'koa: Mit' bo_cho_r latar ar
65 bo_cho_r cetan, bharti hor_mo maejiu, blood pressure,
kor_am re okoeak' mu~skil menak', Diabetes, Dialysis rogi.
Nonkan kodo_ ehop' kho_nge Haspatalre tahe~ reak' porames
e_m hoyena.

Santals Times se_c' kho_n Sanam santal boeha-misera kope
neho~r ocok' kana je_ Den'gu rua_ kho_n sahar_akae tahe~n

lagit' cetanre ol akan biso_iko monrebo_n rebet' do_hoe ma.
Ar ona lekabon calak'ma. End_ekha sa_rige Dengu rua_kho_n
rukha_bon n'am dar_eak'a. Ar onkate sanamko napaete dha_rti
jin'gi bon khemao idima.

Source: Prothom Alo