

# 13 September Khon Medical Pa\_thua\_koak' Kelas Eho\_bo\_k'a

Darakan 13 September kho\_n jo\_to\_ Medical College ar Bissobiddaloy reak' kelas eho\_bo\_k'a me\_nte Sastho Montri Jahid Malek do\_e la\_i so\_do\_rkeda. Medical ren pa\_hil, dosar ar mo~r.e~ak' sernaren pa\_thua\_koak' kelas eho\_bok'a. Me\_nkhan niropon hor\_mo tahe~n la\_git' sanamak' a\_n-a\_riko manao ganao hoyok'a. Ba\_r.tikaete mask ho\_ro\_k' ar hor\_ko kho\_n pharak pharak tahe~n hoyok'a. Ina\_tayom jo\_to\_ Skul, College ho~ pa\_ri pa\_rite jhijok'a.

Tuma\_l-Korotoa

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## Mit't\_en Kul ar Kula\_i

Ho\_r.ko me\_na, kathae, Sedae jugre do\_kul do\_kula\_i t\_henko jo\_m ocok' kan tahe~kana. Mit't\_en kamar, kathae, birte hurut' kut\_a\_m kuila\_i la\_git'~e se\_n akan tahe~kana; un jo\_khe\_c'ge, kathae, kula\_i do\_kule lagaye lagayedea se\_. Khange uni ho\_r. t\_hen se\_uni ar\_ete kul do\_e n'ir calaoena. Khangeye okoyena, uni kul do\_; ado\_dha~or\_a dha~ur\_i uni kula\_i do\_kule n'am bar\_ayede kana.

Khange ado\_uni kule me\_nket'a, uni kamare metae kana, E\_ho, de\_ban'caokan'me. Uni kamar do\_e me\_nket'a, O\_ho\_n' okolena, jo\_menam na~ha~k'. Ado\_uni kule me\_nket'a, O\_ho\_n' jo\_mmea.

Ado\_khangeye okokedea. Ado\_taeno\_mte khange to\_e metae

kana, O\_ko\_e t.hen ho~ alom la.i bar.aea, arem ja.ile khan do\_ dhoragen' jo\_mmea. Ado\_e cekaea be\_cara, pa.hil mae okokede, taeno\_mte ma onkae metae kan. Khange ado\_ghan' ghun' ba.i ba.iteye me\_nket'a, O\_ho\_n' la.ia. Ina.kin ro\_r. bar.ae jo\_khe\_c'ge kula.i do\_e n'ir hijuk' kan tahe~kana. Khange uni kamar do\_ t.e\_n'igo\_c'te kula.iye capat'ledea se\_ye\_ capat' go\_c' go\_t'kede. Ar kul do\_e ro\_r. ot.okat'a, Am do\_ o\_ko\_e t.hen ho~ alom la.ia, are da.r.ket'a. Ado\_ uni kamar do\_ kuila. bar.akate tarasin' ber jo\_khe\_c' kuila.ko ar uni kula.i ho~e go\_k'ket'te or.ak'teye he\_c'ena. Khange ado\_ ro\_ ge\_t'kate uni kamar a.ima.i do\_e utu dakaket'a; ado\_ khankin jo\_m bar.aket'a. Ado\_e kuliyyede kana, Okare nui kula.i do\_m go\_c'ledea? Ado\_ uni kamar do\_ cet' ho~ bae ro\_r.et'a.

Khane me\_nket'a, Ma se\_ la.ime, okarem go\_c'ledea? A.d.iye sebela, gapa do\_ in' ho~ am so\_n'ge\_te\_n' calak'a; am do\_ sendra bar.akom, ar in' do\_ ina.kore hurut'kon' kut.a.m bar.aea. Ado\_e me\_nket'a, Ia.n' la.iam kana, a.ika. o\_ko\_e t.hen ho~ alom la.i bar.aea. Ado\_e me\_nket'a, O\_ho\_n' la.ia. Ado\_ khangeye la.iae kana, je, Mit't.en kul do\_ kula.i t.hene laga ocok' kan tahe~kana, un jo\_khe\_c'ge t.e\_n'igo\_c'te in' do\_ kula.i in' capat'ledea se\_n go\_c' uta.r go\_t'kede.

Ado\_ unre kule metadin'a, O\_ko\_e t.hen ho~ alom la.ia, ban'khanlan' jo\_mmea. Onate am ho~n' metam kana, o\_ko\_e t.hen ho~ alom la.ia. Khange uni kul do\_ tinre co\_n' kud.a.mre he\_c'kateye ak'ten kan tahe~kana; khankin ja.pit'ket' khan uni kul do\_ bo\_lo\_yente uni kamar he\_re\_l do\_e jhut.ia.u od.okkede. Ado\_ khange t.a.nd.iteye od.ok idikedea; me\_nkhan cet' lekate co\_e idikedea, okare ho~ bae ghaoledea. Khange ado\_ idikateye do\_ho\_ akadea; khange ado\_ bo\_to\_rte uni kamar reak' lind.hi do\_ luyut' luyudok' kanta. Khange ona n'e\_lte uni kul do\_e me\_nket'a, Henda ho, lind.hi do\_ cedak' lukut' lukudok' kantama? Ado\_ uni kamar do\_e me\_nket'a, Enan' kula.ige lac'ren' bhorao akade

tahe~kana, nuige od.okok'e me.net' kana. Khange kule me.nket'a, Acha o.ho.n' ar.agea, ma da.r. ho.dme. Khange ado\_kule da.r.ket'a; ado\_uni kamar ban'caotenteye rua.r. he.c'ena.

Tuma.l- Santal Folk Tales

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## Or.ak're Den'gu Rogi Jo\_to\_n

Disa.mre Den'gu rua.te aema hor.ko ja.bunok' kana. Khond-rond kateko me.net'kana, Nia\_sermare Den'gute jabunok' hor.ko 'Den 3' lekanak'te ho~ko ja.bunok' kana. Ona ia.te mu~skilteak' ho~ d.heragea. Den'gu rua.te aema lekan mu~skilak' hoe dar.eak'a. Onate pa.hil kho\_nge sontor ar.ceton tahe~n ja.rur.a, end.ekhan jiwiko\_t.o\_k' lekan bo\_to\_r ar ona selet aema et.ak'ko mu~skil ho~ ko\_m.n'ogo\_k'a.

**Den'gu rua.rem ja.bun akan do\_cekate bujha.ua.**

Aboak' disa.mre Den'gu rua.n'elok' reak' okte do\_June-July kho\_n September- October cando dha.bic. Ja.put' din ja~ha~nt.ak' ruarebon ja.bunlenkhan den'gu ak' katha do\_bo\_ho\_k're do\_ho\_e hoyok'a. Noa rua.reak' matra do\_102-105 Fahrenhiet. Rua.son'ge son'ge arho~ thor.a cinha.tahe~na, ona do\_noage, A.di a~t. hor.mo haso, dea ar.jelre haso, me~t ar.e ar.tayom sec' haso, be\_c' be\_c' a.ika.u costive, ren'gec' ban' a.ika.uk', hor.more arak'ge dag n'elok'. Nia.okte rua.rebon ja.bun ta.nak'lenkhan bilo\_m ban'kate rua.n'am tora pa.hil mo~r.e~ din bhitrire den'gu SN1 bid.a.u ja.rur.a. Ona sa~ote CBC, SGPT ar SGOT ho~ bida.u jarur.a.

**Cet' cet'ko cekae ja.rur.a:**

Den'gu ruare ja bilenkhan dactor koak' porames lekate apan-  
a pin or ak're pa hilte jo to\_n ar cikit'sa ehop' hoyok'a.  
Arho~ thora manao ganaoak'ko latarre e\_mena-

1. **Rua ko\_m n'ok' reak' upa\_i:** Den'gu rua khon kom n'ok' la git' paracetamol ran beohar hoyok'a. Noa ran do\_ 5-8 ghont\_a tayom rua reak' matra bujha ukate beohar dar\_eak'a. Me\_nkhan dinre 8-10 kho\_n ba\_r\_ti beoharlekhan Liver re mu~skil hoe dar\_eak'a. Rua ko\_m n'ok' la git' Aspirin ar haso reak' NSAD group reak' ran ban' beohar hoyok'a. Ran begor ho~ rua kho\_n pharnaok' la git' bo\_ho\_k're dak' dul, got\_a hor\_mo lo\_ho\_t' kic'ric' tanak'te jo\_t ar ban' khan rua hor paera ho~bon paera dar\_eakoa.
2. **Dak' N'u:** Den'gu ruare ja bunlenkhan din hilok' 2 tala kho\_n 3 liter dak' n'u lagaok'a. Den'gu rua reak' maran' cikit'sa do\_ Fluid Replacement se\_ le\_he\_r jo\_mak' reak' bebostha. Dak' sa~ote arho~ n'u dar\_ekeabon orselain, sup, d.ab dak', pholmul reak' so\_rbo\_t, dak' ma\_nd\_i, toa emanteak'.
3. **Jira\_u:** Den'gu rua re par\_aoakan rogi ko la git' jira\_u do\_ a\_d\_i ja\_rur.ak' kana. Rua okte hor\_mo do\_nijo\_r tahe~na. Den'gu rua reak' cinha n'elen 7-10 din hamal kami ban' jarur\_a. Me\_nkhan tar\_am bar\_ae, ar din hilok' reak' ka\_mi dar\_eak'bon.
4. **Et\_ak' Ran:** Rua sa~o sa~ote aema hor do\_ be\_c' be\_c'ko a\_uka\_ua, Diria tahe~ idik'a. To\_be\_ Den'gu rogi kodo Antibiotics Steroids ran reak' ja~ha~n ja\_rur ba\_nuk'a.
5. **So\_nton\_r tahe~nok' reak' son'ket':** Rogiko thora so\_nton\_r tahe~n lagaoakoa. Ar noako cinha n'e\_llen khan bilo\_m ban'kate a\_d\_i usara dactor son'ge n'apamok' hoyok'a. Ona do\_ hoyok'kana, A\_d\_i at\_nijor, abo\_l tabo\_l katha ror., mit' talao be\_c', a\_d\_i a~t\_lac' haso, hor\_more cumka\_k' cumka\_k' dag, sa~het're muskil, ti jan'ga rear., racatere ma~ya~m, racate ko\_m hoyok', mu~, d.at\_a reak' ja\_mbi, ta\_nd\_ite horre

ma~ya~m jo\_ro\_k' , a.di ba.rti masak okte ma~ya~m calak', ma~ya~m be\_c'.

**Ba.r.ti mu~skilre okoeko menak'koa:** Mit' bo\_cho\_r latar ar 65 bo\_cho\_r cetan, bharti hor.mo maejiu, blood pressure, kor.am re okoeak' mu~skil menak', Diabetes, Dialysis rogi. Nonkan kodo\_ ehop' kho\_nge Haspatalre tahe~ reak' porames e\_m hoyena.

Santals Times se\_c' kho\_n Sanam santal boeha-misera kope neho~r ocok' kana je\_ Den'gu rua\_ kho\_n sahar\_akae tahe~n lagit' cetanre ol akan biso\_iko monrebo\_n rebet' do\_hoe ma. Ar ona lekabon calak'ma. End\_ekha sa\_rige Dengu rua\_ kho\_n rukhia\_bon n'am dar\_eak'a. Ar onkate sanamko napaete dha\_rti jin'gi bon khemao idima.

Source: Prothom Alo