

# 13 September Khon Medical Pa\_thua\_koak' Kelas Eho\_bo\_k'a

Darakan 13 September kho\_n jo\_to\_ Medical College ar Bissobiddaloy reak' kelas eho\_bo\_k'a me\_n te Sastho Montri Jahid Malek do\_e la\_i so\_d o\_rkeda. Medical ren pa\_hil, dosar ar mo^r.e^ak' sermaren pa\_thua\_koak' kelas eho\_bok'a. Me\_nkhan niropon hor\_mo tahe^n la.git' sanamak' a\_n-a\_riko manao ganao hoyok'a. Ba\_r.tikaete mask ho\_ro\_k' ar hor\_ko kho\_n pharak pharak tahe^n hoyok'a. Ina\_tayom jo\_to\_ Skul, College ho^ pa\_r i pa\_rite jhijok'a.

Tuma\_l-Korotoa

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## Mit't\_en Kul ar Kula\_i

Ho\_r\_ko me\_na, kathae, Sedae jugre do\_kul do\_kula\_i t\_hen ko jo\_m ocok' kan tahe^kana. Mit't\_en kamar, kathae, birte hurut' kut\_a\_m kuila\_i la.git'^e se\_n akan tahe^kana; un jo\_khe\_c'ge, kathae, kula\_i do\_kule lagaye lagayedea se\_. Khange uni ho\_r\_t\_hen se\_uni ar\_ete kul do\_e n'ir calaoena. Khangeye okoyena, uni kul do\_; ado\_dha^or.a dha.^ur.i uni kula\_i do\_kule n'am bar\_ayede kana.

Khange ado\_ uni kule me\_nket'a, uni kamare metae kana, E\_ho, de\_ban'caokan'me. Uni kamar do\_e me\_nket'a, O\_ho\_n' okolena, jo\_men'am na^ha^k'. Ado\_ uni kule me\_nket'a, O\_ho\_n' jo\_mmea.

Ado\_ khangeye okokedea. Ado\_ taeno\_mte khange to\_e metae

kana, O\_ko\_e t\_hen ho~ alom la\_i bar\_aea, arem ja\_ile khan do\_ dhoragen' jo\_mmea. Ado\_e cekaea be\_cara, pa\_hil mae okokede, taeno\_mte ma onkae metae kan. Khange ado\_ ghan' ghun' ba\_i ba\_iteye me\_nket'a, O\_ho\_n' la\_ia. Ina\_kin ro\_r. bar\_ae jo\_khe\_c'ge kula\_i do\_e n'ir hijuk' kan tahe~kana. Khange uni kamar do\_ t.e\_n'go\_c'te kula\_iye capat'ledea se\_ye\_ capat' go\_c' go\_t'keda. Ar kul do\_e ro\_r. ot\_okat'a, Am do\_ o\_ko\_e t\_hen ho~ alom la\_ia, are da\_r\_ket'a. Ado\_ uni kamar do\_ kuila\_ bar\_akate tarasin' ber jo\_khe\_c' kuila\_ko ar uni kula\_i ho~e go\_k'ket'te or\_ak'teye he\_c'ena. Khange ado\_ ro\_ ge\_t'kate uni kamar a\_ima\_i do\_e utu dakaket'a; ado\_ khankin jo\_m bar\_aket'a. Ado\_e kuliyyede kana, Okare nui kula\_i do\_m go\_c'ledea? Ado\_ uni kamar do\_ cet' ho~ bae ro\_r.et'a.

Khane me\_nket'a, Ma se\_ la\_ime, okarem go\_c'ledea? A\_d.iye sebel, gapa do\_ in' ho~ am so\_n'ge\_te\_n' calak'a; am do\_ sendra bar\_akom, ar in' do\_ ina\_kore hurut'kon' kut\_a.m bar\_aea. Ado\_e me\_nket'a, Ia\_n' la\_iam kana, a\_ika\_ o\_ko\_e t\_hen ho~ alom la\_i bar\_aea. Ado\_e me\_nket'a, O\_ho\_n' la\_ia. Ado\_ khangeye la\_iae kana, je, Mit't\_en kul do\_ kula\_i t\_hene laga ocok' kan tahe~kana, un jo\_khe\_c'ge t.e\_n'go\_c'te in' do\_ kula\_i in' capat'leda se\_n go\_c' uta\_r go\_t'keda.

Ado\_ unre kule metadin'a, O\_ko\_e t\_hen ho~ alom la\_ia, ban\_khanlan' jo\_mmea. Onate am ho~n' metam kana, o\_ko\_e t\_hen ho~ alom la\_ia. Khange uni kul do\_ tinre co\_n' kud\_a.mre he\_c'kateye ak'ten kan tahe~kana; khankin ja\_pit'ket' khan uni kul do\_ bo\_lo\_yente uni kamar he\_re\_l do\_e jhut\_ia.u od\_okkedea. Ado\_ khange t.a\_nd\_iteye od\_ok idikedea; me\_nkhan cet' lekate co\_e idikede, okare ho~ bae ghaoledea. Khange ado\_ idikateye do\_ho\_ akadea; khange ado\_ bo\_to\_rte uni kamar reak' lind\_hi do\_ luyut' luyudok' kantaea. Khange ona n'e\_lte uni kul do\_e me\_nket'a, Henda ho, lind\_hi do\_ cedak' lukut' lukudok' kantama? Ado\_ uni kamar do\_e me\_nket'a, Enan' kula\_ige lac'ren' bhorao akade

tahe~kana, nuige od(okok'e me\_net' kana. Khange kule me\_nket'a, Acha o\_ho\_n' ar.agea, ma da.r. ho\_dme. Khange ado\_ kule da.r.ket'a; ado\_ uni kamar ban'caoenteye rua.r. he\_c'ena.

Tumal- Santal Folk Tales

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## Or.ak're Den'gu Rogi Jo\_to\_n

Disamre Den'gu ruate aema hor\_ko ja\_bunok' kana. Khond\_rond kateko me\_net'kana, Nia\_ sermare Den'gute jabunok' hor\_ko 'Den 3' lekanak'te ho~ko ja\_bunok' kana. Ona ia\_te mu~skilteak' ho~ d\_hergea. Den'gu ruate aema lekan mu~skilak' hoe dar\_eak'a. Onate pa\_hil kho\_nge sontor ar ceton tahe~n ja\_rur\_a, end\_ekhan jiwi ko\_t\_o\_k' lekan bo\_to\_r ar ona selet aema et\_aka'ko mu~skil ho~ ko\_m n'ogo\_k'a.

Den'gu ruae rem ja\_bun akan do\_ cekate bujha ua.

Aboak' disamre Den'gu ruae n'elok' reak' okte do\_ June-July kho\_n September- October cando dha\_bic. Ja.put' din ja~ha~nt.ak' ruarebon ja\_bunlenkhan den'gu ak' katha do\_ bo\_ho\_k're do\_ho\_e hoyok'a. Noa ruae reak' matra do\_ 102-105 Fahrenhiet. Ruae son'ge son'ge arho~ thor\_a cinha\_ tahe~na, ona do\_ noage, A\_di a~t. hor\_mo haso, dea ar jelre haso, me~t ar\_e ar tayom sec' haso, be\_c' be\_c' a\_ika\_u costive, ren'gec' ban' a\_ika.uk' , hor\_more arak'ge dag n'elok'. Nia\_ okte ruae rebon ja\_bun ta\_nak'lenkhan bilo\_m ban'kate ruae n'am tora pa\_hil mo~r.e~ din bhitrire den'gu SN1 bida.u ja\_rur\_a. Ona sa~ote CBC, SGPT ar SGOT ho~ bida.u jarur\_a.

Cet' cet'ko cekae ja\_rur\_a:

Den'gu ruare ja\_bilenkhan dactor koak' porames lekate apan-a.pin or.ak're pa\_hilte jo\_to\_n ar cikit'sa ehop' hoyok'a. Arho~ thora, manao ganaoak'ko latarre e\_mena-

1. Rua\_ ko\_m n'ok' reak' upa\_i: Den'gu rua\_ khon kom n'ok' la.git' paracetamol ran beohar hoyok'a. Noa ran do\_ 5-8 ghont\_a tayom rua\_ reak' matra bujha.ukate beohar dar.eak'a. Me\_nkhan dinre 8-10 kho\_n ba\_r.ti beoharleghan Liver re mu~skil hoe dar.eak'a.Rua ko\_m n'ok' la.git' Aspirin ar haso reak' NSAD group reak' ran ban' beohar hoyok'a. Ran begor ho~ rua kho\_n pharnaok' la.git' bo\_ho\_k're dak' dul, got.a hor.mo lo\_ho\_t' kic'ric' tanak'te jo\_t ar ban' khan rua\_ hor. paera ho~bon paera dar.eakoa.
2. Dak' N'u: Den'gu ruare ja\_bunlenkhan din hilok' 2 tala kho\_n 3 liter dak' n'u lagaok'a. Den'gu rua reak' maran' cikit'sa do\_ Fluid Replacement se\_ le\_he\_r jo\_mak' reak' bebostha. Dak' sa~ote arho~ n'u dar.ekeabon orselain, sup, d\_ab dak', pholmul reak' so\_rbo\_t, dak' ma\_nd.i, toa emanteak'.
3. Jira\_u: Den'gu rua\_re par.aoakan rogi ko la.git' jira\_u do\_ a.d.i ja\_rur.ak' kana. Rue okte hor.mo do\_ nijo\_r tahe~na. Den'gu rua\_ reak' cinha\_ n'elen 7-10 din hamal kami ban' jarur.a. Me\_nkhan tar.am bar.ae, ar din hilok' reak' ka\_mi dar.eak'bon.
4. Et.ak' Ran: Rue\_ sa~o sa~ote aema hor. do\_ be\_c' be\_c'ko a.uka.ua, Diria tahe~ idik'a. To\_be\_ Den'gu rogi kodo Antibiotics Steroids ran reak' ja~ha^n ja\_rur. ba\_nuk'a.
5. So\_nto\_r tahe~nok' reak' son'ket': Rogiko thora so\_nto\_r tahe~n lagaoakoa. Ar noako cinha\_ n'e\_llen khan bilo\_m ban'kate a.di usara dactor son'ge n'apamok' hoyok'a. Ona do\_ hoyok'kana, A.di at\_ nijor, abo\_l tabo\_l katha ror., mit' talao be\_c', a.di a~t.lac' haso, hor.more cumka\_k' cumka\_k' dag, sa~het're muskil, ti jan'ga rear., racatere ma~ya~m, racate ko\_m hoyok', mu~, d.at.a reak' ja.mbi, ta\_nd.ite horre

ma~ya~m jo\_ro\_k' , a.di ba.rt.i masik okte ma~ya~m calak' , ma~ya~m be\_c' .

Ba.r.ti mu~skilre okoeko menak'ko: Mit' bo\_cho\_r latar ar 65 bo\_cho\_r cetan, bharti hor\_mo maejiu, blood pressure, kor\_am re okoeak' mu~skil menak' , Diabetes, Dialysis rogi. Nonkan kodo\_ ehop' kho\_nge Haspatalre tahe~ reak' porames e\_m hoyena.

Santals Times se\_c' kho\_n Sanam santal boeha-misera kope neho~r ocok' kana je\_ Den'gu rua\_ kho\_n sahar\_akaе tahe~n lagit' cetanre ol akan biso\_iko monrebo\_n rebet' do\_hoe ma. Ar ona lekabon calak'ma. End\_ekha sa\_rige Dengu rua\_ kho\_n rukhia\_bon n'am dar\_eak'a. Ar onkate sanamko napaete dha\_rti jin'gi bon khemao idima.

Source: Prothom Alo